

Mary Free Bed
Rehabilitation Hospital

2018
Mary Free Bed
Rehabilitation
Hospital
**Stroke
Conference**

Thursday, Nov. 1

Registration/Breakfast 7 a.m.

Conference 8 a.m. – 4 p.m.

Prince Conference Center at Calvin College

1800 E. Beltline SE

Grand Rapids

616.526.7200 or 1.866.526.7200



Overview

Rehabilitation professionals are continually exploring ways to enhance their treatments to improve patient outcomes. The 2018 Stroke Symposium will explore current research related to the care of patients who have experienced stroke, and connecting the functional levels across the health care continuum. Rehabilitation specialists will gain knowledge in the importance of: how a home assessment can assist with a successful return home, managing incontinence, the role of recreational therapists in stroke rehabilitation, communication with the use of adaptive and assistive devices, and the management of tracheostomies and related issues. All members of the health care team will benefit from the concluding discussion on family communication strategies.

Target Audience

Physicians • Medical Residents/Students • Nurses/Nurse Practitioners/Students • Physician Assistants/Students • Occupational, Physical, Recreational and Speech Therapists/Students • Psychologists • Social Workers • Exercise Physiologists • Rehabilitation Program Administrators • Rehabilitation Specialists • Case Managers • Claims Specialists • Attorneys • Other Professionals Involved in Stroke Care

Outcomes

By attending the 2018 Stroke Conference, participants will be able to discuss current research related to implementing a learning health system to evaluate mobility across the stroke post-acute care continuum and enhancing therapy through active time. Attendees will be able to explain the importance of home assessments to assist with return to home, methods of managing incontinence, and the important role of recreation therapists in stroke rehabilitation. Those in attendance will be able to describe the use of adaptive and assistive devices for improved communication and management strategies for tracheostomies and related issues. Attendees will also be able to discuss strategies for optimal family communication.

Faculty

Carmin Bartow, MS, CCC-SLP, BCS-S, speech pathologist, Vanderbilt University Medical Center

Marghuretta Bland, PT, DPT, NCS, MSCI, assistant professor, Washington University School of Medicine in St. Louis

Carla Chase, EdD, OTR/L, professor and interim chair, Department of Occupational Therapy, Western Michigan University

Dawn De Vries, DHA, MPA, CTRS, assistant professor and program chair, Therapeutic Recreation, Grand Valley State University

Cora Hargis, PT, DPT, physical therapist, Mary Free Bed Rehabilitation Hospital

Melissa Hoffmann, MA, CCC-SLP, ATP, assistive technology professional, Mary Free Bed Rehabilitation Hospital

Allan J. Kozlowski, Ph.D., B.Sc. (PT), director of outcomes research, John F. Butzer Center for Research & Innovation, Mary Free Bed Rehabilitation Hospital; assistant professor, Department of Epidemiology and Biostatistics, Michigan State University College of Human Medicine

Michael Reiffer, LMSW, clinic manager, Pine Rest Christian Mental Health Services

Keri Spangenberg, PT, physical therapist, Pelvic and Abdominal Rehabilitation, Mary Free Bed Rehabilitation Hospital

Susan Sunden, MEd, CTRS, assistant professor, Therapeutic Recreation, Grand Valley State University

Roberta Virva, MS, PT, clinical research project manager, John F. Butzer Center for Research & Innovation, Mary Free Bed Rehabilitation Hospital

Disclosures

Planning Committee

The Planning Committee Members do not have any relevant financial relationships or non-financial relationships to disclose.

Speakers

Carmin Bartow, MS, CCC-SLP, BCS-S

Financial – Employed as a speech pathologist, Vanderbilt University Medical Center; receiving honorarium.

Nonfinancial – No relevant nonfinancial relationship exists.

Marghuretta Bland, PT, DPT, NCS, MSCI

Financial – Employed as an assistant professor, Washington University School of Medicine in St. Louis; receiving honorarium.

Nonfinancial – No relevant nonfinancial relationship exists.

