



# 2019 NEURO REHABILITATION SYMPOSIUM: Current Trends in Stroke Management

*Saturday, May 4, 2019*

Registration/Breakfast 7:30 a.m./Conference 8 a.m.-4:30 p.m.

## **LOCATION**

Covenant Healthcare Mackinaw  
5400 Mackinaw Road  
Saginaw, MI 48604  
Lower Level Conference Room

## OVERVIEW

Rehabilitation professionals are continually exploring ways to enhance their treatments to improve patient outcomes. The 2019 Neuro Rehabilitation Symposium: Current Trends in Stroke Management will bring together an expert multidisciplinary faculty presenting topics for professionals who care for patients who have survived stroke. This includes evidence-based information necessary to provide excellent care across the continuum.

## TARGET AUDIENCE

Physicians • Medical residents/students • Nurses/nurse practitioners/students • Physician assistants/students • Occupational, physical, recreational and speech therapists/students • Psychologists • Social workers • Rehabilitation program administrators • Rehabilitation specialists • Case managers • Other professionals involved in stroke care.

## OUTCOMES

By attending the 2019 Neuro Rehabilitation Symposium: Current Trends in Stroke Management, participants will be able to discuss the acute treatment of stroke in adults as well as implications for children with strokes. Attendees will be able to explain the impact of tone, contractures and spasticity and management techniques to improve outcomes. They will be able to explain the importance of constraint-induced movement therapy to increase the use of the affected or weakened limb, nutritional issues and challenges including hydration and dysphagia management strategies. Attendees will be able to discuss potential visual deficits and the role of neuro ophthalmology. In addition, attendees will be able to discuss sex, intimacy and relationship issues faced by the patient and their spouse or partner. They will be able to identify key challenges and management strategies presented in the case study.

## FACULTY

**Cathy Campbell, MS, RN, CRRN**, clinical outcomes nurse specialist and director of quality, Mary Free Bed at Covenant HealthCare

**Jacobus Donders, PhD, ABPP**, chief psychologist, Mary Free Bed Rehabilitation Hospital

**Carl Erickson, OD**, optometrist, Midland Eye Associates

**Brianne Hobson, DPT**, physical therapist, Mary Free Bed at Covenant HealthCare

**Ashleigh Hymel, OTRL**, occupational therapist, Mary Free Bed at Covenant HealthCare

**Jennifer Niec, LMSW, CBIS**, rehabilitation care manager, Mary Free Bed at Covenant HealthCare

**Kristen Parker, DPT, CKTP**, physical therapist, Covenant HealthCare

**Frank Schinco, MD**, neurosurgeon, Covenant Neurosurgery

**Diane Tewksbury Miller, COTA**, certified occupational therapy assistant, Mary Free Bed Rehabilitation Hospital, Harbor Rehabilitation/Neurorestorative

**Jocelyn Weisenberger, RDN**, registered dietitian nutritionist, Covenant HealthCare

**Stephanie Wilson, MA, CCC-SLP, CBIS**, speech language pathologist, Mary Free Bed at Covenant HealthCare

## AGENDA

7:30-7:55 a.m.	Registration/Continental Breakfast/ Exhibits Open
7:55 a.m.	Welcome/Opening Remarks
8-9 a.m.	Frank Schinco, MD <i>Topic: Acute Treatment of Stroke</i>
9-10 a.m.	Kristen Parker, DPT, CKTP <i>Topic: Decreased/Increased Tone, Contractures, Spasticity</i>
10-10:15 am	Refreshments/Networking Break/ Exhibits
10:15 a.m.-11 a.m.	Jocelyn Weisenberger, RDN and Stephanie Wilson, MA, CCC-SLP, CBIS <i>Topic: Nutrition Issues/Hydration/ Swallowing</i>
11 a.m.-noon	Jacobus Donders, PhD, ABPP <i>Topic: Children with Strokes</i>
Noon– 12:45 p.m.	Lunch/Networking Break/Exhibits
12:45-1:30 p.m.	Carl Erickson, OD <i>Topic: Visual Deficits/Neuro Optometry</i>
1:30-2:30 p.m.	Diane Tewksbury Miller, COTA <i>Topic: Constraint-Use Therapy</i>
2:30-2:45 p.m.	Refreshments/Networking Break/ Exhibits
2:45-3:45 p.m.	Cathy Campbell MS, RN, CRRN and Jennifer Niec, LMSW, CBIS <i>Topic: Let's Talk about Sex</i>
3:45-4:15 p.m.	Brianne Hobson, DPT and Ashleigh Hymel, OTRL <i>Topic: Case Study</i>
4:15-4:30 p.m.	Conclusion/Evaluation

