

PRECHTL'S GENERAL MOVEMENT ASSESSMENT:

Basic and Advanced Courses

Oct. 3-6, 2019

LOCATION

Mary Free Bed
Professional Building
Meijer Conference Center
350 Lafayette Ave. SE, Grand Rapids, MI 49503

TARGET AUDIENCE:

Neonatologists, pediatric neurologists, pediatricians, physiatrists, physical therapists, psychiatrists, psychologists, occupational therapists, registered nurses and other professionals in the field of infant neurology.

COURSE INSTRUCTORS:

Basic Course - Colleen Peyton, PT, DPT, assistant professor of Physical Therapy and Human Movement Sciences at Northwestern University, Chicago, Illinois

Advanced Course - Andrea Guzzeta, MD, PhD, associate professor of Child Neurology and Psychiatry at the University of Pisa in Pisa, Italy

CONTACT:

medical.education@maryfreebed.com or 616.840.8292

CONFERENCE DESCRIPTION

The Mary Free Bed Rehabilitation Hospital Education Department is proud to offer the basic and advanced general movement assessment courses. Research conducted in the last 20 years has shown that the qualitative assessment of spontaneous movement in the fetus, newborn and young infant is an early and reliable indicator for diagnosis and prognosis of neurological disorders. Compelling evidence is now available that qualitative assessment of General Movements — a specific type of spontaneous movement — under the age of five months is the best predictor of cerebral palsy. This course fulfills the standards specified by the Generalized Movement Trust. (www.general-movements-trust.info) The course will consist of lessons, demonstration and discussion of video recordings. Lectures will alternate with exercises in small groups with videos prepared by the tutors.

At the end of the course, participants will be required to take a final test to receive a certificate of reliability in this method of assessment.

***Participants registering for the advanced course must have completed the basic training course prior to attending the advanced course. Advanced course participants will learn more detailed scoring systems and will have the opportunity to review their own recordings with the tutor.

BASIC COURSE OBJECTIVES

Upon completion of this course, participants will be able to:

- Assess typically developing infants using the General Movement Assessment;
- Assess infants with brain lesions using the General Movement Assessment;
- Describe how to incorporate the General Movement Assessment technique into their clinical and research practices;
- Distinguish between typical and atypical general movements in developing infants using the General Movement Assessment.

ADVANCED COURSE OBJECTIVES

Upon completion of the course, participants will be able to:

- Assess the components of general movements including speed, amplitude, intensity and rotations during the preterm and term age;
- Evaluate the individual trajectory of developing infants using the assessment of components of general movements;
- Assess fidgety movements and the concurrent motor repertoire (movements and postures) in three- to five-month-old infants;
- Discuss their own diagnosis of developing infants using infant movement assessment illustrated with their own recordings.

FACULTY DISCLOSURE

Mary Free Bed Rehabilitation Hospital requires speakers, instructors, planners and other individuals who are in a position to control the content of this activity to disclose any relevant financial relationships. The faculty disclosures will be indicated in the course syllabus.

CONTINUING PROFESSIONAL EDUCATION

Mary Free Bed Rehabilitation Hospital is accredited by Michigan State Medical Society to provide continuing medical education for physicians.

Mary Free Bed Rehabilitation Hospital designates this live educational activity for a maximum of 21 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Mary Free Bed Rehabilitation Hospital is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. 21 contact hours will be awarded for successful completion.

This program has been submitted to the Michigan Physical Therapy Association for 21 credit hours of physical therapy education in Michigan.

Other health care professionals will receive a Certificate of Participation. For information on the applicability and acceptance of Certificates of Participation for educational activities certified for AMA PRA Category 1 Credit from organizations accredited by the ACCME, please consult your professional licensing board.

Certificates will be awarded and emailed to participants who attend the course, submit a completed evaluation form and complete a sign-in form. The number of continuing education credits/units awarded will be based on the hours attended and the requirements of the specific accreditation body.

