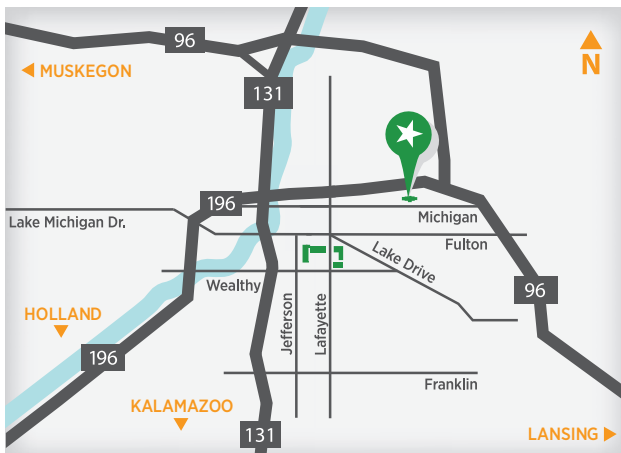
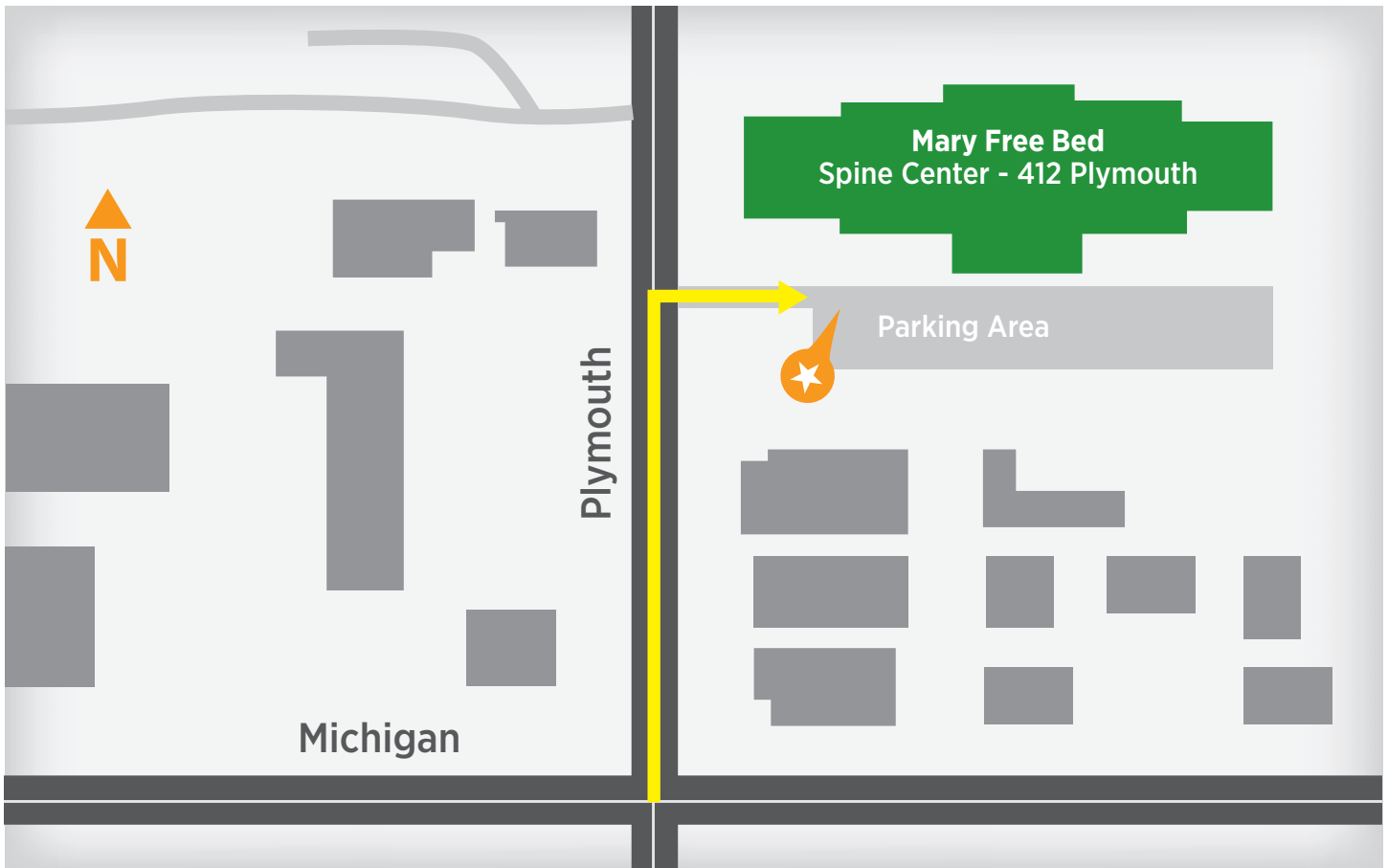


PARKING DIRECTIONS

THE SPINE CENTER

Restoring Hope and *Freedom*
Mary Free Bed
Rehabilitation Hospital



The Spine Center

412 Plymouth Ave NE
Grand Rapids, MI 49505

GENERAL DIRECTIONS TO MARY FREE BED

Visit www.maryfreebed.com. Click on "Get Directions" at the bottom of the home page.

CONTACT US

616.840.8000 or 800.528.8989

PARKING DIRECTIONS

THE SPINE CENTER

The Mary Free Bed Spine Center is located at 412 Plymouth Avenue NE in the upper level of the Plymouth Office Center.

From the North

- 131 South to 196 east
- Take Fuller Street exit and turn right onto Fuller Avenue
- Continue south on Fuller to Michigan Street
- Turn left onto Michigan
- Continue east on Michigan to Plymouth Avenue
- Turn left onto Plymouth
- The first driveway on the right (just past the apartment building at the corner) is the Plymouth Office Center upper level parking lot

From the South

- 131 North to 196 east
- Take Fuller Street exit and turn right onto Fuller Avenue
- Continue south on Fuller to Michigan Street
- Turn left onto Michigan
- Continue east on Michigan to Plymouth Avenue
- Turn left onto Plymouth
- The first driveway on the right (just past the apartment building at the corner) is the Plymouth Office Center upper level parking lot

From the East

- 196 west to the Fuller Street exit
- Take Fuller Street exit and turn left onto Fuller Avenue
- Continue south on Fuller to Michigan Street
- Turn left onto Michigan
- Continue east on Michigan to Plymouth Avenue
- Turn left onto Plymouth
- The first driveway on the right (just past the apartment building at the corner) is the Plymouth Office Center upper level parking lot

From the West

- 196 east to the Fuller Street exit
- Take Fuller Street exit and turn right onto Fuller Avenue
- Continue south on Fuller to Michigan Street
- Turn left onto Michigan
- Continue east on Michigan to Plymouth Avenue
- Turn left onto Plymouth
- The first driveway on the right (just past the apartment building at the corner) is the Plymouth Office Center upper level parking lot