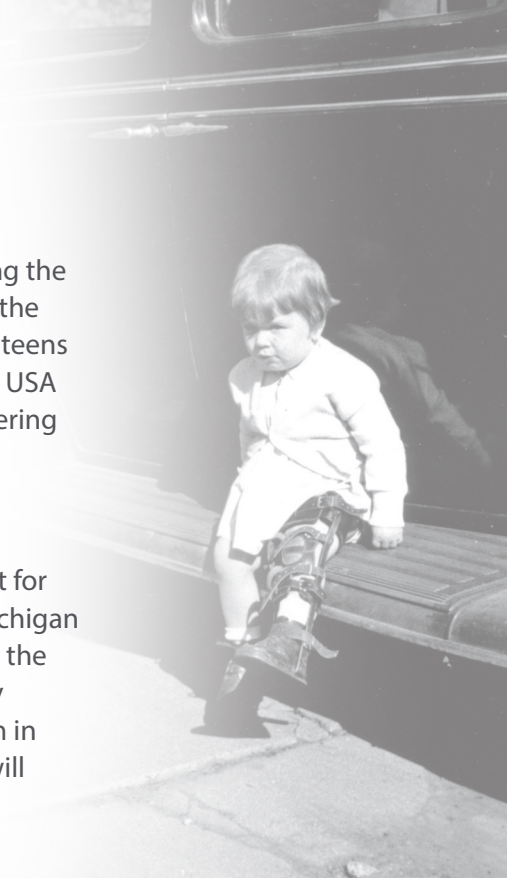


# A REHABILITATION HOSPITAL FOR OUR KIDS

Since 1891, Mary Free Bed has had a heart for kids. We treated only children during the first half of the 20th century. In 1946, we gained national attention as we created the first program in the United States focused solely on treating infants, children and teens with limb differences. It's still going strong. History repeated itself this summer as USA Today ran front-page stories about Mary Free Bed experts caring for children suffering from long COVID-19. It's our calling to respond to community need with expert pediatric rehabilitation.

Today, Mary Free Bed Kids provides Michigan's most comprehensive pediatric rehabilitation services and has the only secure-access inpatient rehabilitation unit for children, adolescents and teens in the state. We care for the majority of kids in Michigan who require inpatient rehabilitation services. Our program has been endorsed by the Commission on Accreditation of Rehabilitation Facilities with a Pediatric Specialty Accreditation for meeting high standards. Mary Free Bed has a residency program in rehabilitation medicine. We're creating a pediatric rehabilitation fellowship that will attract talented physicians to serve even more patients in our community.



## Our Team

We have six board-certified physicians specialized in providing physical rehabilitation for kids. Our nurses, therapists, psychologists and other clinicians also have the heart, training and skills to treat children.

## Our Results

We measure rehabilitation success against national averages. Last year, Mary Free Bed Kids scored higher than the national metrics for the amount of functional improvement and being able to head home after hospitalizations.

## Our Challenge

We're in a growth spurt. There are days when we're treating more kids than we have pediatric beds in our Grand Rapids program. We're safely maneuvering during high-census emergencies, but these unusual times are becoming far too common. Our outpatient gyms are cramped as well. Since 2016, there's been a 73% increase in the number of kids we've treated across Michigan.

## FISCAL YEAR 2021 (APRIL 1, 2020 TO MARCH 31, 2021)

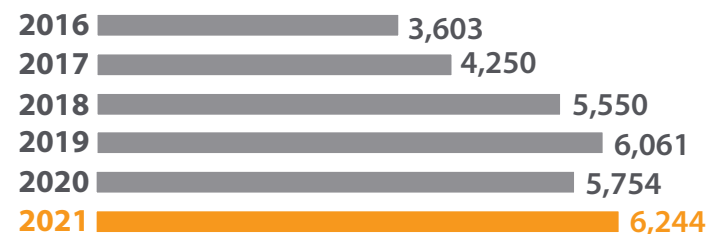
Outcomes – Hospitalized patients		
	Functional Gain*	Return to Home/Community
Mary Free Bed	27.2%	97.4%
Nation	22.8%	90.0%

**57% of Michigan's pediatric rehabilitation inpatients were served at Mary Free Bed in Grand Rapids**

**Medicaid coverage**  
35% Inpatients 37% Outpatients

*\* Improvement in abilities between admission and graduation. Higher is better.*

## KIDS SERVED - CALENDAR YEAR (INPATIENT/OUTPATIENT SYSTEM-WIDE)



## *Our Solution*

To successfully meet current demand, plan for future growth and provide care at the forefront of medical advances, a free-standing children's rehabilitation hospital is a crucial piece of the puzzle.

Through a joint operating agreement with Spectrum Health, we're focused on enhancing care and improving access to rehabilitation services. There're only about a dozen free-standing children's rehabilitation hospitals in the nation. We're planning to locate Michigan's first on Wealthy Street directly across from Mary Free Bed Rehabilitation Hospital, and it will include:

### **GENERAL FEATURES**

- A three- to four-story building to house comprehensive services
- Convenient and free parking

### **INPATIENT CONVENIENCES**

- Private rooms and baths with ample space for parents to stay
- Multiple rooms with ventilator capability
- Several therapy gyms – some with low-stimulation environments
- Home-like areas for children to practice everyday tasks
- Common eating area for kids and parents to enjoy meals together

### **OUTPATIENT CARE**

- Private treatment and examination rooms
- Multiple therapy gyms
- A cafe with adult and kid-friendly menus
- Meeting rooms to accommodate teams of physicians, therapists, nurses, psychologists, nutritionists and care managers as they review patient progress with parents

### **DISTINCTIVE ASSETS**

- Indoor and outdoor recreation areas for all age groups
- Accessible treehouse – you read that correctly! We're also building a treehouse for kids of all abilities.
- Leading-edge, kid-sized technology
- Orthotics & Prosthetics + Bionics space
- A dedicated classroom for a certified teacher to help kids keep up with their studies

## *By the Numbers*

Specifically designed to be a tool for rehabilitation, construction is expected to begin in Spring 2023, pending necessary approvals and successful fundraising. It will take about two years to build and will include:

- Over 50,000 square feet to accommodate more than 40 programs and services
- 24-48 beds with a construction price tag of \$50 million to \$70 million
- The American Hospital Association estimates for every dollar spent for goods and services, roughly \$2.30 of additional business activity is generated for the community



*Our blueprint for  
the future of children's  
rehabilitation*

**Mary Free Bed<sup>®</sup>**  
Rehabilitation