

Mary Free Bed
Rehabilitation Hospital

2019
Mary Free Bed
Rehabilitation
Hospital
**Stroke
Conference**



Thursday, Nov. 7

7 a.m. – Registration and Breakfast

7:40 a.m.-5 p.m. – Conference

Prince Conference Center at Calvin College

1800 East Beltline Ave. SE

Grand Rapids, Michigan

616.526.7200 or 866.526.7200

Overview

Rehabilitation professionals are continually exploring ways to enhance treatment to improve patient outcomes. The 2019 Stroke Symposium will explore the impact of neuroplasticity and intensity of treatment on rehabilitation after stroke or brain injury, executive function skills following CVA and ways to incorporate the life participation approach to aphasia management into their practice. Rehabilitation specialists will gain knowledge on the importance of increasing activity and intensity of treatment post stroke in physical, occupational and speech therapy, as well as interdisciplinary team approaches. Participants also will gain an understanding of the ways community health workers connect to community resources to address the social determinants to improve health outcomes. All members of the health care team will benefit from the concluding discussions on motivational interviewing, management strategies for compassion fatigue and a patient's experience through the continuum of care.

Target Audience

Physicians • Medical Residents/Students • Nurses/Nurse Practitioners/Students • Physician Assistants/Students • Occupational, Physical, Recreational and Speech Therapists/Students • Psychologists • Social Workers • Exercise Physiologists • Rehabilitation Program Administrators • Rehabilitation Specialists • Case Managers • Claims Specialists • Attorneys • Other professionals involved in stroke care

Outcomes

The rehabilitation specialists who participate in this conference will be able to discuss the importance of the impact of neuroplasticity and intensity of treatment on rehabilitation after stroke or brain injury and executive function skills following CVA. The attendees will be able to identify strategies for increasing activity and intensity of treatment post stroke in physical, occupational and speech therapy, as well as interdisciplinary team approaches. They will be able to discuss ways to incorporate the life participation approach to aphasia and the ways community health workers connect to community resources to address the social determinants to improve health outcomes. All members of the health care team will be able to describe motivational interviewing, management strategies for compassion fatigue and a patient's experience through the continuum of care.

Faculty

Tressa Crosby, CHW, BA, community health worker, lead, Muskegon Community Health Project

Carolyn Doty, MA, CCC-SLP, manager, Speech and Language Pathology Department, Center for Adult Communication Disorders, Beaumont Health

Diana Florez, MS, CCC-SLP, speech-language pathologist, float therapist (ABI, SCI, MS), Shepherd Center

Judith M. Kell, manager, Pathways to Better Health of the Lakeshore

Lisa Mammoser, MA, CCC-SLP, speech-language pathologist, Center for Adult Communication Disorders, Beaumont Health

Carol Persad, Ph.D., ABPP-CN, clinical professor; director, University Center for Language and Literacy; director, Neuropsychology Section, Department of Psychiatry, University of Michigan

Michael Reiffer, LMSW, clinic manager, Pine Rest Christian Mental Health Services

Brian C. Smith, PT, DPT, NCS, physical therapist, continuum float therapist, Brain Injury Program, Shepherd Center

Bruce Springer, MD, addiction services physician, Pine Rest Christian Mental Health Services

Katie A. Strong, PhD, CCC-SLP, assistant professor, Department of Communication Sciences and Disorders, Central Michigan University

Suzanne D. Wolfe, MS, OTR/L, occupational therapist, activities-based therapist (ABT), Post-acute Brain Injury Program, Shepherd Center

Stroke Conference Planning Committee Members

Lizbeth Breneman, MA, CCC-SLP, inpatient speech therapy

Steve Brodnicki, PT, MS, GCS, director of rehabilitation

Benjamin Bruinsma, MD, medical director of stroke program

Lauren Lenca, PT, DPT, PT team leader, stroke program

Bonita Pawloski, MEd, RT(R)(T)(ARRT), director of education

Christina Platko, PT, DPT, board-certified specialist in Neurologic Physical Therapy, director of Physical Therapy Neurological Residency Program

Jeannette Pollatz, MSN, BSN, BS, RN, nursing director of Inter-Professional Education

Kenneth Smith, MS, OTR/L, OT team leader, Stroke Program

Louise Sommer, LMSW, MSM, stroke program

Brianne Taylor, CTRS, recreation therapy team leader

Robin Vanderveen, RN, BS, CRRN, director of nursing

Disclosures

Planning Committee

The Planning Committee members do not have any relevant financial relationships or non-financial relationships to disclose.

