

# MARY FREE BED LIMB LOSS CONFERENCE

2021 — LIVE, VIRTUAL

Thursday, May 13



**7:30 A.M.** REGISTRATION/LOGIN **7:55 A.M.-3:35 P.M.** CONFERENCE

# **OVERVIEW**

Patients who have undergone amputation or were born with a limb deficiency experience a unique, lifelong journey of managing mobility, prosthetics, skin issues and adjustments to life roles. The 2021 Mary Free Bed Rehabilitation Hospital Limb Loss Conference will provide evidence-based knowledge on skin and wound care strategies and high level and bilateral gait training. Presentations will include a patient's limb loss journey, research regarding regenerative peripheral nerve interfaces, osseointegration technology, recreation therapy strategies and community resources for the patient with limb loss. All members of the health care team will benefit from presentations on the psychosocial aspects of limb loss. The patient's journey presentation will provide a unique perspective regarding the challenges and adjustments faced after limb loss.

# **TARGET AUDIENCE**

- Physicians
- Residents/Students
- Orthotists
- Prosthetists
- Nurses/Nurse Practitioners/ Students
- Physician Assistants/ Students
- Occupational, Physical and Recreational Therapists/ Students

- Psychologists
- Social Workers
- Exercise Physiologists
- Rehabilitation Program Administrators
- Rehabilitation Specialists
- Case Managers
- Claims Specialists
- Other professionals involved in care of a patient with limb loss

# **OUTCOMES**

As a result of attending this conference, participants will be able to discuss regenerative peripheral nerve interfaces along with skin and wound care strategies. They will obtain a thorough understanding of the psychosocial aspects of limb loss, strategies for recreation therapy and available community resources for limb loss patients. Attendees will gain a greater understanding of the patient's journey after limb loss and the challenges and adjustments they have faced. They will be able to discuss the technology and challenges involved in osseointegration and describe high level and bilateral gait training strategies.

# **FACULTY**

**Katherine Arraut, RN, CRRN, CM,** care manager, Mary Free Bed Rehabilitation Hospital

**Ashley Brown, LMSW, c**are manager team lead, Mary Free Bed Rehabilitation Hospital

**Paul Cederna, M.D.,** Robert Oneal Collegiate professor of Plastic Surgery; chief of Section of Plastic Surgery; professor, Department of Biomedical Engineering, University of Michigan

**John Morris, M.D.,** medical director, Mercy Health Wound Care and Hyperbaric Medicine

Marnie Polkky, RN, patient, Mary Free Bed Rehabilitation

**Mark Stevens, PT**, physical therapist, Mary Free Bed Rehabilitation Hospital

#### **Faculty (Continued)**

**Nikki Grace-Strader,** North American Representative and Patient Liaison, Osseointegration Group of Australia

**Christy VanHaver, CTRS,** sports coordinator, Mary Free Bed Rehabilitation Wheelchair and Adaptive Sports

**Christopher Zachar-Tirado, Psy.D.,** postdoctoral resident, lifespan rehabilitation neuropsychology, Mary Free Bed Rehabilitation Hospital

# **DISCLOSURES**

# **Planning Committee**

The Planning Committee members do not have any relevant financial relationships or non-financial relationships to disclose.

#### **Speakers**

# Katherine Arraut, RN, CRRN, CM

**Financial** — Employed as a care manager, Mary Free Bed Rehabilitation Hospital

**Nonfinancial** — No relevant nonfinancial relationship exists.

#### **Ashley Brown, LMSW**

**Financial** — Employed as care manager team lead, Mary Free Bed Rehabilitation Hospital

**Nonfinancial** — No relevant nonfinancial relationship exists.

#### Paul Cederna, M.D.

**Financial** — Employed by Robert Oneal Collegiate as professor of Plastic Surgery; chief of Section of Plastic Surgery; professor, Department of Biomedical Engineering, University of Michigan

**Nonfinancial** — No relevant nonfinancial relationship exists.

#### John Morris, M.D.

**Financial** — Employed as medical director, Mercy Health Wound Care and Hyperbaric Medicine

**Nonfinancial** — No relevant nonfinancial relationship exists.

# Marnie Polkky, RN

Financial — Patient, Mary Free Bed Rehabilitation

**Nonfinancial** — No relevant nonfinancial relationship exists.

# Mark Stevens, PT

**Financial** — Employed as a physical therapist, Mary Free Bed Rehabilitation Hospital

Nonfinancial — No relevant nonfinancial relationship exists.

# Nikki Grace-Strader

**Financial** — Employed as North American Representative and Patient Liaison, Osseointegration Group of Australia

**Nonfinancial** — No relevant nonfinancial relationship exists.

# **Christy VanHaver, CTRS**

**Financial** — Employed as sports coordinator, Mary Free Bed Rehabilitation Wheelchair and Adaptive Sports

**Nonfinancial** — No relevant nonfinancial relationship exists.

#### Christopher Zachar-Tirado, Psy.D.

Financial — Employed as a postdoctoral resident, lifespan rehabilitation neuropsychology, Mary Free Bed Rehabilitation Hospital Nonfinancial — No relevant nonfinancial relationship exists.