Certificates will be emailed within three weeks of the conference date.

BASIC COURSE AGENDA

R=Research Note
DT=Demonstration + Tutorial
T=Tutorial

Thursday, Oct. 3

| | |
|-----------------------|--|
| 8:30-9 a.m. | Registration/Continental Breakfast |
| 9-9:15 a.m. | Welcome Address |
| 9:30-10:30 a.m. | When, How and Perhaps Why Do We Start to Move? (R) |
| 10:30-10:45 a.m. | Break |
| 10:45 a.m.-12:30 p.m. | Normal Preterm and Writhing GMs (DT) |
| 12:30-1:30 p.m. | Lunch |
| 1:30-3:15 p.m. | Abnormal Preterm and Writhing GMs (DT) |
| 3:15-3:30 p.m. | Break |
| 3:30-5 p.m. | Normal and Abnormal Preterm GMs (T) |
| 5 p.m. | Adjournment |

Friday, Oct. 4

| | |
|-----------------------|--|
| 8:30-9 a.m. | Registration/Continental Breakfast |
| 9-10:30 a.m. | Normal and Abnormal Writhing Movements (T) |
| 10:30-10:45 a.m. | Break |
| 10:45 a.m.-12:30 p.m. | Normal Fidgety Movements (DT) |
| 12:30-1:30 p.m. | Lunch |
| 1:30-3:15 p.m. | Abnormal and Absent Fidgety Movements (DT) |
| 3:15-3:30 p.m. | Break |
| 3:30-5 p.m. | Normal and Abnormal Fidgety Movements (T) |
| 5 p.m. | Adjournment |

Saturday, Oct. 5

| | |
|-----------------------|--|
| 8:30-9 a.m. | Registration/Continental Breakfast |
| 9-10:30 a.m. | Individual Developmental Trajectories (DT) |
| 10:30-10:45 a.m. | Break |
| 10:45 a.m.-12:30 p.m. | Individual Developmental Trajectories (T) |
| 12:30-1:30 p.m. | Lunch |
| 1:30-3:15 p.m. | GMs at Different Ages (T) |
| 3:15-3:30 p.m. | Break |
| 3:30-4:15 p.m. | GMs at Different Ages (T) |
| 4:15-5 p.m. | GMs and Prediction of CP (R) |
| 5 p.m. | Adjournment |

Sunday, Oct. 6

| | |
|-----------------------|------------------------------------|
| 8:30-9 a.m. | Registration/Continental Breakfast |
| 9-9:45 a.m. | GMs at Different Ages (T) |
| 9:45-10:30 a.m. | How to Study GMs (R) |
| 10:30-10:45 a.m. | Break |
| 10:45-11:30 a.m. | Warming Up |
| 11:30 a.m.-12:30 p.m. | Final Test |
| 12:30 p.m. | Evaluation |

ADVANCED COURSE AGENDA

R=Research Note
DT=Demonstration + Tutorial
T=Tutorial

Thursday, Oct. 3

| | |
|-----------------------|---|
| 8:30-9 a.m. | Registration/Continental Breakfast |
| 9-9:15 a.m. | Welcome address |
| 9:30-10:30 a.m. | When, How and Perhaps Why Do We Start to Move? (R) |
| 10:30-10:45 a.m. | Break |
| 10:45 a.m.-12:30 p.m. | Normal and Abnormal Writhing GMs - Recalibrating & Reliability Testing (DT) |
| 12:30-1:30 p.m. | Lunch |
| 1:30-3:15 p.m. | Detailed Scoring of Writhing GMs (DT) |
| 3:15-3:30 p.m. | Break |
| 3:30-5 p.m. | Detailed and Longitudinal Scoring of Writhing GMs (T) |
| 5 p.m. | Adjournment |

