

# SIXTH ANNUAL BETTY BLOOMER FORD CANCER REHABILITATION CONFERENCE

2021 — LIVE, VIRTUAL

*Thursday, April 29*

7:30 A.M. REGISTRATION/LOGIN

7:55 A.M.-4:10 P.M. CONFERENCE

## OVERVIEW

Cancer survivors are likely to experience a variety of side effects and symptoms related to their cancer and/or specific cancer-related treatments. This year, our sixth annual conference will bring together expert interprofessional faculty presenting important topics that provide those professionals caring for cancer patients with evidence-based information about various treatments, potential side effects and rehabilitation management strategies to improve the patient's quality of life. Other key topics will include pain management strategies, nutrition optimization, management of speech and swallowing issues and palliative rehabilitation to optimize quality of life.

## TARGET AUDIENCE

- Physicians
- Medical Residents/Students
- Nurses/Nurse Practitioners/Students
- Physician Assistants/Students
- Occupational, Physical, Recreational and Speech Therapists/Students
- Psychologists
- Social Workers
- Exercise Physiologists
- Rehabilitation Program Administrators
- Rehabilitation Specialists
- Case Managers
- Claims Specialists
- Registered Dietitian Nutritionists
- Other professionals involved in cancer care

## OUTCOMES

Attendees will be able to discuss lymphedema management, identify ways to optimize nutrition and strategies to manage speech and swallowing issues in the cancer patient. Attendees will be able to discuss radiation therapy treatments, potential side effects, strategies to manage side effects and the rehabilitation needs for these patients. Those in attendance will be able to describe current pain management challenges and strategies, as well as safety considerations and modifications for physical activity after metastatic diagnosis. Ways to address challenging topics with the patient and his or her family, as well as palliative rehabilitation to optimize quality of life, also will be presented.

## FACULTY

**Derek Bergsma, M.D.**, radiation oncologist, assistant professor, Mercy Health Lacks Cancer Center

**Amy K. Carion, RDN**, registered dietitian nutritionist, Henry Ford Cancer Institute

**Evan Fonger, M.D.**, medical director, Hospice of Michigan; outpatient palliative care provider, NorthStar Care Community

**Naomi Kaplan, MBBS**, physician, Mary Free Bed Rehabilitation Hospital

**Alice Norris, MS, CCC-SLP, LSVT**, speech-language pathologist, Spectrum Health Neuro Rehabilitation Services

**Meagan Smith, D.O.**, physiatrist, Mary Free Bed Rehabilitation Hospital

**Chris Wilson, PT, DScPT, DPT, GCS**, assistant professor, Physical Therapy, Oakland University and Beaumont Health

## DISCLOSURES

### Planning Committee

The Planning Committee members do not have any relevant financial relationships or non-financial relationships to disclose.

### Speakers

#### Derek Bergsma, M.D.

**Financial** – Employed as a radiation oncologist, Department of Radiation Oncology, Mercy Health Lacks Cancer Center; receiving honorarium.

**Nonfinancial** – No relevant nonfinancial relationship exists.

#### Amy K. Carion, RDN

**Financial** – Employed as a registered dietitian nutritionist, Henry Ford Cancer Institute; receiving honorarium.

**Nonfinancial** – No relevant nonfinancial relationship exists.

#### Evan Fonger, M.D.

**Financial** – Employed as medical director, Hospice of Michigan; employed as outpatient palliative care provider, NorthStar Care Community

**Nonfinancial** – No relevant nonfinancial relationship exists.

#### Naomi Kaplan, MBBS

**Financial** – Employed as a physician, Mary Free Bed Rehabilitation Hospital

**Nonfinancial** – No relevant nonfinancial relationship exists.

#### Alice Norris, MS, CCC-SLP, LSVT

**Financial** – Employed as a speech-language pathologist, Spectrum Health Neuro Rehabilitation Services; receiving honorarium.

**Nonfinancial** – No relevant nonfinancial relationship exists.

#### Meagan Smith, D.O.

**Financial** – Employed as a physiatrist, Mary Free Bed Rehabilitation Hospital

**Nonfinancial** – No relevant nonfinancial relationship exists.

#### Chris Wilson, PT, DScPT, DPT, GCS

**Financial** – Employed as an assistant professor, Physical Therapy, Oakland University and Beaumont Health; receiving honorarium.

**Nonfinancial** – No relevant nonfinancial relationship exists.

### Certificates

Certificates will be awarded and available to participants who attend the course, sign in and complete the required course evaluation through the MFB Education Academy website. The number of continuing education credits/units awarded will be based on the hours attended and the requirements of the specific accreditation body.

## AGENDA

### Thursday, April 29

7:30 - 7:55 a.m.

Registration/Login

7:55 - 8 a.m.

Welcome and Opening Remarks

8 - 8:45 a.m.

Naomi Kaplan, MBBS

*Topic: An Introduction to Evidenced-Based Management of Lymphedema*

8:45 - 8:55 a.m.

Break

8:55 - 9:40 a.m.

Derek Bergsma, M.D.

*Topic: Update on Radiation Therapy Treatments and Side-effect Management*

9:40 - 9:50 a.m.

Break

9:50 - 10:50 a.m.

Amy Carion, RDN

*Topic: Nutrition Strategies for the Cancer Patient*

10:50 - 11 a.m.

