

Momentum.

Mary Free Bed Rehabilitation Hospital Foundation Newsletter

Volume 9 / Winter 2016

Mary Free Bed
Rehabilitation Hospital Foundation

UPCOMING EVENTS

April 23

Bikes for the Rest of Us

Introduction to adaptive bicycling

Mary Free Bed Rehabilitation Hospital parking ramp

April 18-Aug. 31

Fine Arts Exhibition

Sponsored by Mary Free Bed Guild

Mary Free Bed Rehabilitation Hospital

May 10

Let Freedom Spring Luncheon

Table-hosted event

Proceeds benefit MFB Annual Fund

Watermark Country Club

May 14

Fifth Third River Bank Run

25K Wheelchair and Handcycle Divisions

Downtown Grand Rapids

June 6

2016 Golf Outing

Proceeds benefit Wheelchair and Adaptive Sports

Thousand Oaks Golf Club



WHAT'S NEW

EXCITEMENT BUILDING FOR NEXT PHASE OF EXPANSION, RENOVATION PROJECT

As Mary Free Bed Rehabilitation Hospital readies to mark the first anniversary in March of the opening of the new West Building addition, renovations to the rest of campus are on schedule and Mary Free Bed Foundation's "Join the Movement" capital campaign is on target.

This transformative project will continue to keep Mary Free Bed on the cutting edge of innovative excellence, providing state-of-the-art, comprehensive services with an exclusive focus on rehabilitation that "will change models of healthcare for future generations," said President and CEO Kent Riddle.

The next phase of the renovation project targets nearly 200,000 square feet in the existing main and professional buildings. Plans call for a September grand re-opening of the first floor of the main building.

The first floor will serve as the main entrance and registration area for the entire Mary Free Bed campus, featuring optional

valet parking and a greeter to assist patients with mobile check-in. The new main lobby will include a Community Donor Wall recognizing the generosity of donors to the "Join the Movement" campaign, as well as a variety of waiting areas, a reception area library, and cafe. Much of the first floor, however, will be dedicated to Outpatient Services and will include specialized therapy gyms and treatment rooms. The existing therapy pool will be replaced with two new pools, one slightly warmer and one slightly cooler to better accommodate various patients.

The Pediatric Feeding Program and the medical clinics that serve pediatric, young adult and adult patients also will be housed on the first floor as will the Psychology offices. Outpatients, inpatients and community members will be able to register for an adaptive sports program, try a specialized sports wheelchair or check out the adaptive equipment on display in the new Wheelchair and Adaptive Sports Department.

Continued on page 2 >

<Continued from page 1

The second floor will house Recreation Therapy, where patients can learn to regain their quality of life. This will be a key therapeutic destination featuring zones of activities such as crafts, woodworking, video games, billiards and a quiet reflection room.

The third floor will include a secure 16-bed, private-room Pediatric Inpatient Unit, 11 private adult patient rooms and specialized areas for physical, occupational and recreational therapy, child life activities, speech therapy and social work.

The adjacent Professional Building will house a new conference center and catering kitchen, hospital administration offices and various other hospital support offices.

Financial support of the project has pushed the foundation's "Join the Movement" campaign to its final phase. The campaign is now just \$200,000 shy of its \$16 million community philanthropy goal.

"We are thankful to the generous donors who have supported the 'Join the Movement' Expansion and Renovation Project capital campaign so far, in addition to their annual support of Mary Free Bed, and joined us on this amazing journey," said capital campaign director Darrow Goodspeed.

For more information on "Join the Movement," visit maryfreebed.com/foundation or call 616.840.8137.



HAVE YOU THOUGHT ABOUT THE FUTURE?



DO YOU HAVE A PLAN?

Some people think that the future will take care of itself. Creating a plan is easy with the step-by-step Wills Guide.

For more information on the benefits of creating a will, trust, or to request our FREE Wills Guide, please contact us today at maryfreebed.com/plannedgiving.

INSIDE MARY FREE BED

TECHNOLOGY PROGRAM HELPS PROVIDE A VOICE



Lucas Wittenbach shares a laugh with speech-language student Nicole Feenstra as the two work on building Wittenbach's communication skills.

Four-year-old Lucas Wittenbach is a social butterfly with a warm grin and an infectious laugh. Though he can't verbalize his thoughts and feelings, he loves interacting and communicating with people.

