



Mary Free Bed
Rehabilitation Hospital



2020 ORTHOTIC FABRICATION WORKSHOP

Friday, May 15 and Saturday, May 16

Friday – Immobilization orthoses

Saturday – Mobilization orthoses

LOCATION

Mary Free Bed Professional Building
Meijer Conference Center
350 Lafayette Ave. SE
Grand Rapids, MI 49503

COURSE DESCRIPTION

Introduction to immobilization or mobilization splinting, including indications and diagnoses, and the selection of appropriate materials, including thicknesses, perforations, types and properties of materials. Various types of splints will be demonstrated. Hands-on lab time is scheduled for practice of each splint by each participant.

COURSE INSTRUCTOR

Deborah A. Schwartz, OTD, OTR/L, CHT
Product and Educational Specialist,
Orfit® Industries America



Debby is a hand therapist with over 34 years of experience as a practicing clinician. She has worked at Orfit Industries America for more than 10 years, promoting product awareness and offering a variety of educational programming on orthotic fabrication. An active member of the American Society of Hand Therapy, Debby has participated in International Federation of Societies of Hand Therapy meetings as well. She's presented on a variety of hand therapy topics at both national and international conferences and has written many articles for hand therapy publications, including the Journal of Hand Therapy, the British Journal of Hand Therapy, HAND, www.exploringhandtherapy.com and OT Practice.

Debby completed her doctorate of Occupational Therapy at Rocky Mountain University of Health Professions. She teaches orthotic fabrication workshops for Orfit Industries America for both student occupational therapists and advanced clinicians. She is an adjunct professor in the occupational therapy department at Touro College in New York City, where she teaches orthotic fabrication and an elective on hand therapy. Debby is writing several book chapters for hand therapy references and collaborating on a textbook of orthotic fabrication.

COURSE OBJECTIVES

Upon completion of this course, participants will be able to:

1. Describe indications, precautions and contraindications for orthotic interventions for the upper extremity
2. Discuss mechanical properties required to fabricate low temperature thermoplastic immobilization/mobilization orthoses for the upper extremity
3. Demonstrate skills in handling different thermoplastic materials
4. Employ skills necessary to successfully fabricate and fit orthoses
5. Discuss the importance and benefits of immobilization/mobilization orthoses for clients

TARGET AUDIENCE

Occupational Therapists, Physical Therapists, Hand Therapists, Occupational Therapy Assistants, Physical Therapy Assistants, Students

CONTENT FOCUS

Domain of OT: Performance Skills, Client Factors, Context

Occupational Therapy Process: Intervention

CONTENT LEVEL

Introductory, Intermediate

AGENDA

Friday, May 15 – Immobilization Orthoses

7:30-8 a.m.	Registration/Continental breakfast (provided)
8 a.m.-5:30 p.m.	Immobilization splinting lecture, demonstrations and hands-on labs (lunch provided)

Immobilization splints:

- Assorted finger orthoses
- Short opponens
- Anti ulnar drift
- MP block
- MO
- Circumferential wrist

Saturday, May 16 – Mobilization Orthoses

7:30-8 a.m.	Registration/Continental breakfast (provided)
8 a.m.-5:30 p.m.	Mobilization splinting lecture, demonstrations and hands-on labs (lunch provided)

Mobilization splints:

- Low profile no outrigger radial nerve palsy
- Dart thrower motion orthosis
- PIP dynamic flexion
- Static progressive sup/pro

PLANNING COMMITTEE

Kelly Nye, OTR/CHT

Amy Konwinski, MS, OTRL

Bonita M. Pawloski, M.Ed.,R.T.(R)(T)(ARRT)

Christina Platko, PT, DPT

DISCLOSURES

Planning Committee

The Planning Committee members do not have any relevant financial relationships or non-financial relationships to disclose.

