

MARY FREE BED AT SPARTANNASH YMCA

5722 Metro Way, Suite B, Wyoming, MI 49519

P: 616.840.7529 (Option 1) F: 616.840.9642

MARY FREE BED YMCA

5500 Burton St. SE, Grand Rapids, MI 49546

P: 616.840.7529 (Option 2) F: 616.840.9642

PATIENT INFORMATION

Name _____ Phone _____ Date of Birth _____

Address _____ City _____ State _____ Zip _____

Email _____ Diagnosis _____

Evaluate and Treat _____
Frequency and Duration

Post-acute discharge patient will be followed by primary care physician _____
PCP Name

PROVIDER INFORMATION

Name (print) _____ Signature _____

Phone _____ Fax _____ Date _____

SERVICES

Mary Free Bed SpartanNash YMCA

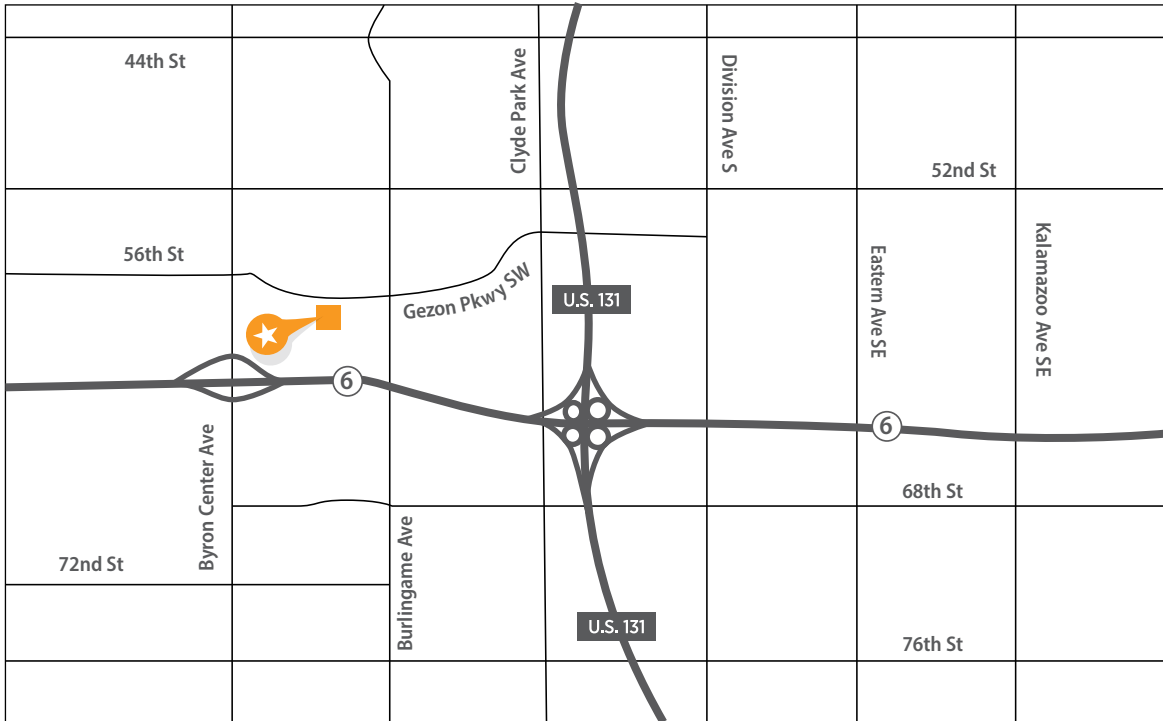
- Aquatic therapy
- Balance and fall prevention
- Cancer rehabilitation
- Decompression therapy
- Gait analysis
- McKenzie Method based treatment
- Orthopedic rehabilitation
- Pre-op prehabilitation
- Post-op rehabilitation
- Post COVID-19 rehabilitation
- Physiatry consultation
- Physical therapy
- Sports rehabilitation

Spine Center at SpartanNash YMCA

- Botox
- EMG electrodiagnostic procedure
- Image-guided spine and orthopedic procedures with ultrasound and fluoroscopy
- Joint injections
- McKenzie Method based treatment for the spine and extremities
- Physiatry consultation
- Physical therapy
- Radiofrequency ablation
- Trigger point injections

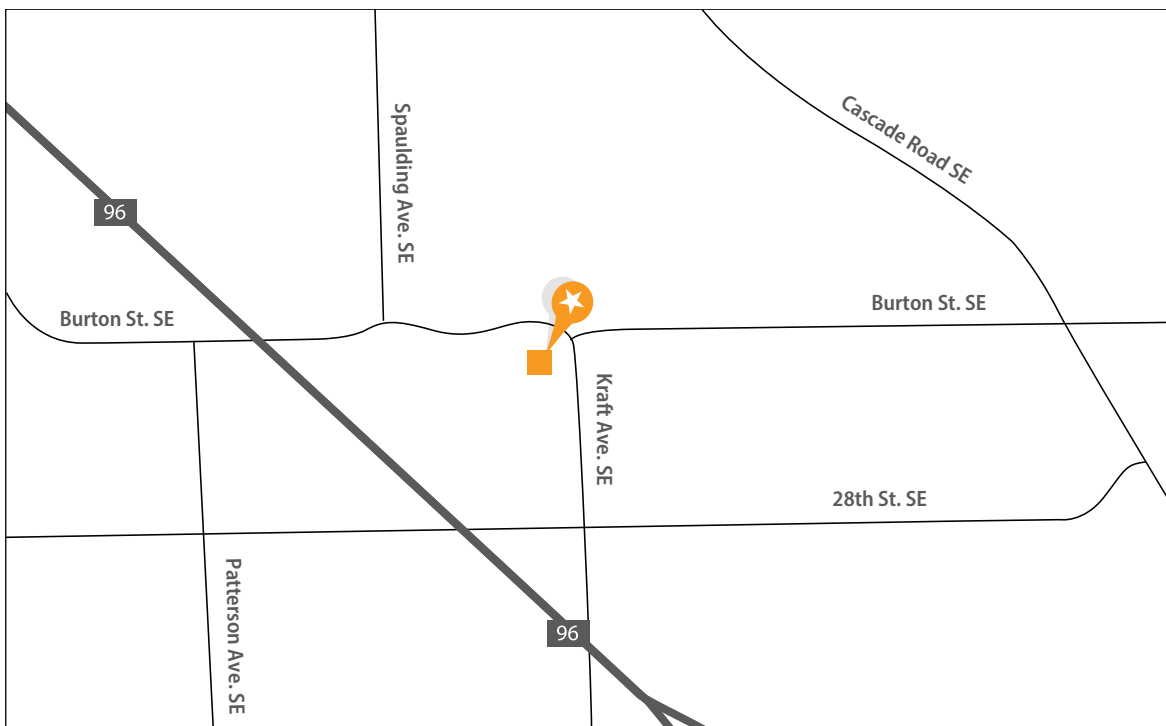
Mary Free Bed YMCA

- Anti-gravity (Alter G) rehabilitation and training
- Aquatic therapy
- Balance and fall prevention
- Decompression therapy (cervical and pelvic traction)
- Gait analysis
- Orthopedic rehabilitation
- Post-op rehabilitation
- Post COVID-19 rehabilitation
- Physical therapy
- Pre-op prehabilitation
- Spine rehabilitation
- Sports rehabilitation



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