Break

11 a.m. - Noon

Alice Norris, MS, CCC-SLP, LSVT

*Topic: Treatment Strategies for Speech and Swallowing Issues*

Noon - 12:30 p.m.

Lunch

12:30 - 1:15 p.m.

Chris Wilson, PT, DScPT, DPT, GCS

*Topic: Bone Metastasis and Physical Activity*

1:15 - 1:25 p.m.

Break

1:25 - 2:25 p.m.

Evan Fonger, M.D.

*Topic: Current Challenges and Strategies for Pain Management for Cancer Patients*

2:25 - 2:35 p.m.

Break

2:35 - 3:05 p.m.

Meagan Smith, D.O.

*Topic: Addressing Difficult Topics with the Patient and Family*

3:05 - 3:15 p.m.

Break

3:15 - 4 p.m.

Chris Wilson, PT, DScPT, DPT, GCS

*Topic: Palliative Rehabilitation to Optimize Quality of Life*

4 p.m.

Conclusion and Evaluations

## REGISTRATION

### Conference Fees

MFB Professionals/Network Members \$150

Professional Staff (outside MFB) \$175

Residents/Students \$75

Survivors and Family Members\* \$50

\*No CEs available.

### Registration Process

All attendees must register online.

Please copy and paste the URL below, and use Google Chrome, Firefox or Safari (not Internet Explorer):

<https://educationacademy.maryfreebed.com/#/public-dashboard>

### Payment Options

#### 1. Credit Card

Visa or Mastercard

#### 2. Check\*

\*Attendee must complete the online registration and indicate payment as "check."

Please make check payable to:

Mary Free Bed Fund/Cancer '21

Mail check to:

Attn: Medical Education/Cancer Conference Registration  
Mary Free Bed Rehabilitation Hospital  
235 Wealthy St. SE  
Grand Rapids, MI 49503-5247

\*A service fee of \$35 will be assessed for all checks returned for insufficient funds or for charges made to closed accounts.

### Registration Confirmation

You will receive immediate confirmation via email.

If you do not receive a confirmation, please call 616.840.9865.

## CONTINUING PROFESSIONAL EDUCATION

Mary Free Bed Rehabilitation Hospital is accredited by Michigan State Medical Society to provide continuing medical education for physicians.

Mary Free Bed Rehabilitation Hospital designates this live educational activity for a maximum of **6.5 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Mary Free Bed Rehabilitation Hospital is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. **6.5 contact hours** will be awarded for successful completion.

This continuing education program has been submitted for **6.5 clock hours** as recognized by the Michigan Social Work Continuing Education Collaborative.

This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with **6.5 clock hour(s)**.



This activity has been submitted for **6.5 CEUs** through participation in this continuing education program as recognized by the American Physical Therapy Association for physical therapy education in Michigan.



Mary Free Bed is an AOTA Approved Provider of continuing education. Provider #11133. Full attendance at this course qualifies for 6.5 contact hours or 0.65 CEUs in the Category 1 Domain of OT and Category 2 Occupational Therapy Process. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course level: Conference: Mixed Intermediate.

This continuing education program has been submitted for 3.25 CPEUs as recognized by the Commission on Dietetic Registration (CDR).

Certificates will be awarded to participants who log in and attend the conference and complete the course evaluation. The number of continuing education credits/units awarded will be based on the hours attended and the requirements of the specific accreditation body.

## 2021 CANCER CONFERENCE PLANNING COMMITTEE:

**Christopher Boer, MSPT**, therapy team lead, Medically Complex Team

**Katie Harrington, CTRS**, recreational therapist, Medically Complex Team

**Sarah K. Jordan, BSN, RN, CRRN**, nurse coordinator, Day Rehab Program

**Nancy Mangus, LSW, MA, LPC**, inpatient care manager

**Courtney Martin, MS, OTR/L**, occupational therapist, Outpatient Oncology Champion

**Jennifer McWain, PT, MHS, CHC**, compliance officer and clinical excellence specialist

**Terry Milnamow, OTR/L**, inpatient OT lead, Medically Complex Team

**Tina Monahan, MA, CCC-SLP, CBIS**, speech-language pathologist, Medically Complex Team

**Bonita M. Pawloski, MEd, R.T.(R)(T)(ARRT)**, director of Education

**Kirk Randall, PT, MS**, outpatient therapy/oncology team lead

**Corinthia Sain, RDN**, clinical nutrition manager, Nutrition Services

**Meagan Smith, D.O.**, physiatrist, director, Cancer Rehabilitation Program

## ADDITIONAL INFORMATION

### Refund Policy

If you cancel, your registration fee, less a \$75 service charge, is refundable if written notice of cancellation is received at least 30 days prior to the conference or symposium date. No refunds will be issued for cancellations received after this date or for non-attendance. Send refund requests to [medical.education@maryfreebed.com](mailto:medical.education@maryfreebed.com).

### Cancellation or Replacement of Speaker

In the event of an activity cancellation, the liability of Mary Free Bed Rehabilitation Hospital will be limited to a full or partial refund of registration fees. Mary Free Bed reserves the right to substitute an equally qualified speaker.

If you require special arrangements to fully participate in this course, please call 616.840.9865.

