



Mary Free Bed
Rehabilitation Hospital

2020 MARY FREE BED
REHABILITATION HOSPITAL

LIMB LOSS CONFERENCE

Thursday, March 5

Registration/Breakfast 7:15 a.m.
Conference 7:55 a.m.-5 p.m.

LOCATION

Mary Free Bed
Professional Building
Meijer Conference Center
350 Lafayette Ave. SE
Grand Rapids, MI 49503

OVERVIEW

Patients who have undergone amputation or were born with a limb deficiency experience a unique, lifelong journey that includes managing mobility, prosthetics, skin issues, pain and other adjustments. The 2020 Mary Free Bed Rehabilitation Hospital Limb Loss Conference will provide evidence-based knowledge and experience on these topics presented by experts in the continuum of inpatient to outpatient care at Mary Free Bed Rehabilitation Hospital. Presentations will include a patient's limb-loss journey, in-depth information for identifying appropriate candidates for prosthetics, techniques for dressing and teaching range of motion, pain management strategies using Graded Motor Imagery, utilizing the C-leg microprocessor for greater mobility and freedom, and justifying the K0005 manual wheelchair. Prosthetic care management across the continuum, identifying gait abnormalities and strategies for using EMG on upper-limb amputees will also be discussed. All members of the health care team will benefit from the concluding discussions on nicotine cessation and motivational interviewing strategies.

TARGET AUDIENCE

Physicians • Residents/Students • Orthotists • Prosthetists • Nurses/Nurse Practitioners/Students • Physician Assistants/Students • Occupational, Physical and Recreational Therapists/Students • Psychologists • Social Workers • Exercise Physiologists • Rehabilitation Program Administrators • Rehabilitation Specialists • Case Managers • Claims Specialists • Other professionals involved in the care of a patient with limb loss.

OUTCOMES

Conference participants will be able to identify and discuss appropriate candidates for prosthetics, techniques for dressing and teaching range of motion and pain management strategies using Graded Motor Imagery. They will obtain a thorough understanding of utilizing microprocessors, justification of a K0005 manual wheelchair and prosthetic care management across the continuum, as well strategies for using EMG in upper-limb amputees and identifying gait abnormalities. Attendees will gain a greater understanding of the patient's journey after limb loss and the challenges and adjustments they face. They will be able to discuss utilizing a team approach to nicotine cessation and motivational interviewing strategies.

FACULTY

Jason Bomia, MS, OTR/L, inpatient stroke/orthopedic programs, Mary Free Bed Rehabilitation Hospital

Ashley Brennan, OTR/L, outpatient adult neuro, Mary Free Bed Rehabilitation Hospital

Alex Brenner, CP, certified prosthetist, Mary Free Bed Orthotics & Prosthetics

Benjamin Bruinsma, M.D., medical director, Amputee Program, Mary Free Bed Rehabilitation Hospital

Casey Dietz, MS, OTR/L, ATP, OrthoSEAT wheelchair and seating specialist, Mary Free Bed Orthotics & Prosthetics + Bionics

Bryan Donihue, patient, Mary Free Bed Orthotics & Prosthetics + Bionics

Jennifer McWain, PT, MHS, CHC, compliance officer and clinical excellence specialist, Mary Free Bed Rehabilitation Hospital

Jeannette Pollatz, MSN, BSN, BS, RN, vice president of Quality/Risk and Education, Mary Free Bed Rehabilitation Hospital

Michael Reiffer, LMSW, clinic manager, Pine Rest Christian Mental Health Services

Stephanie Rose, OTR, amputee care liaison, certified mentor instructor for Amputee Coalition of America, Mary Free Bed Orthotics & Prosthetics + Bionics

Alisha Thompson, CPO, prosthetic team lead, Mary Free Bed Orthotics & Prosthetics + Bionics

Rob Tuck, CPO, certified orthotist/prosthetist, director of network development, Mary Free Bed Orthotics & Prosthetics + Bionics

MARY FREE BED LIMB LOSS CONFERENCE PLANNING COMMITTEE

Jason Bomia, MS, OTR/L, inpatient stroke/orthopedic programs, Mary Free Bed Rehabilitation Hospital

Benjamin Bruinsma, M.D., medical director, Amputee Program, Mary Free Bed Rehabilitation Hospital

Steve Brodnicki, PT, MS, director of rehabilitation, Mary Free Bed Rehabilitation Hospital

Casey Dietz, MS, OTR/L, ATP, OrthoSEAT wheelchair and seating specialist, Mary Free Bed Orthotics & Prosthetics + Bionics