Carla Chase, EdD, OTR/L

Financial – Employed as a professor and interim chair, Department of Occupational Therapy, Western Michigan University.

Nonfinancial – No relevant nonfinancial relationship exists.

Dawn De Vries, DHA, MPA, CTRS

Financial – Employed as an assistant professor and program chair, Therapeutic Recreation, Grand Valley State University

Nonfinancial – No relevant nonfinancial relationship exists.

Cora Hargis, PT, DPT

Financial – Employed as a physical therapist, Mary Free Bed Rehabilitation Hospital

Nonfinancial – No relevant nonfinancial relationship exists.

Melissa Hoffmann, MA, CCC-SLP, ATP

Financial – Employed as an assistive technology professional, Mary Free Bed Rehabilitation Hospital

Nonfinancial – No relevant nonfinancial relationship exists.

Allan J. Kozlowski, Ph.D., B.Sc. (PT)

Financial – Employed as the director of outcomes research, John F. Butzer Center for Research & Innovation, Mary Free Bed Rehabilitation Hospital and as an assistant professor, Department of Epidemiology and Biostatistics, Michigan State University College of Human Medicine

Nonfinancial – No relevant nonfinancial relationship exists.

Michael Reiffer, LMSW

Financial – Employed as the clinic manager, Pine Rest Christian Mental Health Services

Nonfinancial – No relevant nonfinancial relationship exists.

Keri Spangenberg, PT

Financial – Employed as a physical therapist in Pelvic and Abdominal Rehabilitation, Mary Free Bed Rehabilitation Hospital

Nonfinancial – No relevant nonfinancial relationship exists.

Susan Sunden, MEd, CTRS

Financial – Employed as an assistant professor, Therapeutic Recreation, Grand Valley State University

Nonfinancial – No relevant nonfinancial relationship exists.

Roberta Virva, MS, PT

Financial – Employed as clinical research project manager, John F. Butzer Center for Research & Innovation, Mary Free Bed Rehabilitation Hospital

Nonfinancial – No relevant nonfinancial relationship exists.

Agenda

7 – 7:55 a.m.	Registration/Continental Breakfast/Exhibits Open
All Attendees	
7:55 – 8 a.m.	Welcome- Benjamin Bruinsma, MD, Medical Director of Stroke Program, Mary Free Bed Rehabilitation Hospital
All Attendees	
8 – 9:15 a.m.	Marghuretta Bland, PT, DPT, NCS, MSCI, assistant professor, Washington University School of Medicine in St. Louis <i>Topic: Enhancing Therapy Through Active Time</i>
9:15 – 10:15 a.m.	Allan J. Kozlowski, Ph.D., B.Sc. (PT), director of outcomes research, John F. Butzer Center for Research & Innovation, Mary Free Bed Rehabilitation Hospital; assistant professor, Department of Epidemiology and Biostatistics, Michigan State University College of Human Medicine Roberta Virva, MSPT, research coordinator, John F. Butzer Center for Research & Innovation, Mary Free Bed Rehabilitation Hospital <i>Topic: Implementing a Learning Health System to Evaluate Mobility Across the Stroke Post-Acute Care Continuum</i>
10:15 – 10:35 a.m.	Refreshments/Networking Break/Exhibits
Break Out Session #1	
10:35 – 11:35 a.m.	Carla Chase, EdD, OTR/L, professor and interim chair, Department of Occupational Therapy, Western Michigan University <i>Topic: Home Assessments for a Successful Return to Home</i>
Break Out Session #2	
10:35 – 11:35 a.m.	Carmin Bartow, MS, CCC-SLP, BCS-S, speech pathologist, Vanderbilt University Medical Center <i>Topic: Tracheostomy Teams</i>
All Attendees	
11:35 a.m. – 12:35 p.m.	Lunch/Networking Break/Exhibits
Break Out Session #3	
12:35 – 1:35 p.m.	Keri Spangenberg, PT, Pelvic and Abdominal Rehabilitation, Mary Free Bed Rehabilitation Hospital Cora Hargis, PT, Pain Center, Mary Free Bed Rehabilitation Hospital <i>Topic: Incontinence Management Strategies</i>
Break Out Session #4	
12:35 – 1:35 p.m.	Carmin Bartow, MS, CCC-SLP, BCS-S, speech pathologist, Vanderbilt University Medical Center <i>Topic: Post-extubation Dysphagia</i>
Break Out Session #5	
1:35 – 2:35 p.m.	Dawn De Vries, DHA, MPA, CTRS, assistant professor and program chair, Therapeutic Recreation, Grand Valley State University Susan Sunden, MEd, CTRS, assistant professor, Therapeutic Recreation, Grand Valley State University <i>Topic: The Role of Recreation Therapy in Stroke Rehabilitation</i>
Break Out Session #6	
1:35 – 2:35 p.m.	Melissa Hoffmann, MA, CCC-SLP, ATP, assistive technology professional, Mary Free Bed Rehabilitation Hospital <i>Topic: Assistive and Adaptive Equipment</i>
All Attendees	
2:35 – 2:55 p.m.	Refreshments/Networking Break/Exhibits
All Attendees	
2:55 – 3:55 p.m.	Michael Reiffer, LMSW, clinic manager, Pine Rest Christian Mental Health Services <i>Topic: Family Communication Strategies</i>
3:55 p.m.	Conclusion/Evaluation

