

Mary Free Bed
Rehabilitation Hospital



EXPANDING NEUROLOGIC EXPERTISE:

*Introduction to
Vestibular Rehabilitation*

**Saturday, Nov. 2 and
Sunday, Nov. 3, 2019**

LOCATION

Mary Free Bed
Professional Building
Meijer Conference Center
350 Lafayette Ave. SE, Grand Rapids, MI 49503

INTENDED AUDIENCE

Licensed physical and occupational therapists

Course Faculty: Sara Oxborough, MPT and Jennifer Nash, PT, DPT, NCS

Sara Oxborough, MPT received her Bachelor of Arts in Kinesiology in 2004, and Masters Degree in Physical Therapy in 2006 from the University of Wisconsin-Madison. Since graduation, she has been employed at the National Dizzy and Balance Center, where she currently is the director of the Physical Therapy Department. Sara is a member of the Vestibular Special Interest Group through the American Physical Therapy Association. She is the chair of the Abstract of the Week Committee.

Jennifer Nash, PT, DPT, NCS is an American Physical Therapy Association board-certified neurologic clinical specialist. She has extensive clinical experience with adults who have neurologic impairments including dizziness and balance deficits and specializes in movement disorders. Jennifer received her undergraduate degree in Exercise Physiology at University of Arizona and her masters and doctorate degrees in Physical Therapy from Northern Arizona University in 1999 and 2008, respectively. She is adjunct faculty at Touro University Nevada and has lectured at University of Nevada, Las Vegas. She is the Clinical Rehabilitation manager at the Cleveland Clinic Lou Ruvo Center for Brain Health in Las Vegas where she leads the neurologic outpatient clinic for patients with neurodegenerative diseases.

COURSE DEVELOPERS:

Susan L Whitney, PT, DPT, PhD, NCS, FAPTA

Eric Anson, PT, MPT

Melissa Bloom, PT, DPT, NCS

Lisa Brown, PT, DPT, NCS

Janet Callahan, PT, MS, NCS

Kristin DeMars, PT, DPT, NCS

Tara Denham, PT, MS

Rebecca English, PT, MSR, DPT

Paula Goga Eppenstein, PT, MS

Elizabeth Grace Georgelos, PT, MS, NCS

Carrie Hoppes, PT, DPT, OCS

Jennifer Nash, PT, DPT, NCS

Sara Oxborough, MPT

Connie Weglarz, PT, DPT, NCS

Brady Whetten, PT, DPT, GCS

COURSE DESCRIPTION:

Vestibular rehabilitation has become an integral part of physical therapy practice across the continuum of care. Many physical therapists have not had the opportunity to engage in this area of specialty practice. This course is a comprehensive offering designed to meet the needs of individuals wishing to enhance their understanding of vestibular rehabilitation to effectively manage a range of patients with vestibular disorders and to identify individuals requiring referral for specialty support. Laboratory sessions will be used to enhance the development of psychomotor skills in evaluation and management techniques associated with vestibular rehabilitation.

COURSE OBJECTIVES:

Upon completion of this course, participants will:

- Apply knowledge of vestibular/oculomotor anatomy and physiology to the differential diagnosis of vestibular disorders.
- Use information obtained from a patient history to develop one or more working hypotheses for vestibular dysfunction.
- Identify/perform tests and measures used in the examination of a patient with vestibular pathology including examination of the vestibular and oculomotor systems and positional provocation tests.
- Establish an appropriate plan of care and prognosticate outcomes for individuals with vestibular dysfunction.
- Interpret examination findings associated with patient cases.
- Recognize examination findings that are not consistent with disorders of the vestibular system and warrant physician/specialist/medical referral.