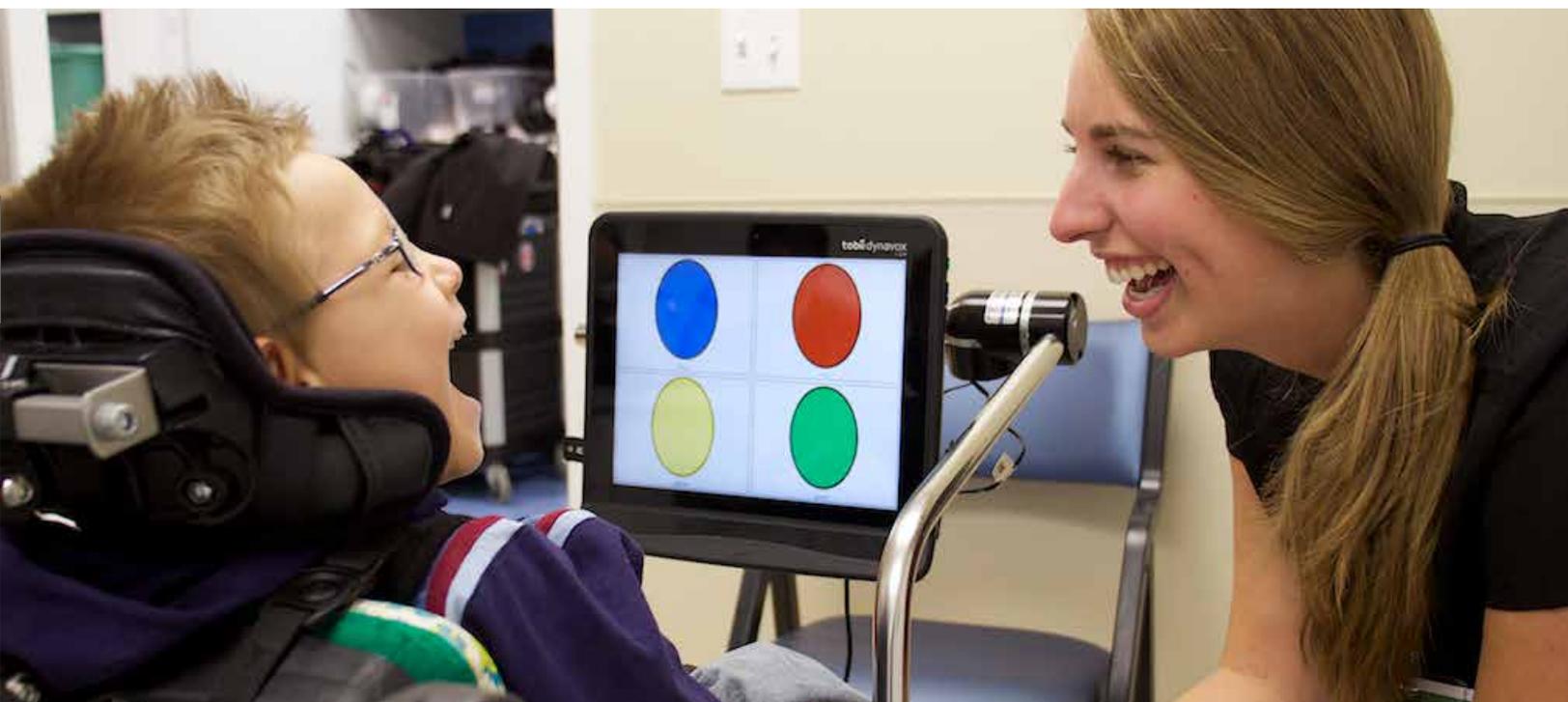
Born with congenital heart disease, at seven months old Lucas survived a severe stroke that impacted his motor abilities, including his speech. When he was nine months old, Lucas began regular appointments for outpatient rehabilitation at Mary Free Bed. Early last year, Augmentative Technology was added to his therapy routine.

In this specialized program, a speech-language therapist and occupational therapist match patients of all ages with alternative (or supplementary) options to verbal communication. Solutions can range from no- or low-tech (picture boards) to high-tech (computers controlled by eye gaze). An on-site loan closet allows patients to test-drive some types of equipment.

