## MFB Kitchen & Cafe

April 2024

	4/8 Monday	4/9 Tuesday	4/10 Wednesday	4/11 Thursday	4/12 Friday
Breakfast & Carve	B.Y.O. Omlette	Biscuits and Gravy	Waffles	Biscuits and Gravy	BYO Omlette
	Grilled BBQ Chicken	Turkey Sloppy Joes	Chicken and Sausage Gumbo	Beef Tips and Noodles Superfood: Mushrooms	Shrimp Scampi National Grilled Cheese Day
Soup	Minestrone Soup	Lemon Chicken and Orzo	Mushroom Barley Superfood: Mushrooms	, Butternut Squash Soup	Turley Chili
Market Deli	California Reuben	Chicken Salad Wrap	Mediterranean Veggie Wrap	4 Cheese Pizza	Pepperoni Pizza
& The Oven	Ham and Pepperoni Pizza	Baked Ziti with Meat Sauce	Cajun Chicken Alfredo	Baked Spaghetti	Lasagna
Chef's Table		BYO Burritos/Bowls	Pasta Bar Superfood; Mushrooms	Curry Bowls	
Dinner	Buffalo Chicken Mac and Cheese	Turkey Goulash	Gumbo with Rice	beel shogunon	Pizza <b>7 days a week</b>
CHSO A better aud sodi	-for-you choice uu, high in fibe	lower in calories r and good fats.		Breakfast 7 Lunch Fe	7 am – 9:30 am 11 am – 2 pm ast 2 pm- 7 pm nds 7 am- 2pm