## SYMPOSIUM PLANNING COMMITTEE MEMBERS

**Teeva Bolhuis, PT, DPT**, physical therapist, Mary Free Bed at Covenant HealthCare

**Deidre Butkus, BA**, medical/allied health education coordinator, Mary Free Bed Rehabilitation Hospital

**Christine Clayton, OTR, MSA, NHA**, PM&R program director, Covenant HealthCare

**Karrie LaPan, RN, CRRN, MSCRN**, nurse manager, Mary Free Bed Rehabilitation at Covenant HealthCare

**Juli Martin, BSN, MSA, CRRN**, program director, Mary Free Bed at Covenant HealthCare

**Jennifer Niec, LMSW, CBIS**, rehabilitation care manager, Mary Free Bed at Covenant HealthCare

**Bonita Pawloski, MEd, RT(R)(T),(ARRT)**, director of education, Mary Free Bed Rehabilitation Hospital

**Thomas Raymond, MD**, physiatrist, Covenant HealthCare

**Stephanie Wilson, MA, CCC-SLP, CBIS**, speech-language pathologist, inpatient rehabilitation, Mary Free Bed at Covenant HealthCare

**Ashley Wisniewski, OTRL**, PM&R clinical coordinator, Covenant HealthCare

## DISCLOSURES

### Planning Committee

The Planning Committee Members do not have any relevant financial relationships or non-financial relationships to disclose.

### Faculty

#### Cathy Campbell, MS, RN, CRRN

Financial — Employed as a clinical outcomes nurse specialist and director of quality, Mary Free Bed at Covenant Healthcare rehabilitation  
Nonfinancial — No relevant nonfinancial relationship exists.

#### Jacobus Donders, PhD, ABPP

Financial — Employed as chief psychologist, Mary Free Bed Rehabilitation Hospital  
Nonfinancial — No relevant nonfinancial relationship exists.

#### Carl Erickson, OD

Financial — Owner – optometrist, Midland Eye Associates  
Nonfinancial — No relevant nonfinancial relationship exists.

#### Brianne Hobson, DPT

Financial — Employed as a physical therapist, Mary Free Bed at Covenant HealthCare  
Nonfinancial — No relevant nonfinancial relationship exists.

#### Ashleigh Hymel, OTRL

Financial — Employed as an occupational therapist, Mary Free Bed at Covenant HealthCare  
Nonfinancial — No relevant nonfinancial relationship exists.

#### Jennifer Niec, LMSW, CBIS

Financial — Employed as a rehabilitation care manager, Mary Free Bed at Covenant HealthCare  
Nonfinancial — No relevant nonfinancial relationship exists.

#### Kristen Parker, DPT, CKTP

Financial — Employed as a physical therapist, Covenant HealthCare  
Nonfinancial — No relevant nonfinancial relationship exists.

#### Frank Schinco, MD

Financial — Employed as a neurosurgeon, Covenant Neurosurgery  
Nonfinancial — No relevant nonfinancial relationship exists.

#### Diane Tewksbury Miller, COTA

Financial — Employed as a certified occupational therapy assistant, Mary Free Bed Rehabilitation Hospital, Harbor Rehabilitation/ Neurorestorative  
Nonfinancial — No relevant nonfinancial relationship exists.