Melissa Hoffman, a speech-language pathologist and assistive technology professional at Mary Free Bed, said the program serves people of all ages and with a wide range of diagnoses or conditions that can include autism, stroke, cerebral palsy, amyotrophic lateral sclerosis (ALS) and more.

Lucas uses a Tobii DynaVox I-12 – a communicator that looks similar to a computer tablet – to voice his wants and needs, whether it's a request for more water or an invitation to play a game. Many applications are geared to strengthening Lucas' vocabulary and learning things, such as numbers and colors.

Apart from day-to-day practicalities, augmentative communication devices and equipment can help people with big-picture goals, Melissa said. "I know people who've used them to attend college or work in business."



MAKING A DIFFERENCE

CHAD BUSH



PROMOTING PETS AS PART OF REHABILITATION

Pets can positively impact our health, reduce stress and make us happy – especially kids. That’s why it’s important to Chad Bush to help Mary Free Bed’s youngest patients.

Chad is CFO of U.S. Retail, which owns and operates Pet Supplies Plus franchises across the country, including six in West Michigan. During the holiday season, Pet Supplies Plus matched every dollar donated at their cash registers to the Mary Free Bed Foundation for the Pediatric Program.

“We see the benefits of pets in people’s lives and want to help where we can,” said Chad, who is treasurer on Mary Free Bed’s Board of Trustees. “Study after study shows how great pets are for kids – benefits like reducing stress, movement and getting out to play, and companionship.”

Additionally, health and wellness for pets is central to his company’s mission.

“Connecting with Mary Free Bed to promote pets as a part of rehabilitation was a natural fit,” he said. “The next step is helping patients take care of their pets while they’re at Mary Free Bed. We are working on that now.”

Chad knows all too well the importance of care. On Sept. 11, 1990, he was driving his motorcycle to Spring Lake High School, where he was a senior, when he got into an accident and sustained a spinal cord injury. He spent six weeks rehabilitating at Mary Free Bed.

“Having gone through rehabilitation at Mary Free Bed 25 years ago, I know what it means to have a wonderful hospital in the community that cares about you at your lowest point,” he said. “After an accident or ailment, the staff at every level wants each patient to make progress.”

“Each day is tough coming out of an accident so the culture of the hospital is important – a culture that continually promotes a good attitude is critical to be able to push patients to want to get better, quicker.”

WHEELCHAIR & ADAPTIVE SPORTS



NEW FENCING TEAM CHALLENGES ATHLETES PHYSICALLY, MENTALLY

Tim Volkers loves swordplay. He’s a fan of “Zorro,” “The Three Musketeers,” “The Count of Monte Cristo” and “Star Wars” (yes, lightsabers can be considered a sword). And now he’s wielding one himself.

Tim is a member of Wheelchair and Adaptive Sports’ new fencing team, organized this year following success of the program’s adaptive fencing clinics. Despite his interest in the sport, fencing wasn’t on his to-try list.

“I’ve been able to keep up with most of my favorite recreational activities through the years, thanks to the staff at Mary Free Bed exposing me to different adaptive equipment,” said Tim, who has used a wheelchair since sustaining a spinal cord injury in a 1995 car accident. “Over the years I’ve been able to water ski, downhill ski, compete internationally with tennis, race four-wheelers and keep scuba diving, among a few other things. Fencing was something I never thought I would be able to do, because, quite honestly, it never crossed my mind to look into it.”

But after participating in a clinic at West Michigan Fencing Academy, Tim was happy he discovered

it. “I absolutely love it and would love to compete at a top level someday.”

The inaugural team, which has yet to settle on a name, also includes Kelly Case and Tyler VanHaitsma. They’re coached by Mike Nemecek, and the team is coordinated by recreational therapist Mike Burkhart.

The challenging sport, which debuted in the 1960 Paralympic games in Rome, takes skill, concentration and strategy, Mike said, calling it “physical Chess.”

“Athletes who partake in this sport take what they do seriously,” he said. “Swordplay requires a great amount of finesse, endurance, skill and agility. A bout can be over in seconds.”

Athletes compete in wheelchairs fixed to the floor, limiting movement of the chair. They rely on ducking, half-turns and leaning to dodge their competitors’ touches. The first fencer to score five touches is declared the winner. Athletes play the best of three rounds in single or team formats.