Stroke Conference Committee Members

Steve Brodnicki, PT, MS, GCS, director of Rehabilitation

Benjamin Bruinsma, MD, medical director of Stroke Program

Deidre Butkus, BA, Medical/Allied Health education coordinator

Jill Hennessey MSN/ED, RN, nurse educator

Sarah Hofbauer, MA, CCC-SLP, Stroke Program

Lauren Lenca, PT, DPT, PT team leader, Stroke Program

Matthew Parrish, CTRS, Inpatient Recreational Therapy

Bonita Pawloski, MEd, RT(R)(T)(ARRT), director of Education

Christina Platko, PT, DPT, board certified specialist in Neurologic Physical Therapy, director of Physical Therapy Neurological Residency Program

Danielle Skinner, RDN, manager of Nutrition Services

Kenneth Smith, MS, OTR/L, OT team leader, Stroke Program

Louise Sommer, LMSW, MSM, Stroke Program

Robin Vanderveen, RN, BS, CRRN, director of Nursing

Continuing Professional Education

Mary Free Bed Rehabilitation Hospital is accredited by Michigan State Medical Society to provide continuing medical education for physicians.

Mary Free Bed Rehabilitation Hospital designates this live educational activity for a maximum of **6.25 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Mary Free Bed Rehabilitation Hospital is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. **6.25 contact hours** will be awarded for successful completion.

This continuing education program has been submitted for **6.25 clock hours** as recognized by the Michigan Social Work Continuing Education Collaborative.

This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with **6.25 clock hour(s)**.

This program has been submitted to the Michigan Physical Therapy Association for **6.25 credit hours** of physical therapy education in Michigan.

This activity has been submitted to the Calvin College Speech Pathology and Audiology Department for approval of ASHA credit.

This course offers up to **0.6 ASHA CEUs** (Intermediate level, Related area)



Certificates will be awarded and emailed to participants who attend the symposium, submit a completed evaluation form and complete a sign-in form. The number of continuing education credits/units awarded will be based on the hours attended and the requirements of the specific accreditation body.

Certificates will be emailed within three weeks of the conference date.