Friday, Oct. 4

| | |
|-----------------------|---|
| 8:30-9 a.m. | Registration/Continental Breakfast |
| 9-10:30 a.m. | Writhing GMs - Participants Show Their Own Tapes (T) |
| 10:30-10:45 a.m. | Break |
| 10:45 a.m.-12:30 p.m. | Normal and Abnormal Fidgety GMs- Recalibrating and Reliability Testing (DT) |
| 12:30-1:30 p.m. | Lunch |
| 1:30-3:15 p.m. | Detailed Scoring of Fidgety GMs (DT) |
| 3:15-3:30 p.m. | Break |
| 3:30-5 p.m. | Fidgety GMs - Participants Show Their Own Tapes (T) |
| 5 p.m. | Adjournment |

Saturday, Oct. 5

| | |
|-----------------------|---|
| 8:30-9 a.m. | Registration/Continental Breakfast |
| 9-10:30 a.m. | Fidgety GMs - Participants Show Their Own Tapes (T) |
| 10:30-10:45 a.m. | Break |
| 10:45 a.m.-12:30 p.m. | All Ages - Participants Show Their Own Tapes (T) |
| 12:30-1:30 p.m. | Lunch |
| 1:30-3:15 p.m. | All Ages - Participants Show Their Own Tapes (T) |
| 3:15-3:30 p.m. | Break |
| 3:30-4:15 p.m. | All Ages - Participants Show Their Own Tapes (T) |
| 4:15-5 p.m. | GMs and Prediction of CP (R) |
| 5 p.m. | Adjournment |

Sunday, Oct. 6

| | |
|-----------------------|--|
| 8:30-9 a.m. | Registration/Continental Breakfast |
| 9-10:30 a.m. | All Ages - Participants Show Their Own Tapes (T) |
| 10:30-10:45 a.m. | Break |
| 10:45-11:30 a.m. | All Ages - Participants Show Their Own Tapes (T) |
| 11:30 a.m.-12:30 p.m. | Final Test |

REGISTRATION FEE:

The registration fee includes course materials, continental breakfast, lunch and refreshment breaks each day. While registration is open until the start of the conference, we encourage early registration to enable us to provide the best possible service to participants.

Basic Course: \$900 | Early Registration \$850

Advanced Course: \$975 | Early Registration \$900

Early Registration ends Aug. 2

3 EASY WAYS TO REGISTER AND PAY

1.) Online registration

Please copy and paste the URL below and use Google Chrome, Firefox or Safari (not Internet Explorer)

[https://www.regonline.com/](https://www.regonline.com/Prechtl'sGeneralMovementAssessmentBasicandAdvanced)

[Prechtl'sGeneralMovementAssessmentBasicandAdvanced](https://www.regonline.com/Prechtl'sGeneralMovementAssessmentBasicandAdvanced)

Payment option: Visa or Mastercard

2.) Mail

Complete the attached registration form and mail to:

Attn: Medical Education/Prechtl's General Movement Assessment
Mary Free Bed Rehabilitation Hospital
235 Wealthy St. SE, Grand Rapids, MI 49503-5247

Payment option: check, Visa, or Mastercard

3.) Fax

Complete the attached registration form and fax to:

616.840.9626 / Attn: Medical Education/Prechtl's General Movement Assessment

Payment option: Visa or Mastercard

Please make check payable to: Mary Free Bed Fund/Prechtl's GMA

** A service fee of \$35 will be assessed for all checks returned for insufficient funds or for charges made to closed accounts.*

REGISTRATION CONFIRMATION

Registration will be taken in the order in which payment is received. Payment must accompany the registration form to confirm a seat at this course. If registering online, you will receive immediate confirmation via email. If registering by mail or fax, you will receive confirmation of your registration within 10 business days. If you do not receive a confirmation, please call 616.840.8292.

REFUND POLICY

Registrants unable to attend may send an alternate with prior written notification. The alternate must complete a registration form. The registration fee, less a \$150 service charge, is refundable if written notice of cancellation is received by Aug. 30. No refunds will be issued for cancellations received after Aug. 30.

