

SUB-ACUTE REHABILITATION PROGRAM

Mary Free Bed
Rehabilitation Hospital

Mary Free Bed's Sub-Acute Rehabilitation Program focuses on getting people better and getting them home. Our program is located on the fifth floor of our hospital in an environment designed to promote healing in a peaceful atmosphere. Our interdisciplinary team of rehabilitation experts and skilled nurses works together to help patients achieve their highest level of independence. A joint venture between Mary Free Bed Rehabilitation Hospital and Trinity Health Senior Communities elevates sub-acute care to a new level.

YOUR CARE

We provide comprehensive and coordinated inpatient treatment customized to help patients recover from illness, injury or surgery. We treat adult patients of all ages whose physicians have made a referral for sub-acute care. Skilled nursing and rehabilitation is available for many conditions, including:

- Multiple injuries, including complex fractures
- Stroke
- Amputation
- Cancer
- Heart attacks and cardiac surgery
- General weakness or deconditioning after illness or surgery
- Orthopedic surgeries, including laminectomy/fusion, hip and joint replacement and hip fracture repair

YOUR SUB-ACUTE TEAM

Physicians

- Attending physicians directly oversee your care with 24-hour coverage for emergencies
- Mary Free Bed specialized physicians are available for rehabilitation consultations
- Physician Assistants provide direct patient care

Nurses

- Mary Free Bed uses a registered-nurse-based staffing model
- Experienced staff trained to treat complex conditions

Therapists

- Mary Free Bed therapists include physical and occupational therapists, speech-language pathologists and recreational therapists

Neuropsychologists and rehabilitation psychologists are available as needed

YOUR SUB-ACUTE REHABILITATION

Treatment is goal-oriented. Our team of physicians, skilled nurses and physical, occupational, speech-language and recreational therapists works with you to develop a rehabilitation plan based on your individual needs and how much activity you can tolerate. In addition to our leading-edge technology and gyms, your therapists have access to all of the hospital's specialized services. The Sub-Acute Program features:

- 48 private rooms with ceiling-mounted lift systems
- Two neighborhoods with dining areas serving fresh food
- Ceiling-mounted ambulation technology
- Two therapy gyms including:
 - Tollos harness system for gait training
 - Sci Fit C3 for balance training and core stabilization
 - Moto Med arm and leg trainer with passive and active ROM capabilities
- An apartment to practice daily living skills
- Patient safety technology
- Radiology, respiratory therapy and laboratory services on campus
- Salon and spa
- Access to Mary Free Bed vans for community reintegration training
- Reflective day space