Mary Free Bed’s team began practice in January and will compete in its first tournament, part of the Meijer State Games of Michigan, on Feb. 21 at West Michigan Fencing Academy in Grand Rapids. Mike expects the team to fare well enough to qualify for the State Games of America, which will be held in Grand Rapids in 2017.

MARY FREE BED MOMENTS



REC THERAPY TEAM 'BLESSED' TO BE PART OF WEDDING

When Jenny Porter and Corey Maillette celebrate their wedding in November on an old farm near the White Mountains in Fryeburg, Maine, they'll also celebrate their first anniversary.

That's because Jenny and Corey were married last Nov. 27 in a ceremony quickly planned by the Recreational Therapy staff at Mary Free Bed Rehabilitation Hospital so that her father, Wayne, could be there. Wayne was battling cancer when he had a stroke in September that led to difficulty with balance and coordination.

"His doctors referred him to Mary Free Bed to focus on rehabilitation," said Jenny, who grew up in Battle Creek. "From the start, we had discussed having a small wedding in Michigan before our Maine wedding if my dad's health declined."

Jenny connected with Brie Taylor, a recreational therapist at Mary Free Bed, who rallied her team to make the wedding happen.

"Brie went above and beyond coordinating the details of our wedding a mere week in advance," said Jenny, who lives in New York City, where she works as a research assistant at Queens College. "We're still in awe of all the amazing people who came together for us at a moment's notice."

Brie called it part of the Recreational Therapy team's job.

"We were so appreciative of being asked to help," Brie said. "This is what we do. We're a very creative team, and we're encouraged to think outside the box."

Rachael Stacy, who plays piano for her church, learned several songs for the ceremony. Jenny Baweja, who enjoys baking, used a Mary Free Bed kitchen to make a two-tiered wedding cake. Lisa Bloom, a Grand Valley State University student interning at Mary Free Bed, offered to get ordained so she could marry Jenny and Corey.

As Brie made arrangements, Wayne's health quickly declined and he needed to be transferred from Mary Free Bed to acute care at Mercy Health St. Mary's Hospital. She collaborated with his medical team, which provided two staff members to care for Wayne during the ceremony, held in the fifth floor conservatory of the adjacent Lacks Cancer Center.

"We wanted to make it happen for them," Brie said. "We were blessed to be able to be a part of it."

The day's most special moment happened as Rachael began to play "My Girl," by the Temptations.

"When I was little, my dad would sing 'My Girl' to me," Jenny said. "He wasn't strong enough to dance, but I sang it with him and held his hands while Rachael played. It was by far one of the most meaningful moments of my life.

"My dad passed away December 9, just 12 days after our wedding. Without the staff at Mary Free Bed, he wouldn't have been able to see us get married or escort me down the aisle. We can't thank them enough for their endless generosity. Having my dad there meant everything to us."

WHERE ARE THEY NOW?

Colin Sullivan

'I'M PASSIONATE ABOUT LIVING AN ACTIVE LIFE'

In some ways, Colin Sullivan's life has changed very little in the past 16

years. He still teaches the same subjects at the same school as he did before he fell asleep behind the wheel and crashed his car into a guardrail.

"I still travel when I can, play sports, socialize with friends and try to be active in the community," said Colin, who was just 23 when his C-7 vertebrae was bruised, paralyzing him from the chest down. "It's primarily in how I do those things that my life has changed so profoundly."

After the accident, Colin was clear he wanted to gain back his independence and chose Mary Free Bed for his rehabilitation.

"I owe a lot to Mary Free Bed for its role in equipping me not only with the physical tools, but also the social temperament necessary to live independently in the 'outside world,'" he said. "It's an institution upon which I still depend due to the abundant resources it offers, including its adaptive sports programs and outpatient medical services. I played on its tennis team for over a decade and have spent the last five years as a member of its quad rugby team as well."

Colin participated in the Dec. 3 grand opening of the new Mary Free Bed YMCA, which now serves as home base for the 650-plus athletes on most of Mary Free Bed's Wheelchair and Adaptive Sports teams.

He said he is more appreciative of things he once took for granted and "more sensitive to issues regarding civil rights and equal access, particularly with regard to race, income and other matters beyond just those associated with having a physical disability."

He's vehement about living life to the fullest and finds strength in making a difference in the lives of students he teaches at Hudsonville High School. He's also unsure what the future holds for him.