#### Jocelyn Weisenberger, RDN

Financial — Employed as a registered dietitian nutritionist, Covenant HealthCare  
Nonfinancial — No relevant nonfinancial relationship exists.

#### Stephanie Wilson, MA, CCC-SLP, CBIS

Financial – Employed as a speech language pathologist, Mary Free Bed at Covenant HealthCare  
Nonfinancial — No relevant nonfinancial relationship exists.

## CONTINUING PROFESSIONAL EDUCATION

Mary Free Bed Rehabilitation Hospital is accredited by Michigan State Medical Society to provide continuing medical education for physicians.

Mary Free Bed Rehabilitation Hospital designates this live educational activity for a maximum of **7.0 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Mary Free Bed Rehabilitation Hospital is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. **7.0 contact hours** will be awarded for successful completion.

This continuing education program has been submitted for **7.0 clock hours** as recognized by the Michigan Social Work Continuing Education Collaborative.

This program has been submitted to the Michigan Physical Therapy Association for **7.0 credit hours** of physical therapy education in Michigan.

This course offers up to **0.7 ASHA CEUs** (Intermediate level, Professional area)



Certificates will be awarded and emailed to participants who attend the symposium, submit a completed evaluation, and complete sign in form. The number of continuing education credits/units awarded will be based on the hours attended and the requirements of the specific accreditation body. Certificates will be emailed within three weeks of conference date.

## CONFERENCE FEES

Mary Free Bed/Network and Covenant Employees	<input type="checkbox"/> \$40
Professional Staff (outside Mary Free Bed and Covenant)	<input type="checkbox"/> \$100
Students	<input type="checkbox"/> \$30
Retirees	<input type="checkbox"/> \$50

## REGISTRATION

Registration fee includes breakfast, lunch and refreshments.

Please use this link [www.covenanthealthcare.com/neurosymposium](http://www.covenanthealthcare.com/neurosymposium), to register and pay. If you have trouble registering, please call the Dept. Admin. Assistant at 989.583.2817. No late registration or on-site registration available.

The deadline for registration is May 3. Covenant HealthCare and Mary Free Bed Rehabilitation Hospital reserve the right to cancel at any time with a full refund.

For hotel or other information please call 989.583.2817.

## REGISTRATION CONFIRMATION

When registering online, you will receive immediate confirmation via email. If you do not receive a confirmation, please call the Dept. Admin. Assistant at 989.583.2817.

## REFUND POLICY

Registrants unable to attend may send an alternate with prior written notification. The alternate must complete a registration form. The registration fee is refundable if written notice of cancellation is received by April 26. No refunds will be issued for cancellations received after this date or for non-attendance.

## CANCELLATION OR REPLACEMENT OF SPEAKER

In the event of an activity cancellation, the liability of Covenant HealthCare and Mary Free Bed Rehabilitation Hospital will be limited to a full refund of registration fees. Covenant HealthCare and Mary Free Bed reserve the right to substitute an equally qualified speaker.

### Location

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Lower Level Conference Room

### Dress Code

Business casual. The conference room temperature can fluctuate; it is recommended you bring a sweater or jacket.

## CONTINUING EDUCATION CREDITS (CEUS)

- No Certificate of Attendance needed
- CME (Continuing Medical Education for Physicians, Psychologists and Mid-Level Providers)
- General Certificate of Attendance (OT, OTA, CTRS, SLP, etc.)
- Continuing Nursing Education (**LPNs, MSNs, RNs - State license number required at sign in**)
- MPTA (PT, PTA)
- MSW/CEC (**Social Workers – State license number required at sign in**)
- ASHA (Speech language pathologists – account numbers required at sign in)

## REGISTRATION FORM

If you require special arrangements to fully participate in this symposium, please contact the Dept. Admin. Assistant at 989.583.2817.

If you require special arrangements to fully participate in this workshop, please call 616.840.8292

