

Mary Free Bed
Rehabilitation Hospital

2019 SPINAL CORD INJURY SYMPOSIUM

Thursday, Sept. 26

Prince Conference Center
at Calvin College
1800 E. Beltline SE
Grand Rapids, Michigan



OVERVIEW

People with spinal cord injuries and those who care about them want to achieve the best possible outcome and quality of life post-injury. This year's SCI Symposium brings together experts in the field to discuss key topics, including updates on the latest SCI research, the nurse's role in rehabilitation, advancing technologies for people with disabilities, sexual function, and pregnancy and parenting after SCI. Sex issues, rebuilding the injured self and family communication strategies also will be presented.

TARGET AUDIENCE

- Physicians
- Medical residents/students
- Nurses/Nurse practitioners/students
- Physician assistants/students
- Occupational, physical, recreational and speech therapists/ students
- Psychologists
- Social workers
- Exercise physiologists
- Rehabilitation program administrators
- Rehabilitation specialists
- Case managers
- Claims specialists
- Attorneys
- SCI survivors and family members
- Other professionals involved in SCI care

OUTCOMES

Participants will be able to discuss the latest findings in SCI research and advancing technologies for people with disabilities. They will be able to explain the nurse's role in rehabilitation and discuss family communication strategies that can maximize patient outcomes. Attendees will be able to describe sexual function, as well as challenges with pregnancy and parenting after SCI. They will be able to discuss various sex issues related to intimacy and relationships after SCI, as well as rebuilding the injured self.

FACULTY

Lisa A. Beck, APRN, CNS, MS, clinical nurse specialist, Mayo Clinic

Rory Cooper, Ph.D., associate dean for Inclusion, University of Pittsburgh School of Health and Rehabilitation Sciences, FISA/Paralyzed Veterans of America distinguished professor

Jeri Morris, Ph.D., ABPN, neuropsychologist, Shirley Ryan AbilityLab; professor, Roosevelt University

Michael Reiffer, LMSW, clinic manager, Pine Rest Christian Mental Health Services

Wise Young, M.D., Ph.D., distinguished professor, founding director of W.M. Keck Center for Collaborative Neuroscience, Richard H. Shindell Chair in Neuroscience, Rutgers, The State University of New Jersey

AGENDA

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|-----------------------|--|
| 7 -7:55 a.m. | Registration/Continental breakfast/ Exhibits open |
| 7:55-8 a.m. | Welcome – Sam Ho, M.D., medical director, Spinal Cord Injury Program, Mary Free Bed Rehabilitation Hospital |
| 8-9 a.m. | Lisa A. Beck, APRN, CNS, MS <i>Topic: Nursing Role in Rehabilitation</i> |
| 9-10 a.m. | Rory Cooper, Ph.D. <i>Topic: Advancing Technology for People with Disabilities</i> |
| 10-10:25 a.m. | Refreshments/Networking break/ Exhibits |
| 10:25-11:40 a.m. | Wise Young, M.D., Ph.D. <i>Topic: Research in SCI</i> |
| 11:40 a.m.-12:40 p.m. | Lunch/Networking break/Exhibits |
| 12:40-1:55 p.m. | Lisa A. Beck, APRN, CNS, MS, CRRN <i>Topic: Sexual Function, Pregnancy and Parenting after SCI</i> |
| 1:55-2:15 p.m. | Refreshments/Networking break/ Exhibits |
| 2:15-3:15 p.m. | Jeri Morris, Ph.D., ABPN <i>Topic: Sex Issues and Rebuilding the Injured Self</i> |
| 3:15-4:15 p.m. | Michael Reiffer, LMSW <i>Topic: Family Communication Strategies</i> |
| 4:15 p.m. | Conclusion/Evaluation |

SCI SYMPOSIUM COMMITTEE MEMBERS

Ashley Brown, LMSW, care manager, Spinal Cord Injury Program

Jackie Bultman, LMSW, director, Inpatient Rehabilitation

Danielle Grover, MS, CCC-SLP, Spinal Cord Injury Program

Liz Hanson, PT, DPT, lead physical therapist, Inpatient Spinal Cord Injury Program

Sam Ho, M.D., medical director, Spinal Cord Injury Program

Riley McCartney, OTR/L, Spinal Cord Injury Program

Maria Opoku-Agyeman, RN, CRRN, director of Nursing, Spinal Cord Injury Program

Bonita Pawloski, M.Ed., R.T.(R)(T)(ARRT), director of Education

Jenny Ponstein, RN, BSN, CRRN, Spinal Cord Injury Program

Kaitlin Salowitz, CTRS, Spinal Cord Injury Program

DISCLOSURES

Planning Committee

The Planning Committee members do not have any relevant financial relationships or non-financial relationships to disclose.

Speakers

Lisa A. Beck, APRN, CNS, MS

Financial – Employed as an assistant professor of nursing, College of Medicine, Mayo Clinic; receiving honorarium

Nonfinancial — No relevant nonfinancial relationship exists.