CANCELLATION OR REPLACEMENT OF SPEAKER

Mary Free Bed Rehabilitation Hospital reserves the right to cancel or postpone this conference due to unforeseen circumstances. In the unlikely event this activity must be canceled or postponed, the liability of Mary Free Bed Rehabilitation Hospital will be limited to a full or partial refund of registration fees. Mary Free Bed Rehabilitation Hospital is not responsible for any related costs, charges or expenses to participants, including fees assessed by airline/travel/lodging agencies.

PARTICIPANT INFORMATION – (Please print)

You **must** complete this **ENTIRE SECTION** to register!

Name: _____

Credentials (Degrees/Certifications): _____

Title: _____

Organization: _____

Address: _____

City/State/ZIP: _____

Phone Number: _____

Fax Number: _____

Email Address: _____

PAYMENT INFORMATION

Check enclosed payable to: Mary Free Bed Fund/Prechtl's GMA

Please select one: Visa Mastercard

Card number: _____

Name (as it appears on card): _____

Expiration date: _____

Cardholder's signature: _____

Cardholder's phone number: _____

CONTINUING EDUCATION CREDITS (CEUs)

Choose one:

CME (Continuing Medical Education for Physicians, Psychologists and Mid-Level Providers)

General Certificate of Attendance (OT, OTA, CTRS, SLP, etc.)

Continuing Nursing Education (LPNs, MSNs, RNs)
State license number required at sign in.

MPTA (PT, PTA)

If you require special arrangements to fully participate in this workshop, please call 616.840.8292



Mary Free Bed Rehabilitation Hospital - Professional Building Information

Location of Course

Mary Free Bed Rehabilitation Hospital
Professional Building
Meijer Conference Center
350 Lafayette Ave. SE
Grand Rapids, MI 49503

Parking

Free parking in the ramp directly south of 350 Lafayette Ave. SE, labeled 'C'. Park on street level, enter the building at the north end of the ramp and follow signs to the Meijer Conference Center

AIRPORT, TRANSPORTATION AND LODGING INFORMATION

The closest airport (about 20 minutes from the hospital) is the Gerald R. Ford International Airport located at 5500 44th St. SE, Grand Rapids, MI 49512. www.flygrandrapids.org

Transportation options

Car Rentals (Gerald R. Ford International Airport, 5500 44th St. SE)

- Hertz - 616.233.6353
- Enterprise Rent-A-Car - 616.233.6341
- Budget Car Rental - 616.233.6336

Calder City Cab – 616.454.8080

Uber – uber.com

Lodging

Many lodging options are available in and around the Grand Rapids area including but not limited to (fees for parking vary, contact hotel for details):

Amway Grand Plaza Hotel

187 Monroe Ave. NW
Grand Rapids, MI 49503
616.774.2000
0.9 miles west of Mary Free Bed

Holiday Inn

310 Pearl St. NW
Grand Rapids, MI 49504
616.235.7611
One mile northwest of Mary Free Bed

Downtown Courtyard by Marriott

11 Monroe Ave. NW
Grand Rapids, MI 49503
616.242.6000 or 800.321.2211
One mile west of Mary Free Bed

Homewood Suites by Hilton

161 Ottawa Ave. NW
Grand Rapids, MI 49503
616.451.2300
One mile northwest of Mary Free Bed

Hampton Inn & Suites - Downtown

433 Dudley Place NE
Grand Rapids, MI 49503
616.456.2000
One mile north of Mary Free Bed

Holiday Inn Express Hotel & Suites

6569 Clay Ave. SW
Grand Rapids, MI 49548
616.871.9700
Nine miles south of Mary Free Bed

Springhill Suites by Marriott

450 Center Drive
Grand Rapids, MI 49544
616.785.1600 or 888.287.9400
Five miles north of downtown Grand Rapids

Staybridge Suites by Holiday Inn

3000 Lake Eastbrook Blvd. SE
Kentwood, MI 49512
616.464.3200
Eight miles east of Mary Free Bed

Restaurants in or near downtown

(Many other options near listed hotels)

