

Mary Free Bed
Rehabilitation Hospital

5th annual Betty Bloomer Ford

2020 CANCER REHABILITATION CONFERENCE

Thursday, April 30

Mary Free Bed Professional Building
Meijer Conference Center
350 Lafayette Ave. SE
Grand Rapids, MI 49503



Overview

Cancer survivors are likely to experience side effects and symptoms related to their cancer and/or specific cancer-related treatments. This year, the fifth annual Betty Bloomer Ford Cancer Rehabilitation Conference brings together expert, interprofessional faculty who will present evidence-based information about various treatments, potential side effects and rehabilitation management strategies to improve cancer patients' quality of life. Other key topics include pain management strategies, optimizing nutrition, speech and swallowing issues, communication strategies and life review activities.

TARGET AUDIENCE

Physicians • Medical Residents/Students • Nurses/Nurse Practitioners/Students • Physician Assistants/Students • Occupational, Physical, Recreational and Speech Therapists/Students • Psychologists • Social Workers • Exercise Physiologists • Rehabilitation Program Administrators • Rehabilitation Specialists • Case Managers • Claims Specialists • Registered Dietitian Nutritionist • Other Professionals Involved in Cancer Care

OUTCOMES

Attendees will be able to discuss various treatment options, potential side effects of treatment, strategies to manage side effects and the rehabilitation needs of patients. Attendees will be able to identify ways to optimize nutrition and strategies to manage speech and swallowing issues. They also will be able to describe pain management challenges and strategies, ways to address challenging topics with the patient and family, as well as life review activities.

2020 FACULTY

Derek Bergsma, M.D., radiation oncologist, assistant professor, Mercy Health Lacks Cancer Center

Amy K. Carion, RDN, registered dietitian nutritionist, Henry Ford Cancer Institute

Evan Fonger, M.D., medical director, Hospice of Michigan, and outpatient palliative care provider, NorthStar Care Community

Sulsal-UI Haque, M.D., medical oncologist, Metro Health/University of Michigan Health, The Cancer Center at Metro Health Village

Rachel Morse, CTRS, therapeutic recreation specialist, Mary Free Bed Rehabilitation Hospital

Alice Norris, MS, CCC-SLP, LSVT, speech-language pathologist, Spectrum Health Neuro Rehab Services

Meagan Smith, D.O., physiatrist, Mary Free Bed Rehabilitation Hospital

Chris Wilson, PT, DScPT, DPT, GCS, assistant professor of physical therapy, Oakland University and Beaumont Health

DISCLOSURES

Planning Committee

Planning Committee Members do not have any relevant financial relationships or non-financial relationships to disclose.

Speakers

Derek Bergsma, M.D.

Financial – Employed as a radiation oncologist, Department of Radiation Oncology, Mercy Health Lacks Cancer Center; receiving honorarium.

Nonfinancial – No relevant nonfinancial relationship exists.

Amy K. Carion, RDN

Financial – Employed as a registered dietitian nutritionist, Henry Ford Cancer Institute

Nonfinancial – No relevant nonfinancial relationship exists.

Evan Fonger, M.D.

Financial – Employed as medical director, Hospice of Michigan; employed as outpatient palliative care provider, NorthStar Care Community

Nonfinancial – No relevant nonfinancial relationship exists.

Sulsal-UI Haque, M.D.

Financial – Employed as a medical oncologist, Metro Health/University of Michigan Health, The Cancer Center at Metro Health Village

Nonfinancial – No relevant nonfinancial relationship exists.

Rachel Morse, CTRS

Financial – Employed as a therapeutic recreation specialist, Mary Free Bed Rehabilitation Hospital

Nonfinancial – No relevant nonfinancial relationship exists.

Alice Norris, MS, CCC-SLP, LSVT

Financial – Employed as a speech-language pathologist, Spectrum Health Neuro Rehab Services; receiving honorarium

Nonfinancial – No relevant nonfinancial relationship exists.

Meagan Smith, D.O.

Financial – Employed as a physiatrist, Mary Free Bed Rehabilitation Hospital

Nonfinancial – No relevant nonfinancial relationship exists.

Chris Wilson, PT, DScPT, DPT, GCS

Financial – Employed as an assistant professor of physical therapy, Oakland University and Beaumont Health; receiving honorarium

Nonfinancial – No relevant nonfinancial relationship exists.

AGENDA

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|-----------------------|--|
| 7:15-7:40 a.m. | Registration/Exhibits/Breakfast |
| 7:40-7:45 a.m. | Welcome |
| 7:45-8:45 a.m. | Sulsal-UI Haque, M.D. <i>Topic: Medical Oncology Treatment and Side-Effect Management</i> |
| 8:45-9:30 a.m. | Derek Bergsma, M.D. <i>Topic: Update on Radiation Therapy Treatments and Side-Effect Management</i> |
| 9:30-9:45 a.m. | Break/Networking/Exhibits |
| 9:45-10:45 a.m. | Amy Carion, RDN <i>Topic: Nutrition Strategies for the Cancer Patient</i> |
| 10:45-11:45 a.m. | Alice Norris, MS, CCC-SLP, LSVT <i>Topic: Treatment Strategies for Speech and Swallowing Issues</i> |
| 11:45 a.m.-12:45 p.m. | Lunch/Networking/Exhibits |
| 12:45-1:30 p.m. | Chris Wilson, PT, DScPT, DPT, GCS <i>Topic: Bone Metastasis and Physical Activity</i> |
| 1:30-2:30 p.m. | Evan Fonger, M.D. <i>Topic: Challenges and Strategies for Pain Management for Cancer Patients</i> |
| 2:30-3 p.m. | Meagan Smith, D.O. <i>Topic: Addressing Difficult Topics with the Patient and Family</i> |
| 3-3:15 p.m. | Break/Networking/Exhibits |
| 3:15-4 p.m. | Chris Wilson, PT, DScPT, DPT, GCS <i>Topic: Palliative Rehabilitation to Optimize Quality of Life</i> |
| 4-4:30 p.m. | Rachel Morse, CTRS <i>Topic: Life Review Activities</i> |
| 4:30 p.m. | Conclusion and Evaluations |