# **AGENDA**

# Thursday, April 29

7:30 - 7:55 a.m.	Registration/Login	
7:55 - 8 a.m.	Welcome	
	by Benjamin Bruinsma, M.D., medical director, Amputation Program, Mary Free Bed Rehabilitation Hospital	
8-9 a.m.	Paul Cederna, M.D.	
	Topic: Regenerative Peripheral Nerve Interfaces	
9-9:10 a.m.	BREAK	
9:10-9:55 a.m.	John Morris, D.O., FACOS, RPVI, CWS	
	Topic: Wounds, Etc.	
9:55-10:05 a.m.	BREAK	
10:05-10:50 a.m.	Christopher Zachar-Tirado, Psy.D.	
	Topic: Psychosocial Aspects of Limb Loss	
10:50-11:05 a.m.	BREAK	
11:05-11:35 a.m.	Christy VanHaver, CTRS	
	Topic: Recreational Therapy	
11:35-11:45 a.m.	BREAK	
11:45 a.m12:15 p.m.	Marnie Polkky, RN	
	Topic: My Journey as a Limb Loss Patient	
12:15-12:45 p.m.	LUNCH BREAK	
12:45-1:15 p.m.	Katherine Arraut and Ashley Brown	
	Topic: Community Resources	
1:15-1:25 p.m.	BREAK	
1:25-2:25 p.m.	Nikki Grace-Strader	
	Topic: Osseointegration: A Technology Overview and Future Challenges	
2:25-2:35 p.m.	BREAK	
2:35-3:35 p.m.	Mark Stevens, PT	
	Topic: High Level and Bilateral Gait Training	
3:35 p.m.	Conclusion/Evaluation	

# REGISTRATION

#### **Conference Fees**

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Professional Staff	(outside MFB)	\$175
Residents/Student	ts	\$75

# **Registration Process**

All attendees must register online.

Please copy and paste the URL below, and use Google Chrome, Firefox or Safari (not Internet Explorer):

https://educationacademy.myabsorb.com/#/public-dashboard

#### **Payment Options**

1. Credit Card

Visa or Mastercard

#### 2. Check\*

\*Attendee must complete the online registration and indicate payment as "check."

Please make check payable to:

Mary Free Bed Fund / Limb Loss '21

# Mail check to:

Mary Free Bed Rehabilitation Hospital Attn: Medical Education 235 Wealthy St. SE Grand Rapids, MI 49503-5247

\*A service fee of \$35 will be assessed for all checks returned for insufficient funds or for charges made to closed accounts.

#### **Registration Confirmation**

You will receive immediate confirmation via email.

If you do not receive a confirmation, call 616.840.8851.

# **CONTINUING PROFESSIONAL EDUCATION**

Mary Free Bed Rehabilitation Hospital is accredited by Michigan State Medical Society to provide continuing medical education for physicians.

Mary Free Bed Rehabilitation Hospital designates this live educational activity for a maximum of **6.0 AMA PRA Category 1 Credit(s)™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Mary Free Bed Rehabilitation Hospital is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. **6.0 contact hours** will be awarded for successful completion.

This continuing education program has been submitted for **6.0 clock hours** as recognized by the Michigan Social Work Continuing Education Collaborative.

This program has been submitted to The Commission for Case Manager Certification for approval to provide board-certified case managers with **6.0 clock hour(s)**.

This activity has been submitted for **6.0 CEUs** through participation in this continuing education program as recognized by the American Physical Therapy Association for physical therapy education in Michigan.



Mary Free Bed is an AOTA Approved Provider of continuing education. Provider #11133. Full attendance at this course qualifies for 6.0 contact hours or 0.60 CEUs in the Category 1 Domain of OT and Category 2 Occupational Therapy Process. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course level: Intermediate.



#### Approved Provider

American Board for Certification in Orthotics, Prosthetic and Pedorthics (ABC) credits will be available. Log in and completion of the evaluation are required for credit to be awarded.

#### **Certificates**

Certificates will be awarded to participants who log in, attend the conference and complete the required evaluation. The number of continuing education credits/units awarded will be based on the hours attended and the requirements of the specific accreditation body.

# MARY FREE BED LIMB LOSS PLANNING COMMITTEE:

**Benjamin Bruinsma, M.D.,** medical director, Amputation Program, Mary Free Bed Rehabilitation Hospital

**Steve Brodnicki, PT, MS,** director of Rehabilitation, Mary Free Bed Rehabilitation Hospital

**Casey Dietz, MS, OTR/L, ATP,** wheelchair and seating specialist, Mary Free Bed Orthotics & Prosthetics + Bionics

**Kirk Ferris, CPO,** director of Clinical Operations, Mary Free Bed Orthotics & Prosthetics + Bionics; residency director, Orthotics and Prosthetics

**Jennifer McWain, PT, MHS, CHC,** compliance officer and clinical excellence specialist, Mary Free Bed Rehabilitation Hospital

**Bonita M. Pawloski, M.Ed., R.T.(R)(T) (ARRT),** director of Education, Mary Free Bed Rehabilitation Hospital

**Stephanie Rose, OTR,** amputee care liaison, Mary Free Bed Orthotics & Prosthetics + Bionics; certified mentor instructor, Amputee Coalition of America

**Rob Tuck, CPO,** director of Network Development, Mary Free Bed Orthotics & Prosthetics + Bionics

**Rob Vande Guchte, LMSW,** care manager, clinical social worker, Stroke Program, Mary Free Bed Rehabilitation Hospital

**Kristen Rettig, BSN, RN, CRRN,** Intensive Medical Rehabilitation Program, Mary Free Bed Rehabilitation Hospital

# **ADDITIONAL INFORMATION**

#### **Refund Policy**

If you cancel, your registration fee, less a \$75 service charge, is refundable if written notice of cancellation is received at least 30 days prior to the conference or symposium date. No refunds will be issued for cancelations received after this date or for non-attendance. Send refund requests to medical.education@maryfreebed.com.

# **Cancellation or Replacement of Speaker**

In the event of an activity cancelation, the liability of Mary Free Bed Rehabilitation Hospital will be limited to a full or partial refund of registration fees. Mary Free Bed reserves the right to substitute an equally qualified speaker.