Speaker

Debby Schwartz, OTD, OTR/L, CHT

Financial – Employed as a product and educational specialist, Orfit® Industries America; adjunct professor, occupational therapy department at Touro College, New York City; receiving honorarium

Nonfinancial – No relevant nonfinancial relationship exists

CONTINUING PROFESSIONAL EDUCATION

Mary Free Bed is an AOTA Approved Provider of continuing education. Provider #11133. Full attendance at this course qualifies for 16.0 contact hours or 1.6 CEUs in the Category 1 Domain of OT; Performance Skills, Client Factors, Context and Category 2 Occupational Therapy Process: Intervention. Course level: Introductory, Intermediate



This program has been submitted to the Michigan Physical Therapy Association for 16.0 credit hours of physical therapy education in Michigan.

Certificates will be awarded and emailed to participants who attend the course, complete the required evaluation, and sign in. The number of continuing education credits/units awarded will be based on the hours attended and the requirements of the specific accreditation body. Certificates will be sent within four to six weeks of course date.

Course Fees

MFB Professionals/Network: \$375

Professional Staff (outside MFB/Network): \$450

Course fee includes course materials, continental breakfast and lunch.

Registration Form

Participant Information (please print)

You must complete the entire section to register.

Name: _____

Credentials (degrees/certifications): _____

Title: _____

Organization: _____

Address: _____

City/State/Zip: _____

Phone: _____

Fax: _____

Email: _____

Name as it should appear on badge: _____

Payment Information

Check enclosed payable to: Mary Free Bed Fund/Orthotic Fabrication Workshop '20

Please select one: Visa MasterCard

Card number: _____

Exp. date: _____

Name as it appears on card: _____

Billing address for card: _____

Card-holder's signature: _____

Card-holder's phone: _____

Continuing Education Credits (CEUs)

General Certificate of Attendance

MPTA (PT, PTA)

AOTA (OT, OTA)



If you require special arrangements to fully participate in this workshop, please call 616.840.8292.

Three Easy Ways to Register and Pay

Space is limited, and registrations will be accepted in the order received. Fee includes continental breakfast, lunch and course materials. Due to the lab practicum format for this course, attendance will be strictly limited. Early registration is strongly advised.

1.) Mail

Complete the attached registration form and mail to:
Bonita Pawloski, Director of Education, Mary Free Bed
Rehabilitation Hospital
235 Wealthy St. SE
Grand Rapids, MI 49503
Payment option: Check, Visa or MasterCard

2.) Fax

Complete the attached registration form and fax to:
616.840.9626 / Attn: Orthotic Fabrication Workshop
Payment option: Visa or Mastercard

3.) Email

Complete the attached registration form and email to:
medical.education@maryfreebed.com /
Attn: Orthotic Fabrication Workshop
Payment option: Visa or Mastercard

Please make check payable to: Mary Free Bed Fund/
Orthotic Fabrication Workshop '20

**A service fee of \$35 will be assessed for all checks returned for insufficient funds or for charges made to closed accounts.*

Registration Confirmation

Registration will be taken in the order in which the registration form and payment is received. Payment must accompany the registration form to confirm a seat for this course. You will receive email confirmation of your registration within 10 business days. If you do not receive confirmation, please contact the Medical Education Department at 616.840.9865 or medical.education@maryfreebed.com.

Refund Policy

Registrants unable to attend may send an alternate with prior written notification. The alternate must complete a registration form. The registration fee, less a \$125 service charge, is refundable if written notice of cancellation is received by April 17. No refunds will be issued for cancellations received after April 20 or for non-attendance.

Cancellation or Replacement of Speaker

Although unlikely, in the event of an activity cancellation, the liability of Mary Free Bed Rehabilitation Hospital will be limited to a full or partial refund of registration fees. Mary Free Bed will not be responsible for the refund of travel or hotel expenses. Mary Free Bed will alert registered attendees via email if the course is cancelled. Mary Free Bed reserves the right to substitute an equally qualified speaker.

Parking

Use the parking ramp directly south of 350 Lafayette Ave. SE, labeled C.

Dress Code

Business casual. The conference room temperature can fluctuate; bring a sweater or jacket.

For questions, contact the Medical Education Department at medical.education@maryfreebed.com or 888.492.9934.