

# 2020 SPINAL CORD INJURY SYMPOSIUM

Mary Free Bed<sup>®</sup>  
Education Academy

Virtual Symposium  
Thursday, Oct. 1





## OVERVIEW

People with spinal cord injuries and those who care for them want to achieve the best possible outcome and quality of life post-injury. This year's SCI Symposium brings together experts in the field to discuss key topics, including rehabilitation and ICU delirium, co-morbid conditions and treatment techniques for dual diagnosis of spinal cord injury and acquired brain injury, bowel and bladder management, and therapeutic approaches for respiratory management. The changes and challenges of auto no-fault reform will be presented from a legal and clinical perspective.

## TARGET AUDIENCE

- Physicians
- Medical residents/students
- Nurses/Nurse practitioners/students
- Physician assistants/students
- Occupational, physical, recreational and speech therapists/students
- Psychologists
- Social workers
- Exercise physiologists
- Rehabilitation program administrators
- Rehabilitation specialists
- Case managers
- Claims specialists
- Attorneys
- SCI survivors and family members
- Other professionals involved in SCI care

## OUTCOMES

Participants will be able to discuss issues with rehabilitation and ICU delirium as well as co-morbid conditions and treatment techniques for dual diagnosis of spinal cord injury and acquired brain injury. Attendees will be able to describe bowel and bladder management, and therapeutic approaches for respiratory management. They will be able to discuss the changes and challenges of auto no-fault reform from a legal and clinical perspective.

## FACULTY

**Lisa A. Beck, APRN, CNS, MS, CRRN**, clinical nurse specialist, Mayo Clinic; Assistant Professor of Nursing, College of Medicine, Mayo Clinic

**Julie Betzler, RN, BS, CCM**, nurse case manager/president, SkyView CCM Rehabilitation Consulting

**James C. Jackson, Psy.D.**, director of long-term outcomes, ICU Recovery Center, Vanderbilt University Medical Center

**Andrew D. Oostema, JD**, attorney at law, Miller Johnson Attorneys

**Kristen J. Webber, MOT, OTR/L, BCPR, ATP**, inpatient therapy manager, Spinal Cord Injury Unit, Shepherd Center

## VIRTUAL SCI SYMPOSIUM AGENDA

7:30-7:40 a.m.

7:40-7:45 a.m.

7:45-8:45 a.m.

8:45-8:50 a.m.

8:50-9:50 a.m.

9:50-10 a.m.

10-11 a.m.

11-11:05 a.m.

11:05 a.m.-12:05 p.m.

12:05-12:35 p.m.

12:35-1:35 p.m.

1:35-1:40 p.m.

1:40-2:25 p.m.

2:25-2:35 p.m.

2:35-3:20 p.m.

3:20 p.m.

### Registration/Login

**Welcome – Sam Ho, M.D., medical director, Spinal Cord Injury Program, Mary Free Bed Rehabilitation Hospital**

**James C. Jackson, Psy.D.**  
*Topic: Cognitive Rehabilitation in Survivors of Critical Illness and Delirium: Current Insights and Future Directions*

### Break

**Lisa A. Beck, APRN, CNS, MS**  
*Topic: Comorbid Conditions: Dual Diagnosis is not the Sum of Two Injuries*

### Break

**Kristen J. Webber, MOT, OTR/L, BCPR, ATP**  
*Topic: Make No Mistake: Treatment Techniques for Dual Diagnosis Spinal Cord Injury and Acquired Brain Injury*

### Break

**Lisa A. Beck, APRN, CNS, MS**  
*Topic: Bowel and Bladder Management after Spinal Cord Injury*

### Lunch Break

**Kristen J. Webber, MOT, OTR/L, BCPR, ATP**  
*Topic: A Therapeutic Approach to Respiratory Management Following Tetraplegia*

### Break

**Julie Betzler, RN, BS, CCM**  
*Topic: Case Managers Working to Promote Optimal Outcomes, While Overcoming and Embracing the Auto No Fault Changes*

### Break

**Andrew D. Oostema, JD**  
*Topic: Auto No-Fault Legislative Update*

### Conclusion/Evaluation



## DISCLOSURES

### Planning Committee

The Planning Committee members do not have any relevant financial relationships or non-financial relationships to disclose.

## SPEAKERS

### Lisa A. Beck, APRN, CNS, MS

Financial — Employed as an assistant professor of nursing, College of Medicine, Mayo Clinic; receiving honorarium  
Nonfinancial — No relevant nonfinancial relationship exists.

### Julie Betzler, RN, BS, CCM

Financial – Employed as nurse case manager/president, SkyView CCM Rehabilitation Consulting  
Nonfinancial — No relevant nonfinancial relationship exists.