Speakers

Tressa Crosby, CHW, BA

Financial – Employed as a community health worker, lead, Muskegon Community Health Project

Nonfinancial – No relevant nonfinancial relationship exists.

Carolyn Doty, MA, CCC-SLP

Financial – Employed as manager, Speech and Language Pathology Department, Center for Adult Communication Disorders, Beaumont Health; receiving honorarium.

Nonfinancial – No relevant nonfinancial relationship exists.

Diana Florez, MS, CCC-SLP

Financial – Employed as a speech-language pathologist, Shepherd Center; receiving honorarium.

Nonfinancial – No relevant nonfinancial relationship exists.

Judith M. Kell

Financial – Employed as manager, Pathways to Better Health of the Lakeshore

Nonfinancial – No relevant nonfinancial relationship exists.

Lisa Mammoser, MA, CCC-SLP

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Michael Reiffer, LMSW

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Brian C. Smith, PT, DPT, NCS

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Bruce Springer, MD

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Nonfinancial - No relevant nonfinancial relationship exists.

Katie A. Strong, PhD, CCC-SLP

Financial – Employed as an assistant professor, Department of Communication Sciences and Disorders, Central Michigan University; receiving honorarium.
Nonfinancial - No relevant nonfinancial relationship exists.

Suzanne D. Wolfe, MS, OTR/L

Financial – Employed as an occupational therapist, activities-based therapist (ABT), Post-acute Brain Injury Program, Shepherd Center; receiving honorarium.
Nonfinancial - No relevant nonfinancial relationship exists.

Continuing Professional Education

Mary Free Bed Rehabilitation Hospital is accredited by Michigan State Medical Society to provide continuing medical education for physicians.

Mary Free Bed Rehabilitation Hospital designates this live educational activity for a maximum of **7.75 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Mary Free Bed Rehabilitation Hospital is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. **7.75 contact hours** will be awarded for successful completion.

This continuing education program has been submitted for **7.75 clock hours** as recognized by the Michigan Social Work Continuing Education Collaborative.

This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with **7.75 clock hour(s)**.

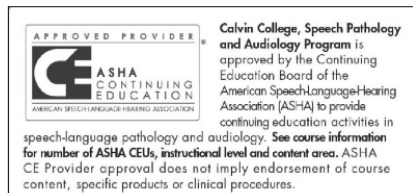
This program has been submitted to the Michigan Physical Therapy Association for **7.75 credit hours** of physical therapy education in Michigan.



Mary Free Bed is an AOTA Approved Provider of continuing education. Provider #11133. Full attendance at this course qualifies for 7.75 contact hours or 0.75 CEUs in the Category 2 Occupational Therapy Process. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course level: Intermediate.

This activity has been submitted to the Calvin College Speech Pathology and Audiology Department for approval of ASHA credit.

This course offers up to 0.75 ASHA CEUs (Intermediate level, Professional)



Certificates will be awarded and emailed to participants who attend the symposium, submit a completed evaluation form and sign-in. The number of continuing education credits/units awarded will be based on the hours attended and the requirements of the specific accreditation body.

Certificates will be available within three weeks of the conference date.

Agenda

7-7:40 a.m.

Continental breakfast, exhibits open

7:40-7:45 a.m.

Welcome – Dr. Benjamin Bruinsma

All Attendees

7:45-8:35 a.m.

Carol Persad, Ph.D., ABPP-CN
Topic: The Impact of Neuroplasticity and Intensity of Treatment on Rehabilitation after Stroke or Brain Injury

8:35-9:25 a.m.

Carolyn Doty, MA, CCC-SLP and Lisa Mammoser, MA, CCC-SLP
Topic: Executive Function Skills Following CVA

9:25-9:45 a.m.

Refreshments/Network Break/Exhibits

Break Out Session #1

9:45-10:45 a.m.

Brian C. Smith, PT, DPT, NCS
Topic: Increasing Activity and Intensity of Treatment Post Stroke - PT perspective

Break Out Session #2

9:45-10:45 a.m.