3 Easy Ways to Register and Pay

1.) Online registration

Please copy and paste the url below and use Google Chrome, Firefox or Safari (not Internet Explorer)
<https://www.regonline.com/2018-MaryFreeBed-StrokeConference>
Payment option: Visa or Mastercard

2.) Mail

Complete the attached registration form and mail to:
Attn: Medical Education/Stroke Registration
Mary Free Bed Rehabilitation Hospital
235 Wealthy St. SE, Grand Rapids, MI 49503-5247
Payment option: check, Visa, or Mastercard

3.) Fax

Complete the attached registration form and fax to:
616.840.9626 / Attn: Medical Education/Stroke Registration
Payment option: Visa or Mastercard

Please make check payable to: MFBRH Corp./ Stroke '18
* A service fee of \$35 will be assessed for all checks returned for insufficient funds or for charges made to closed accounts.

Registration Confirmation

Registration will be taken in the order in which payment is received. Payment must accompany the registration form to confirm a seat at this symposium. If registering online, you will receive immediate confirmation via email. If registering by mail or fax, you will receive confirmation of your registration within 10 business days. If you do not receive a confirmation, please call 616.840.8292

Refund Policy

Registrants unable to attend may send an alternate with prior written notification. The alternate must complete a registration form. The registration fee, less a \$75 service charge, is refundable if written notice of cancellation is received by Oct. 12. No refunds will be issued for cancellations received after Oct. 12.

Cancellation or Replacement of Speaker

In the event of an activity cancellation, the liability of Mary Free Bed Rehabilitation Hospital will be limited to a full or partial refund of registration fees. Mary Free Bed reserves the right to substitute an equally qualified speaker.

Location

Prince Conference Center at Calvin College

1800 East Beltline Ave. SE
Grand Rapids, MI 49546-5951
616.526.7200

Registrants are responsible for hotel arrangements, if needed. Please note when making your room reservations that you will be attending the "Mary Free Bed Stroke Symposium" on Thursday, Nov. 1.

Dress Code

Business casual. The conference room temperature can fluctuate; it is recommended you bring a sweater or jacket.



If you require special arrangements to fully participate in this symposium, please call: 616.840.8292

Registration Form

Symposium Fees

Early Bird* – Through 10/19 After 10/19

MFB Professionals/Network	<input type="checkbox"/> \$150	<input type="checkbox"/> \$175
Professional Staff (outside MFB)	<input type="checkbox"/> \$175	<input type="checkbox"/> \$200
Residents/Students	<input type="checkbox"/> \$75	<input type="checkbox"/> \$100
Stroke Survivors and Family Members	<input type="checkbox"/> \$50	<input type="checkbox"/> \$60

*To be eligible for the **Early Bird Special**, you must register by: Oct. 19.

Breakout Session Selections

Select only one session per time slot. Refer to agenda for session descriptions.

10:35 a.m.:	<input type="checkbox"/> Session #1	<input type="checkbox"/> Session #2
12:35 p.m.:	<input type="checkbox"/> Session #3	<input type="checkbox"/> Session #4
1:35 p.m.:	<input type="checkbox"/> Session #5	<input type="checkbox"/> Session #6

Participant Information – (Please print)

You must complete this ENTIRE SECTION to register!

Name: _____

Credentials (Degrees/Certifications): _____

Title: _____

Organization: _____

Address: _____

City/State/Zip: _____

Phone Number: () _____

Fax Number: () _____

E-mail Address: _____

Payment Information

Check enclosed payable to: MFBRH Corp. /Stroke '18

Please select one: Visa MasterCard

Card numbers _____ - _____ - _____ - _____

Name (as it appears on card): _____

Expiration date: _____ / _____

Cardholder's signature: _____

Cardholder's phone number: () _____

Continuing Education Credits (CEU's)

Choose one:

ASHA (Speech Language Pathologists- Account # required at sign in)

No Certificate of Attendance needed

CCMC (Case Manager)

CME (Continuing Medical Education for Physicians, Psychologists and Mid-Level Providers)

General Certificate of Attendance (OT, OTA, CTRS, etc.)

Continuing Nursing Education (LPNs, MSNs, RNs)

State license number required at sign in.

MPTA (PT, PTA)

MSW/CEC (Social Workers – State License # required at sign in)

State license number required at sign in.

Check Here for Special Dietary Considerations

Vegetarian

Gluten-Free