

MFB Kitchen & Cafe

by  UNIDINE

April 2023

4/10
Monday

4/11
Tuesday

4/12
Wednesday

4/13
Thursday

4/14
Friday

Carve

Grilled BBQ
Chicken
+
Mac & Cheese

Turkey Sloppy
Joes
+
Sweet Potato
Fries

Chicken &
Sausage Gumbo

Beef Tips
+
Buttered Noodles

Shrimp Scampi



FLAVORS
365

Soup

Minestrone

Lemon Chicken
Orzo

Mushroom
Barley

Butternut
Squash

Chunky Turkey
Chili

Market Deli + The Oven

California
Rueben
+
Ham &
Pepperoni Pizza

Chicken Salad
+
Meat Lovers
Pizza

Buffalo Chicken
Calzone
+
Cajun Chicken
Alfredo

Mediterranean
Wrap
+
4 Cheese Pizza

Lasagna
+
Supreme
Calzone

 Spring Thyme

Chef's Table

Burrito Bowls

Pasta Bar

Noodle Bowl

Dinner

Buffalo Mac &
Cheese

Turkey Goulash

Gumbo with
Corn Bread

Beef Stroganoff Pizza by the Slice



*A better-for-you choice lower in calories
and sodium, high in fiber and good fats.*

Open 7 days a week

Breakfast 7 am – 10 am

Lunch 11 am – 2 pm

Monday – Friday Dinner 3 pm – 7 pm