Diana Florez, MS, CCC-SLP
Topic: Increasing Activity and Intensity of Treatment Post Stroke - SLP perspective

Break Out Session #3

10:45-11:45 a.m.

Suzanne D. Wolfe, MS, OTR/L
Topic: Increasing Activity and Intensity of Treatment Post Stroke - OT perspective

Break Out Session #4

10:45-11:45 a.m.

Katie A. Strong, PhD, CCC-SLP
Topic: Incorporating the Life Participation Approach to Aphasia in Your Practice

All Attendees

11:45 a.m.-12:35 p.m.

Lunch/Networking Break/Exhibits

Break Out Session #5

12:35-1:35 p.m.

Diana Florez, MS, CCC-SLP; Brian C. Smith, PT, DPT, NCS, Suzanne D. Wolfe, MS, OTR/L
Topic: Special Therapy Labs – PT, OT, SLP

Break Out Session #6

12:35-1:35 p.m.

Judy Kell and Tressa Crosby, CHW, BA
Topic: Community Health Workers; The Connection to Community

All Attendees

1:35-2:35 p.m.

Diana Florez, MS, CCC-SLP; Brian C. Smith, PT, DPT, NCS, Suzanne D. Wolfe, MS, OTR/L
Topic: Increasing Activity and Intensity of Treatment Post Stroke - Interdisciplinary Program

2:35-2:50 p.m.

Refreshments/Network Break/Exhibits

2:50-3:40 p.m.

Bruce Springer, MD
Topic: Motivational Interviewing

3:40-4:30 p.m.

Michael Reiffer, LMSW
Topic: Management Strategies for Compassion Fatigue

4:30-5 p.m.

Patient Perspective - Megan Goodrich
Facilitator: Lauren Lenca, PT, DPT

5 p.m.

Evaluation/Conclusion

Registration Process

All attendees MUST register online.

Please copy and paste the url below and use Google Chrome, Firefox or Safari (not Internet Explorer)

<https://cvent.me/e1NWo>

Payment Options

Credit card: Visa or Mastercard

Check: Attendee MUST complete the online registration and indicate payment as "check"

Please make check payable to: Mary Free Bed Fund/Stroke Conference

Mail check to:

Attn: Medical Education/Stroke Conference Registration

Mary Free Bed Rehabilitation Hospital

235 Wealthy St. SE

Grand Rapids, MI 49503-5247

* A service fee of \$35 will be assessed for all checks returned for insufficient funds or for charges made to closed accounts.

Registration Confirmation

You will receive immediate confirmation via email. If you do not receive a confirmation, please call 616.840.8292.

Refund Policy

Registrants unable to attend may send an alternate with prior written notification. The original registrant will need to edit their online registration form to include the details of the alternate attendee. The registration fee, less a \$75 service charge, is refundable if written notice of cancellation is received by September 30, 2019. No refunds will be issued for cancellations received after this date or for non-attendance.

Cancellation or Replacement of Speaker

In the event of an activity cancellation, the liability of Mary Free Bed Rehabilitation Hospital will be limited to a full or partial refund of registration fees. Mary Free Bed reserves the right to substitute an equally qualified speaker.

Location

Prince Conference Center at Calvin College

1800 East Beltline Ave. SE

Grand Rapids, MI 49546-5951

616.526.7200

Registrants are responsible for hotel arrangements, if needed. Please note when making your room reservations that you will be attending the "Mary Free Bed Stroke Symposium" on Thursday, Nov. 7, 2019.

Dress Code

Business casual. The conference room temperature can fluctuate; it is recommended you bring a sweater or jacket.

Fees

Symposium Fees	Early Bird* – Through 9/20	After 9/20
MFB Professionals/Network	<input type="checkbox"/> \$150	<input type="checkbox"/> \$175
Professional Staff (outside MFB)	<input type="checkbox"/> \$175	<input type="checkbox"/> \$200
Residents/Students	<input type="checkbox"/> \$75	<input type="checkbox"/> \$100
Stroke Survivors and Family Members	<input type="checkbox"/> \$50	<input type="checkbox"/> \$60

*To be eligible for the Early Bird Special, you must register by: September 20, 2019.



If you require special arrangements to fully participate in this symposium, please call: 616.840.8292