"It's to Mary Free Bed's credit that any uncertainty on my part regarding my future is due to the vast range of possibilities in front of me regardless of my disability, and not the lack thereof because of it."

Colin's passion lies in "living a life that pleases God and brings Him glory."

"Beyond that, I'm passionate about living an active life — a life that toward the end of which I would be able to reflect back upon and revel in the richness of the experiences I was able to enjoy and the depth of relationships with others I was able to build," he said. "That would be pretty cool."



STORIES THAT MOVE YOU



A PRINCESS OF A PATIENT: SPREADING A MESSAGE OF INCLUSION

Like many girls her age, six-year-old Jerrensia Caroline Kroll loves Disney princesses.

Elsa, the noble heroine of the animated film "Frozen," ranks high on her list of favorites. That's part of why Jerrensia's mom, Jen Kroll, was so excited to see Target's inclusive Halloween circular last fall. The ad featured a little girl with braces and arm crutches, dressed in Elsa's iridescent blue gown.

Jerrensia, who has prosthetic legs and uses arm crutches, enthusiastically responded to what Jen calls Target's "priceless normalization" of children with disabilities. A Facebook post that Jen wrote in praise of the store's photo went viral and helped to spark a global online conversation about the importance of "demystifying" disability, particularly in children. "It's been an incredible journey," Jen said.

Born in Haiti, Jerrensia arrived in the United States in 2011 on a medical visa due to significant joint issues and other physical complications that severely hampered her mobility. Since arriving in West Michigan, Jerrensia has made tremendous strides in her physical rehabilitation at Mary Free Bed, where she also receives orthotic and prosthetic support.

A 10-day holiday vacation to Florida in December gave the Krolls an opportunity to celebrate another significant milestone for the family: the finalization of Jerrensia's adoption. Joined by her parents and two older brothers, Jerrensia particularly enjoyed the visit to Disney World, where she was able to meet her favorite princesses. Jen said park employees went above and beyond to ensure Jerrensia had the experience of a lifetime. "Everyone was so kind to her," Jen said. "She was treated like royalty."



A GROOVY TIME WITH NOAH GALLOWAY

Six hundred guests hustled to the groovy sounds of the '70s at the sold-out, second annual Mary Free Bed Foundation Gala. The disco-chic affair raised \$175,000 for hospital programs and services.

Retro tunes were provided by D.J. Adrian Butler with far-out dance performances by Arthur Murray Dance Studio experts. Studio 54-esque decor enlivened the Steelcase Town Hall, including a bar made of ice.

The guest of honor was Noah Galloway, a veteran of Operation Iraqi Freedom and finalist on the 20th season of ABC's "Dancing With the Stars." In December 2005, Noah lost his left arm above the elbow and left leg above the knee in an Improvised Explosive Device attack.

"With the help of the community, Mary Free Bed can continue to grow, evolve and be the best out there. Don't believe me? Just ask for Mary." -Noah Galloway

Noah's stirring keynote address traced his courageous journey from joining the United States Army to rebuilding after traumatic injury. Reflecting on his visit to Mary Free Bed earlier that day, Noah praised staff for their dedication to restoring patients' independence. His conversation with the Wheelchair & Adaptive Sports team hit especially close to home.

"I went through a lot of depression (after injury). It was sports and recreation that pulled me out of it. Sports and recreation is needed. It has to be there. Fortunately, Mary Free Bed has incredible donors and people who care. As long as those people are there, lives will change."



THANK YOU, SPONSORS

Hustle Sponsors

Advisacare
Ken and Judy Betz
Steelcase, Inc.

Electric Slide Sponsors

Enviah
Ferris State University
Hy & Greta Berkowitz Foundation
Kate Pew Wolters
McLaren Health Care
Meijer, Inc.
Mercy Health
Orthopaedic Associates
of Michigan
Sparrow Hospital
Take His Hand Foundation

Boogie Sponsors

Carol and Dan Springer
Carter Products
Dave and Carol Burgess
Dickinson Wright
Ellis Parking
Grand Valley State University
Great Lakes Neurosurgical
Associates
Health Partners, Inc.
Kent and Susan Riddle
Lake Michigan Credit Union
Mary Free Bed Guild
Mimi Cummings
Next Generation Enrollment
Pet Supplies Plus
Proficient Machine and Tool
Rhoades McKee
Spectrum Health
The Labeltape Group
Varnum