Riley Elders, LMSW, care manager, Mary Free Bed Rehabilitation Hospital

Kirk Ferris, CPO, director of clinical operations, Orthotics & Prosthetics + Bionics, Orthotics and Prosthetics residency director

Jennifer McWain, PT, MHS, CHC, compliance officer and clinical excellence specialist, Mary Free Bed Rehabilitation Hospital

Bonita M. Pawloski, M.Ed., R.T.(R)(T) (ARRT), director of education, Mary Free Bed Rehabilitation Hospital

Tim Spaulding, PT, inpatient stroke/orthopedic programs, Mary Free Bed Rehabilitation Hospital

Rob Tuck, CPO, director of network development, Mary Free Bed Orthotics & Prosthetics + Bionics

DISCLOSURES

Planning Committee

Planning Committee members do not have any relevant financial relationships or non-financial relationships to disclose.

Speakers

Jason Bomia, MS, OTR/L

Financial — Employed as an occupational therapist, Mary Free Bed Rehabilitation Hospital

Nonfinancial — No relevant nonfinancial relationship exists.

Ashley Brennan, OTR/L

Financial — Employed as an occupational therapist, Mary Free Bed Rehabilitation Hospital

Nonfinancial — No relevant nonfinancial relationship exists.

Alex Brenner, CP

Financial — Employed as a certified prosthetist, Mary Free Bed Rehabilitation Hospital

Nonfinancial — No relevant nonfinancial relationship exists.

Benjamin Bruinsma, M.D.

Financial — Employed as a psychiatrist, Mary Free Bed Rehabilitation Hospital

Nonfinancial — No relevant nonfinancial relationship exists.

Casey Dietz, MS, OTR/L, ATP

Financial — Employed as a wheelchair seating specialist, Mary Free Bed Orthotics & Prosthetics + Bionics

Nonfinancial — No relevant nonfinancial relationship exists.

Bryan Donihue

Financial – Receiving honorarium

Non-financial — No relevant nonfinancial relationship exists.

Jennifer McWain PT, MHS, CHC

Financial — Employed as a compliance officer and clinical excellence specialist, Mary Free Bed Rehabilitation Hospital

Nonfinancial — No relevant nonfinancial relationship exists.

Jeannette Pollatz, MSN, BSN, BS, RN

Financial – Employed as vice president of Quality/Risk and Education, Mary Free Bed Rehabilitation Hospital

Non-financial — No relevant nonfinancial relationship exists.

Michael Reiffer, LMSW

Financial – Employed as a clinic manager, Pine Rest Christian Mental Health Services; receiving honorarium

Nonfinancial — No relevant nonfinancial relationship exists.

Stephanie Rose, MS, OTR/L

Financial — Employed as an amputee care liaison, Mary Free Bed Rehabilitation Hospital

Nonfinancial — No relevant nonfinancial relationship exists.

Rob Tuck, CPO

Financial — Employed as a certified orthotist/prosthetist, director of network development, Mary Free Bed Orthotics & Prosthetics + Bionics

Nonfinancial — No relevant nonfinancial relationship exists.

Alisha Thompson CPO

Financial — Employed as a prosthetic team lead, Mary Free Bed Rehabilitation Hospital

Nonfinancial — No relevant nonfinancial relationship exists.

CONTINUING PROFESSIONAL EDUCATION

Mary Free Bed Rehabilitation Hospital is accredited by Michigan State Medical Society to provide continuing medical education for physicians.

Mary Free Bed Rehabilitation Hospital designates this live educational activity for a maximum of 7.5 AMA PRA Category 1 Credit(s)[™].

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Mary Free Bed Rehabilitation Hospital is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. 7.5 contact hours will be awarded for successful completion.

This continuing education program has been submitted for 7.5 clock hours as recognized by the Michigan Social Work Continuing Education Collaborative.

This program has been submitted to The Commission for Case Manager Certification for approval to provide board-certified case managers with 7.5 clock hour(s).

This program has been submitted to the Michigan Physical Therapy Association for 7.5 credit hours of physical therapy education in Michigan.

Mary Free Bed is an AOTA Approved Provider of continuing education. Provider #11133. Full attendance at this course qualifies for 7.5 contact hours or 0.75 CEUs in the Category 1 Domain of OT and Category 2 Occupational Therapy Process. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course level: Intermediate.



BOC credits will be available. Sign in and completion of an evaluation are required for credit to be awarded.

Certificates will be awarded and sent to participants who attend the conference, sign in and complete the required evaluation. The number of continuing education credits/units awarded will be based on the hours attended and the requirements of the specific accreditation body. Certificates will be available within four to six weeks of conference date.

AGENDA

7:15-7:55 a.m.

Registration/Continental Breakfast/
Exhibits Open

7:55-8 a.m.

