

WHAT TO BRING...

Mary Free Bed[®]
Sub-Acute Rehabilitation

PERSONAL ITEMS

You may wish to bring personal items from home, such as:

- glasses
- contact lenses and supplies
- hearing aids + batteries
- dentures
- hairbrush, blow dryer, hair products, makeup, shaving gear
- toiletries (*we have basic hospital toiletries, but if you prefer your favorite brand of toothpaste, deodorant or an electric toothbrush please bring those*)
- leisure independence (books, magazines, word search)

CLOTHING

It is important to bring comfortable, loose-fitting clothing.

- 4 to 5 sets of loose-fitting clothes that are easy to get on
- T-shirts (*V-necks are ideal*) or button-up shirts
- sweatpants or elastic-waist pants
- socks and underwear
- pajamas (*hospital gowns are also available*)
- sweater or hoodie (*button or zip front preferred*)
- athletic shoes or comfortable walking shoes that tie or have Velcro fasteners
- seasonal jacket or coat

LAUNDRY

We have washers/dryers available to you or your family to wash your clothing.

ADAPTIVE EQUIPMENT

If you are using any adaptive equipment at home, please feel free to bring that item *and make certain that it is clearly labeled*. Examples may include:

- wheelchair (including cushion and leg rests)
- walker or cane
- braces/orthotics
- reachers
- CPAP or BiPAP machine

IMPORTANT DOCUMENTS

- DPOA/patient advocate paperwork

Please label all of your belongings before arriving.

WHAT NOT TO BRING:

We are not responsible for your personal items and recommend you do not bring expensive jewelry, other valuable items, or large amounts of cash. We recommend that no more than \$20 be kept in your room at any time. Please do not bring heaters, heating pads, extension cords or equipment for food preparation and storage.