Soul Train Sponsors

Advent Home Medical
Airway Oxygen
Allied Electric
Blue Cross Blue Shield Michigan
Chase
Custer Inc.
David and Judy Frey
Foster Swift Collins & Smith PC
IPEX

Irwin Seating Company
Kennari Consulting
Life EMS
MANAGED REHAbilitation
Metro Health Hospital
Mike And Sue Jandernoa
MSU College of Human Medicine
Neal's Truck Parts
Old National Bank
Pine Rest Christian Mental Health
Services
Sinas Dramis Law Firm
Touch Bionics
Trane
Whitecaps Community Foundation
Wolverine Building Group
WOOD TV8

Rhythm Sponsors

Bob and Terry Sokorai
Cascade Dafo Inc.
Chuck and Carol Jennings
Grand Bank
John and Sarah Jackoboice
Lakeland Health
Munson Medical Center





SPECIAL THANKS

Honorary Committee

- Marty and Sue Allen
- Tim and Cheryl Arter
- John and Ann Cameron
- John and Marie Canepa
- Brian Cloyd and Agnes Kempker-Cloyd
- Gregory and Amy Conway
- Eva Aguirre Cooper and Jay Cooper
- Tripp and Kelli Corl
- Jim and Marianne Delavan
- Eileen DeVries
- Jean Enright
- Happy Fox
- David and Judy Frey
- Bob and Barb Herr
- Win and Kyle Irwin
- Mike and Sue Jandernoa
- Fred and Linn Keller
- Kevin and Molly Krauss
- Arend and Nancy Lubbers
- David and Linda Mehney
- David and Leah Muir
- Terry and Maureen O'Rourke
- Lee and Alexandra Perez
- Jeff and Kim Ridings
- Gale and Ellen Satterlee
- James and Diane Vander Maas
- Kate Pew Wolters



Planning Committee

- Nancy Albers
- Elizabeth Bogo
- Sandy Carroll
- Anne Chamberlin
- Mimi Cummings
- Jocelyn Dettloff
- Betsy Ehmann
- Linda Fotieo
- Darrow Goodspeed
- Sydne Harris
- Jen Lannon
- Nancy McDonald
- Wendy Mika
- Pamela Pietryga
- Timothy Pietryga
- Peni Reed
- Kim Ridings
- Susan Riddle
- Carol Springer
- Deb VanderZyden
- Maeve McInerney Wilson



GUILD HIGHLIGHTS



Mary Free Bed
Rehabilitation
1891 | 2016

GUILD CELEBRATES 125 YEARS

For 125 years, the women of the Mary Free Bed Guild have maintained the hospital's nurturing culture of restoring hope and freedom through rehabilitation. To mark the significant anniversary of its unique history and vision, the Guild is sharing its story and celebrating its accomplishments with events throughout the year.

Visitors touring the new West Building addition or the new Mary Free Bed YMCA are greeted by an image of the Guild's first members, a small group of women who wanted to help people who couldn't afford health care. They passed a purse and asked anyone named Mary, or anyone who knew someone named Mary, to donate a dime. It was the most common women's name in 1891, and the donations supported the first "Mary free bed" at a local hospital. As funds grew, the women began helping people with physical disabilities.

Today, the 100-member Guild governs the most comprehensive rehabilitation hospital in the region and can take pride in knowing it's helped improve millions of lives.

"We have grown from a single bed to 167 beds on our Grand Rapids campus plus 100 inpatient beds in five network locations," said Guild president Kim Ridings. "We are so proud to be celebrating the innovation, determination and heart-felt vision of the Guild's work during the past 125 years."

To commemorate its anniversary, the Mary Free Bed Guild invested generously in the Mary Free Bed YMCA, a global model for inclusion and accessibility for people of all abilities, which opened in December.

Several events planned throughout the year will have a 125th anniversary touch, including the Guild's annual art exhibit that opens in April and the Mary Free Bed Foundation's gala in November.

Local historian Gordon Olson, who penned "In the Name of All Marys ...," a history of the Mary Free Bed Guild published in 1991, is working on a second volume that picks up where the first book left off. It is expected to be published in the fall.