The BOB - 1.2 mi

20 Monroe Ave. NW
Grand Rapids, MI 49503
616.356.2000
thebob.com

Buffalo Wild Wings - 1 mi

8 Ionia Ave. NW
Grand Rapids, MI 49503
616.454.9464
buffalowildwings.com

Electric Cheetah - 1 mi

1015 Wealthy St. SE
Grand Rapids, MI 49506
616.451.4779
electriccheetah.com

The Kitchen by Wolfgang Puck - 1.3 mi

187 Monroe Ave. NW
Grand Rapids, MI 49503
616.775.3230
amwaygrand.com

Cottage Bar - 0.6 mi

18 LaGrave Ave. SE
Grand Rapids, MI 49503
616.454.9088
cottagebar.biz

One Trick Pony - 0.7 mi

136 Fulton St. E
Grand Rapids, MI 49503
616.235.7669
onetrick.biz

Green Well Gastro Pub - 1.1 mi

924 Cherry St. SE
Grand Rapids, MI 49506
616.808.3566
thegreenwell.com

Johnny B'Z - 0.5 mi

638 Wealthy St. SE
Grand Rapids, MI 49503
616.551.1108
johnnybz.com

Rockwell Republic - 0.7mi

45 S Division Ave.
Grand Rapids, MI 49503
616.551.3563
rockwellsrepublic.com

Rose's - 2.7 mi

550 Lakeside Dr. SE
Grand Rapids, MI 49506
616.458.1122
thegilmorecollection.com

Stella's - 0.8 mi

53 Commerce Ave. SW
Grand Rapids, MI 49503
616.742.4444
stellasgr.com

Wealthy Street Bakery - 0.5 mi

610 Wealthy St. SE
Grand Rapids, MI 49503
616.551.3563
wealthystreetbakery.com

Derby Station - 2.5 mi

2237 Wealthy St. SE, Ste. 130
Grand Rapids, MI 49506
616.301.3236
derbystation.com

Founders Brewing Co. - 0.8 mi

235 Grandville Ave. SW
Grand Rapids, MI 49503
616.776.1195
foundersbrewing.com

Grand Rapids Brewing Co. - 0.9 mi

1 Ionia Ave. SW
Grand Rapids, MI 49503
616.458.7000
grbrewingcompany.com

The Mitten Brewing Co. - 3 mi

527 Leonard St. NW
Grand Rapids, MI 49504
616.608.5612
mittenbrewing.com

Hopcat - 0.8 mi

25 Ionia Ave. SW
Grand Rapids, MI 49503
616.451.4677
hopcat.com

Driving directions from the East (GRR Airport)

- Head east on John J Oostema Boulevard SE - 10 ft
- Make a U-turn - 0.6 mi
- Slight right toward Patterson Avenue SE -0.1 mi
- Turn right onto Patterson Avenue SE -1.9 mi
- Turn right onto M-11 E (also called 28th Street)
- Use the left two lanes to turn left to merge onto I-96 W toward Gd Rapids/Muskegon -0.5 mi
- Continue on I-96 W. -10 min (10.7 mi)
- Merge onto I-96 W -5.4 mi
- Keep left at the fork to continue on I-196 W, follow signs for Downtown Gd Rapids/Holland/G R Ford Fwy -3.9 mi
- Use the left lane to take exit 77B to merge onto US-131 S toward Kalamazoo -1.2 mi
- Take exit 84A for Wealthy Street -0.2 mi
- Turn left onto Wealthy Street
- Continue on Wealthy Street (stay in left lane)
- At the first traffic circle, continue straight onto Wealthy Street SE -0.1 mi
- At the next traffic circle, follow to the left to take Lafayette Avenue SE (North)
- Destination will be immediately on the right -420 ft