### James C. Jackson, Psy.D.

Financial — Employed as director of long-term outcomes, ICU Recovery Center, Vanderbilt University Medical Center; receiving honorarium  
Nonfinancial — No relevant nonfinancial relationship exists.

### Andrew D. Oostema, JD

Financial — Employed as an attorney at law, Miller Johnson Attorneys  
Nonfinancial — No relevant nonfinancial relationship exists.

### Kristen J. Webber, MOT, OTR/L, BCPR, ATP

Financial — Employed as an inpatient therapy manager, Spinal Cord Injury Unit, Shepherd Center; receiving honorarium  
Nonfinancial — No relevant nonfinancial relationship exists.

## CONTINUING PROFESSIONAL EDUCATION

Mary Free Bed Rehabilitation Hospital is accredited by Michigan State Medical Society to provide continuing medical education for physicians.

Mary Free Bed Rehabilitation Hospital designates this live educational activity for a maximum of **6.5 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Mary Free Bed Rehabilitation Hospital is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. **6.5 contact hours** will be awarded for successful completion.

This continuing education program has been submitted for **6.5 clock hours** as recognized by the Michigan Social Work Continuing Education Collaborative.

This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with **6.5 clock hour(s)**.

This program has been submitted to the Michigan Physical Therapy Association for **6.5 credit hours** of physical therapy education in Michigan.

Certificates will be awarded to participants who attend the symposium and complete the required post test and evaluation. The number of continuing education credits/units awarded will be based on the hours attended and the requirements of the specific accreditation body.

## SCI SYMPOSIUM COMMITTEE MEMBERS

**Ashley Brown, LMSW**, care manager, Spinal Cord Injury Program

**Jackie Bultman, LMSW**, director, Inpatient Rehabilitation

**Danielle Grover, MS, CCC-SLP**, Spinal Cord Injury Program

**Liz Hanson, PT, DPT**, lead physical therapist,  
Inpatient Spinal Cord Injury Program

**Sam Ho, M.D.**, medical director, Spinal Cord Injury Program

**Maria Opoku-Agyeman, RN, CRRN**, director of Nursing,  
Spinal Cord Injury Program

**Bonita Pawloski, M.Ed., R.T.(R)(T)(ARRT)**, director of Education

**Jenny Ponstein, RN, BSN, CRRN**, Spinal Cord Injury Program

**Kaitlin Salowitz, CTRS**, Spinal Cord Injury Program

**Kaitlyn Theisen, OTR/L**, Spinal Cord Injury Program

## REGISTRATION PROCESS

All attendees **MUST** register online.

Please copy and paste the url below and use Google Chrome, Firefox or Safari (not Internet Explorer).

<https://mfbrhacademy.myabsorb.com/#/public-dashboard>

## PAYMENT OPTIONS

**Credit card:** Visa or Mastercard

**Check:** Attendee **MUST** complete the online registration and indicate payment as "check."\*

Please make check payable to: Mary Free Bed Fund/SCI '20

### Mail check to:

Attn: Medical Education/SCI Registration  
Mary Free Bed Rehabilitation Hospital  
235 Wealthy St. SE  
Grand Rapids, MI 49503-5247

*\*A service fee of \$35 will be assessed for all checks returned for insufficient funds or for charges made to closed accounts.*

## REGISTRATION CONFIRMATION

You will receive immediate confirmation via email. If you do not receive a confirmation, please call 616.840.8292.

## REFUND POLICY

If you cancel, your registration fee, less a \$75 service charge, is refundable if written notice of cancellation is received at least 30 days prior to the conference or symposium date. No refunds will be issued for cancellations received after this date or for non-attendance.

Send refund requests to [medical.education@maryfreebed.com](mailto:medical.education@maryfreebed.com)

## CANCELLATION OR REPLACEMENT OF SPEAKER

In the event of an activity cancellation, the liability of Mary Free Bed Rehabilitation Hospital will be limited to a full or partial refund of registration fees. Mary Free Bed reserves the right to substitute an equally qualified speaker.

## SYMPOSIUM FEES

MFB Professionals/Network	<input type="checkbox"/> \$150
Professional Staff (outside MFB)	<input type="checkbox"/> \$175
Residents/Students	<input type="checkbox"/> \$75
SCI Survivors and Family Members*	<input type="checkbox"/> \$50

\*Call to request a scholarship, available on a limited basis: 616.840.8292.

\*No continuing education credits will be available at this rate.

## 2020 SPONSOR

The 2020 Spinal Cord Symposium is generously supported by a gift from Ron and Mary Griffin, in memory of their daughter, Deborah Lynn Griffin.

## LEARN MORE

<https://educationacademy.maryfreebed.com>

If you require special arrangements to fully participate in this symposium, please call 616.840.8292.