DESIGNING BRIGHTER FUTURES

At Mary Free Bed, we have the great privilege of helping patients and families design their futures. It's a monumental responsibility but one our staff meets with expertise, ingenuity and enthusiasm. Whether it's planning and hosting a wedding so a cancer patient can participate in his daughter's nuptials or helping an expectant father re-build a crib so he can safely reach for his newborn daughter from his wheelchair, we maximize each patient's abilities and optimism.

I hope you've had an opportunity to visit our new, six-story hospital addition - if not, please, give us a call and we will happily take you on a tour (see upcoming tour dates on the back cover). The building couples leading-edge technology with superior amenities to create a joyful environment where rehabilitation outcomes and patient satisfaction exceed national benchmarks. We're in the midst of renovating the rest of our campus and promise equally remarkable rehabilitation services, beauty and inspiration.

Henry Ford once said, "Coming together is a beginning; keeping together is progress; working together is success." During the past few years, we've created a formidable community of Mary Free Bed patients, families, staff, volunteers and donors. Together, each in our own way, we are architects for thousands of brighter futures.

Thank you for your kindness and commitment, which serve as beacons of hope. Our mission is to restore hope and freedom through rehabilitation. More about freedom next time. Until then, may 2016 bring us all health, happiness and hope.

FROM THE CEO Kent Riddle



ONLINE SHOPPING BENEFITS MARY FREE BED

Do you shop online? If so, you can shop online via Goodshop.com and raise money for the Mary Free Bed Foundation at the same time.

It is easy to get started. Just go to www.Goodshop.com, click the "Get Started" button, type "Mary Free Bed Rehabilitation Hospital Foundation" in the search box and then click "Sign Up." The process is simple and easy. Each time you shop at your favorite stores through Goodshop, a percentage of each purchase you make will go directly to the foundation.

Thousands of stores such as Macy's, Bed Bath and Beyond, Kohl's and Starbucks participate with Goodshop.com. You also might find coupons and special deals.

Please remember that you must access retailers through Goodshop.com if you want a percentage of your purchase to go to the Mary Free Bed Foundation. That means you must first visit www.Goodshop.com each time you shop.

Goodshop.com is free to use. Each retailer lists the specific percentage it will donate to the cause you have selected.

<http://www.goodsearch.com/spreadtheword#send-email-or-mention>

CONGRATULATIONS TO CEO KENT RIDDLE!

**Michigan Health & Hospital
Association**

**2015 Healthcare Leadership
Award Winner**

Kent was recognized by the MHA for guiding Mary Free Bed after hospital leaders decided it should remain an independent, community-owned organization. In his tenure, Kent has led creation of the Mary Free Bed Medical Group, Foundation and Network, as well as important research initiatives and numerous community partnerships.

Also crucial is Kent's commitment to patient outcomes and employee engagement as the hospital continues to grow.

Non-Profit Org
US Postage
PAID
Grand Rapids, MI
Permit No. 1034

Momentum.

Published by Mary Free Bed
Rehabilitation Hospital Foundation.

CONTACT

Phone: 616.840.8137
Web: maryfreebed.com/foundation
Email: foundation@maryfreebed.com

STAFF

Timothy J. Pietryga
Vice President, Advancement

Darrow Goodspeed
Capital Campaign Director

Jocelyn Dettloff
Annual Fund Director

Sydne Harris
Administrative Assistant

Help us to be even more “green.” Email
foundation@maryfreebed.com to receive
this publication electronically.

To be removed from our mailing list,
please call 616.840.8137.

Join us for a tour of Mary Free Bed Rehabilitation Hospital, the most comprehensive rehabilitation hospital in Michigan and becoming one of the best rehab hospitals in the nation. Come see our new West Addition, learn about our history and see how we restore hope and freedom through physical rehabilitation.

UPCOMING 2016 TOUR DATES

Wednesday, April 13.....10 a.m.

Thursday, May 19.....8:30 a.m.

Tuesday, June 14.....11 a.m.

Wednesday, July 20.....8:30 a.m.

Space is limited. You need to reserve a place in advance for a Mary tour.

To secure your spot, contact Sydne Harris at 616-840-8137
or foundation@maryfreebed.com.

 Google+/search Mary Free Bed

 LinkedIn/search Mary Free Bed

 pinterest/mfbrehab

 instagram/mfbrehab

 twitter/mfbrehab

 youtube/maryfreebed

 tumblr/mfbrehab

 facebook/mfbrehab