AGENDA

Saturday, Nov. 2

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| 7:30-8 a.m. | Registration/Continental Breakfast |
| 8-8:15 a.m. | Introduction and Pre-test |
| 8:15-10 a.m. | Anatomy and Physiology of the Vestibular and Oculomotor System |
| 10-10:15 a.m. | Break |
| 10:15 a.m.- Noon | Examination and Intervention: BPPV |
| Noon-1 p.m. | Lunch (provided) |
| 1-2 p.m. | Lab 1: Positional Testing and Repositioning Maneuver |
| 2-3 p.m. | Differential Diagnosis of Vestibular Disorders |
| 3-3:15 p.m. | Break |
| 3:15-4:45 p.m. | Examination: Vestibular System, Oculomotor and Postural Control and Gait |
| 4:45-5 p.m. | Questions and Answers |

Sunday, Nov. 3

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| 7:30-8 a.m. | Registration/Continental Breakfast |
| 8-8:30 a.m. | Review: BPPV/ Peripheral Deficits |
| 8:30-10 a.m. | Lab 2: Oculomotor, VOR and Gait/ Postural Control Testing |
| 10-10:15 a.m. | Break |
| 10:15 a.m.-Noon | Interventions for Vestibular Disorders |
| Noon-1 p.m. | Lunch (provided) |
| 1-2 p.m. | Lab 3: Interventions |
| 2-3 p.m. | Central Vestibular Dysfunction |
| 3-3:15 p.m. | Break |
| 3:15-4:45 p.m. | Non-Vestibular Causes of Dizziness |
| 4:45-5 p.m. | Post-test/Q & A/Evaluation |

CONTINUING EDUCATION CREDITS

This course provides for 1.6 CEUs. A post-course survey will be sent electronically to all registrants within one week after the course. The survey will contain a post-test and will assess course logistics and satisfaction. This information will help the academy meet educational standards and strategic objectives. A participant must complete the survey within one week to obtain an emailed PDF CEU certificate.

CANCELLATION POLICY

A 20 percent handling fee will be charged for cancellations received between 30 and seven days prior to the course. No refunds will be given for no-shows or cancellations less than seven days prior to the course. On-site registrations will be accepted on a space availability basis ONLY. The Academy of Neurologic Physical Therapy and host site reserve the right to cancel this course without penalty up to two weeks prior to the event. In the event of cancellation by the ANPT or host facility due to unforeseen circumstances, participants will be refunded their registration fee. We encourage participants to purchase trip insurance. ANPT and Mary Free Bed will not be responsible for the refund of travel or hotel expenses.

LODGING AND DRIVING DIRECTIONS

For information on lodging, driving directions and/or parking, please visit:

http://www.neuropt.org/docs/default-source/events-and-courses/mary-free-bed-course-information.pdf?sfvrsn=6c475243_0

REGISTRATION FORM

Expanding Neurologic Expertise: Introduction to Vestibular Rehabilitation

APTA #: _____ ANPT Member? Yes No

Name: _____

Address: _____

Phone: _____ Fax: _____

Email: _____

COURSE LOCATION

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| Registration Type (check one) | >30 days prior early bird | 30 days or fewer prior |
|---|---------------------------|------------------------|
| <input type="checkbox"/> PT Member of the Neurology Section | \$350 | \$425 |
| <input type="checkbox"/> APTA PT Non-section Member | \$400 | \$475 |
| <input type="checkbox"/> Non-APTA Member | \$475 | \$550 |

**Fees cover continental breakfast, break snacks and lunch, as well as a link to course materials for download. Please note the course materials will not be printed for registrants.*

Registration Options: Online or by mail only

REGISTER ONLINE:

<http://www.neuropt.org/go/events-and-courses/neurology-section-developed-courses>

REGISTER BY MAIL

Method of Payment Mastercard Visa Amex

Card #: _____ Exp. Date: _____

Signature: _____ Billing ZIP Code: _____

Or mail this form, with a check made payable to ANPT to:

ANPT
5841 Cedar Lake Rd. S.
Ste 204
Minneapolis, MN 55416

Questions? Please contact ANPT at 952.646.2038, or by email at info@neuropt.org.