2020 CANCER CONFERENCE PLANNING COMMITTEE:

Christopher Boer, MSPT, therapy team lead, medically complex team
Marilyn Burkhardt, LMSW, care manager, outpatient neuro adult
Katie Harrington, CTRS, recreational therapist, medically complex team
Courtney Husen, MS, OTR/L, occupational therapist, Cancer and Hematology Centers of Western Michigan, Oncology/Pain Clinic
Sarah K. Jordan, BSN, RN, CRRN, nurse coordinator, Day Rehab program
Jennifer McWain PT, MHS, CHC, compliance officer and clinical excellence specialist
Terry Milnamow, OTR/L, occupational therapy lead, medically complex team
Tina Monahan, MA, CCC-SLP, CBIS, speech-language pathologist, medically complex team
Michelle Morin, RN, BSN, registered nurse, medically complex team
Rachel Morse, CTRS, therapeutic recreation specialist, outpatient therapy
Maria Opoku-Agyeman, RN, CRRN, CBIS, nursing director, Spinal Cord Injury, Pediatrics, Oncology and Cardiopulmonary programs
Bonita M. Pawloski, MEd, R.T.(R)(T)(ARRT), director of Education
Kimberley Paszkowski, MD, CCC-SLP, program manager, outpatient neuro
Kirk Randall, PT, MS, outpatient therapy, oncology team lead
Corinthia Sain, RDN, clinical nutrition manager, Nutrition Services
Meagan Smith, D.O., physiatrist, oncology program
Colleen Sullivan, M.D., physiatrist, oncology program

CONTINUING PROFESSIONAL EDUCATION

Mary Free Bed Rehabilitation Hospital is accredited by Michigan State Medical Society to provide continuing medical education for physicians.

Mary Free Bed Rehabilitation Hospital designates this live educational activity for a maximum of **7.25 AMA PRA Category 1 Credit(s)[™]**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Mary Free Bed Rehabilitation Hospital is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. **7.25 contact hours** will be awarded for successful completion.

This continuing education program has been submitted for **7.25 clock hours** as recognized by the Michigan Social Work Continuing Education Collaborative.

This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with **7.25 clock hour(s)**.

This program has been submitted to the Michigan Physical Therapy Association for **7.25 credit hours** of physical therapy education in Michigan.

Mary Free Bed is an AOTA Approved Provider of continuing education. Provider #11133. Full attendance at this course qualifies for **7.25 contact hours** or 0.725 CEUs in the Category 1 Domain of OT and Category 2 Occupational Therapy Process. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course level: Conference: Mixed.



Certificates will be awarded and emailed to participants who attend the conference, submit a completed evaluation and complete a sign-in form. The number of continuing education credits/units awarded will be based on the hours attended and the requirements of the specific accreditation body.

Certificates will be emailed within four to six weeks of the conference date.

REGISTRATION FORM

Attendees MUST register online. Copy and paste the URL below, and use Google Chrome, Firefox or Safari (not Internet Explorer):

<https://cvent.me/NVv4xY>

PAYMENT OPTIONS

Credit card: Visa or Mastercard

Check: Attendee MUST complete the online registration and indicate payment as "check."

Please make check payable to: Mary Free Bed Fund/Cancer Conference '20

Mail check to:

Attn: Medical Education/Cancer Conference Registration
Mary Free Bed Rehabilitation Hospital
235 Wealthy St. SE
Grand Rapids, MI 49503-5247

** A service fee of \$35 will be assessed for all checks returned for insufficient funds or for charges made to closed accounts.*

REGISTRATION CONFIRMATION

You will receive immediate confirmation via email. If you do not receive a confirmation, please call 616.840.9865.

REFUND POLICY

Registrants unable to attend may send an alternate with prior written notification. The original registrant will need to edit their online registration form to include the details of the alternate attendee. The registration fee, less a \$75 service charge, is refundable if written notice of cancellation is received by April 3. No refunds will be issued for cancellations received after this date or for non-attendance.

CANCELLATION OR REPLACEMENT OF SPEAKER

In the event of an activity cancellation, the liability of Mary Free Bed Rehabilitation Hospital will be limited to a full or partial refund of registration fees. Mary Free Bed will not be responsible for travel or hotel expenses. Mary Free Bed reserves the right to substitute an equally qualified speaker.

DRESS CODE

Business casual. The conference room temperature can fluctuate; bring a sweater or jacket.

CONFERENCE FEES

| | Early Bird* – Through 3/20 | After 3/20 |
|--|--------------------------------|--------------------------------|
| MFB Professionals/Network | <input type="checkbox"/> \$150 | <input type="checkbox"/> \$175 |
| Professional Staff (outside MFB/Network) | <input type="checkbox"/> \$175 | <input type="checkbox"/> \$200 |
| Residents/Students | <input type="checkbox"/> \$ 75 | <input type="checkbox"/> \$100 |
| Survivors and Family Members** | <input type="checkbox"/> \$ 50 | <input type="checkbox"/> \$ 60 |

**To be eligible for the Early Bird special, you must register by: March 20.*

***No CEs available*

If you require special arrangements to fully participate in this symposium, please call 616.840.9865.