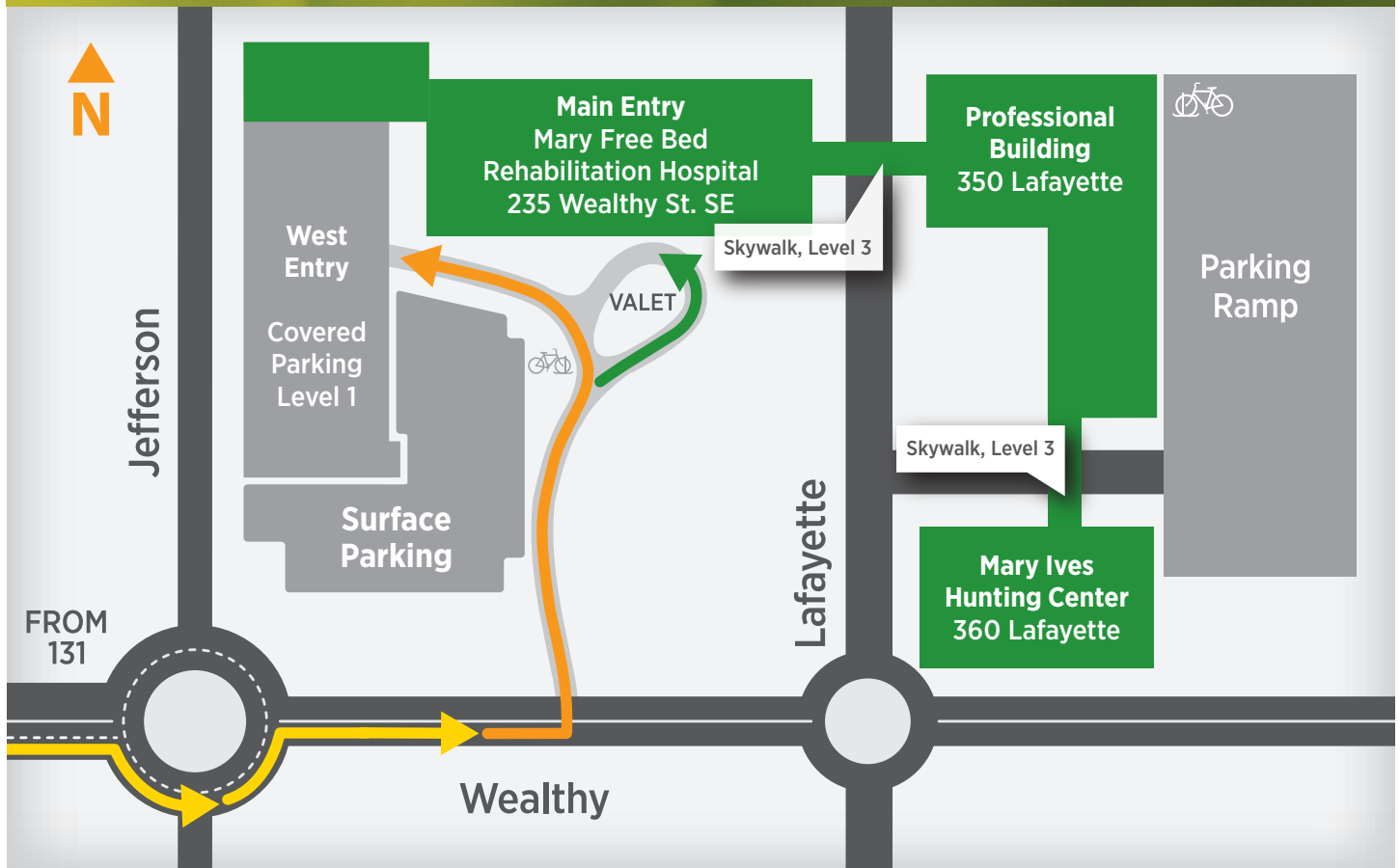
CONTACT US

For more information or to schedule a tour:
Call 616.840.8930
Email askmfbsubacute@maryfreebed.com

SUB-ACUTE PARKING

MARY FREE BED REHABILITATION HOSPITAL CAMPUS

Mary Free Bed
Rehabilitation Hospital



PARKING OPTIONS

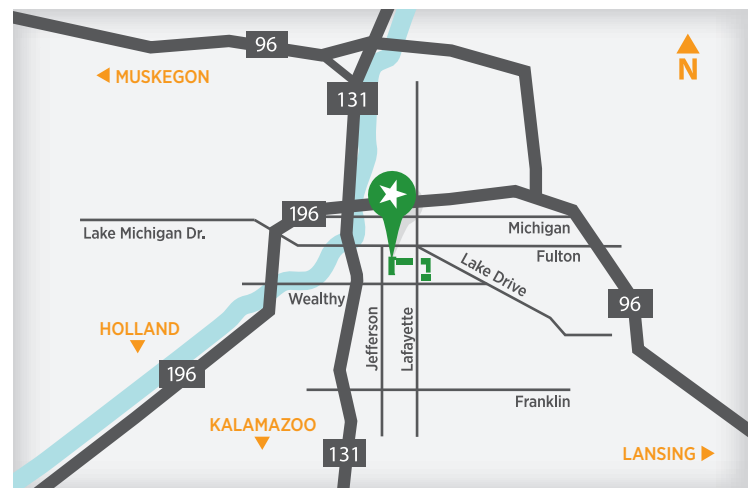
- Complimentary valet parking available in the circle drive at the main hospital entrance (235 Wealthy St. SE)
- Covered parking on level one in the west entry
- Surface parking adjacent to the west entry off the main circle drive

DIRECTIONS TO SUB-ACUTE PROGRAM

- Park on level one of the west entry parking ramp
- Enter the door at the north end of level one
- Elevators are to the right of the entry corridor
- Sub-Acute Rehabilitation is on the 5th floor
- Turn right and follow signs to patient rooms

GENERAL DIRECTIONS TO MARY FREE BED

Visit www.maryfreebed.com. Click on "Get Directions" at the bottom of the home page.



Mary Free Bed

Sub-Acute Rehabilitation 616.840.8930 | 235 Wealthy St. SE | Grand Rapids, MI 49503 | maryfreebed.com/sub-acute