Welcome — Benjamin Bruinsma, M.D., medical director, Amputee Program, Mary Free Bed Rehabilitation Hospital

8-8:30 a.m.

Bryan Donihue, *Topic: Smile Like a Pirate: Finding the Joy during Difficult Circumstances*

8:30-9 a.m.

Benjamin Bruinsma, M.D., *Topic: Considerations when Identifying Candidates for Prosthetics*

9-9:45 a.m.

Jason Bomia, MS, OTR/L and Ashley Brennen, OTR/L, *Topic: Techniques and Considerations for Activities of Daily Living in the Pre-Prosthetic and Post-Prosthetic Phase*

9:45-10:05 a.m.

Refreshments/Networking Break/Exhibits

10:05-10:50 a.m.

Jennifer McWain, PT, MHS, CHC, *Topic: Graded Motor Imagery Strategies for Pain Management*

10:50-11:35 a.m.

Rob Tuck, CPO, *Topic: Utilizing the C-leg Microprocessor for Greater Mobility and Freedom*

11:35 a.m.-12:05 p.m.

Casey Dietz, MS, OTR/L, ATP, *Topic: Justifying the K0005 manual wheelchair — What’s the big deal?*

12:05-1 p.m.

Lunch/Networking Break/Exhibitors

Breakout Session #1a

1-2 p.m.

Alex Brenner, CP, *Topic: Evaluation of Electromyographic (EMG) Signals on Upper Limb Amputees and How to Determine Location for Electrode Placement with Direct Site Control*

Breakout Session #1b

1-2 p.m.

Stephanie Rose, MS, OTR/L, *Topic: Prosthetic Care Management*

Breakout Session #1c

1-2 p.m.

Jennifer McWain, PT, MHS, CHC; Alisha Thompson CPO; and Rob Tuck, CPO, *Topic: Gait Analysis; Identifying Abnormalities*

Breakout Session #2a

2-3 p.m.

Alex Brenner, CP, *Topic: Evaluation of Electromyographic (EMG) Signals on Upper Limb Amputees and How to Determine Location for Electrode Placement with Direct Site Control*

Breakout Session #2b

2-3 p.m.

Stephanie Rose, MS, OTR/L, *Topic: Prosthetic Care Management*

Breakout Session #2c

2-3 p.m.

Jennifer McWain, PT, MHS, CHC, Alisha Thompson CPO and Rob Tuck, CPO, *Topic: Gait Analysis; Identifying Abnormalities*

3-3:20 p.m.

Refreshments/Networking Break/Exhibits

3:20-4 p.m.

Jeannette Pollatz, MSN, BSN, BS, RN, *Topic: An Inpatient Team Approach to Nicotine Cessation*

4-5 p.m.

Michael Reiffer, LMSW, *Topic: Motivational Interviewing Strategies*

5 p.m.

Conclusion/Evaluation

All attendees MUST register online

Please copy and paste the url below, and use Google Chrome, Firefox or Safari (not Internet Explorer)

<https://cvent.me/bVnPZL>

Payment Options

Credit card: Visa or Mastercard

Check: Attendee MUST complete the online registration and indicate payment as "check"

Please make check payable to: Mary Free Bed Fund / Limb Loss '20

Mail check to:

Attn: Medical Education/Limb Loss Registration

Mary Free Bed Rehabilitation Hospital

235 Wealthy St. SE

Grand Rapids, MI 49503-5247

** A service fee of \$35 will be assessed for all checks returned for insufficient funds or for charges made to closed accounts.*

Registration Confirmation

You will receive immediate confirmation via email. If you do not receive a confirmation, please call 616.840.8851.

Refund Policy

Registrants unable to attend may send an alternate with prior written notification. The original registrant will need to edit their online registration form to include the details of the alternate attendee. The registration fee, less a \$75 service charge, is refundable if written notice of cancellation is received by Feb. 7. No refunds will be issued for cancellations received after this date or for non-attendance.

Cancellation or Replacement of Speaker

In the event of an activity cancellation, the liability of Mary Free Bed Rehabilitation Hospital will be limited to a full or partial refund of registration fees. Mary Free Bed will not be responsible for travel or hotel expenses. Mary Free Bed reserves the right to substitute an equally qualified speaker.

Location

Mary Free Bed Professional Building

Meijer Conference Center

350 Lafayette Ave. SE

Grand Rapids, MI 49503

Dress Code

Business casual. The conference room temperature can fluctuate; it is recommended you bring a sweater or jacket.

Conference Fees

MFB Professionals/Network \$150

Professional Staff (outside MFB) \$200

Residents/Students \$100

If you require special arrangements to fully participate in this workshop, please call 616.840.8292