Rory Cooper, Ph.D.

Financial – Employed as an associate dean for Inclusion, University of Pittsburgh School of Health and Rehabilitation Sciences, FISA/Paralyzed Veterans of America distinguished professor

Nonfinancial — No relevant nonfinancial relationship exists.

Jeri Morris, Ph.D., ABPN

Financial – Employed as a neuropsychologist, Shirley Ryan AbilityLab; professor, Roosevelt University; receiving honorarium

Nonfinancial — No relevant nonfinancial relationship exists.

Michael Reiffer, LMSW

Financial – Employed as clinic manager, Pine Rest Christian Mental Health Services; receiving honorarium

Nonfinancial — No relevant nonfinancial relationship exists.

Wise Young, M.D., Ph.D.

Financial – Employed as professor, founding director of W.M. Keck Center for Collaborative Neuroscience, Richard H. Shindell Chair in Neuroscience, Rutgers, The State University of New Jersey; receiving honorarium

Nonfinancial — No relevant nonfinancial relationship exists.

CONTINUING PROFESSIONAL EDUCATION

Mary Free Bed Rehabilitation Hospital is accredited by Michigan State Medical Society to provide continuing medical education for physicians.

Mary Free Bed Rehabilitation Hospital designates this live educational activity for a maximum of **6.5 AMA PRA Category 1 Credit(s)**[™].

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Mary Free Bed Rehabilitation Hospital is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. **6.5 contact hours** will be awarded for successful completion.

This continuing education program has been submitted for **6.5 clock hours** as recognized by the Michigan Social Work Continuing Education Collaborative.

This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with **6.5 clock hour(s)**.

This program has been submitted to the Michigan Physical Therapy Association for **6.5 credit hours** of physical therapy education in Michigan.

Mary Free Bed is an AOTA Approved Provider of continuing education. Provider #11133. Full attendance at this course qualifies for 6.5 contact hours or 0.65 CEUs in the Category 1 Domain of OT and Category 2 Occupational Therapy. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course level: Intermediate.



Certificates will be awarded and sent to participants who attend the symposium, sign in and complete the required evaluation. The number of continuing education credits/units awarded will be based on the hours attended and the requirements of the specific accreditation body. Certificates will be available within three weeks of conference date.

REGISTRATION PROCESS

All attendees **MUST** register online

Please copy and paste the url below and use Google Chrome, Firefox or Safari (not Internet Explorer)

<https://cvent.me/QazBR>

PAYMENT OPTIONS

Credit card: Visa or Mastercard

Check: Attendee **MUST** complete the online registration and indicate payment as "check."*

Please make check payable to: Mary Free Bed Fund/SCI '19

Mail check to:

Attn: Medical Education/SCI Registration
Mary Free Bed Rehabilitation Hospital
235 Wealthy St. SE
Grand Rapids, MI 49503-5247

**A service fee of \$35 will be assessed for all checks returned for insufficient funds or for charges made to closed accounts.*

REGISTRATION CONFIRMATION

You will receive immediate confirmation via email. If you do not receive a confirmation, please call 616.840.8292.

REFUND POLICY

Registrants unable to attend may send an alternate with prior written notification. The original registrant will need to edit their online registration form to include the details of the alternate attendee. The registration fee, less a \$75 service charge, is refundable if written notice of cancellation is received by August 30, 2019. No refunds will be issued for cancellations received after this date or for non-attendance.

CANCELLATION OR REPLACEMENT OF SPEAKER

In the event of an activity cancellation, the liability of Mary Free Bed Rehabilitation Hospital will be limited to a full or partial refund of registration fees. Mary Free Bed reserves the right to substitute an equally qualified speaker.

LOCATION

Prince Conference Center at Calvin College
1800 East Beltline Ave. SE
Grand Rapids, MI 49546-5951
616.526.7200

Registrants are responsible for hotel arrangements, if needed. Please note when making your room reservations that you will be attending the "Mary Free Bed SCI Symposium" on Thursday, Sept. 26.

DRESS CODE

Business casual. The conference room temperature can fluctuate; it is recommended you bring a sweater or jacket.

| Symposium Fees Early Bird* | Through 8/16 | After 8/16 |
|------------------------------------|--------------------------------|--------------------------------|
| MFB Professionals/Network | <input type="checkbox"/> \$150 | <input type="checkbox"/> \$175 |
| Professional Staff (outside MFB) | <input type="checkbox"/> \$175 | <input type="checkbox"/> \$200 |
| Residents/Students | <input type="checkbox"/> \$75 | <input type="checkbox"/> \$100 |
| SCI Survivors and Family Members** | <input type="checkbox"/> \$50 | <input type="checkbox"/> \$60 |

*To be eligible for the Early Bird Special, you must register by Aug. 16.

**Call to request a scholarship, available on a limited basis: 616.840.8292.

No continuing education credits will be available at this rate.

If you require special arrangements to fully participate in this symposium, please call: 616.840.8292

