

# MFB Kitchen & Cafe

May 2024

	5/13 Monday	5/14 Tuesday	5/15 Wednesday	5/16 Thursday	5/17 Friday
<b>Breakfast &amp; Carve</b>	BYO Skillet  Cheesy Beef and Macaroni Casserole	Biscuits and Gravy  Pork Chops with Honey Garlic Sauce	Waffle Wednesday  Swedish Meatballs	Biscuits and Gravy  Lemon Honey Chicken Breast	BYO Omlette  Cajun Shrimp
<b>Soup</b>	Minestrone  <b>Superfood: Leafy Greens</b>	Lemon Chicken and Orzo	Mushroom Barley	Butternut Squash	Turkey Chili
<b>Market Deli &amp; The Oven</b>	Pepperoni Pizza  Cheese Pizza	Chicken Cordon Bleu Sandwich  Pesto Chicken Calzone	Italian 3 Meat Sandwich  Chicken and Garlic White Pizza	Portobello Mushroom "Burger"  3 Pigs Pizza	Supreme Pizza  Lasagna
<b>Chef's Table</b>		Fajita Bar	<b>Destination: Handhelds</b> <b>Sante Fe</b> <b>Steak Torta</b>	BYO Mac and Cheese  <b>National BBQ Day</b>	
<b>Dinner</b>	Sheppard's Pie	Fajitas	Spaghetti and Meatballs	Chicken and Dumplings	Taco Mac



*A better-for-you choice lower in calories and sodium, high in fiber and good fats.*

**Open 7 days a week**

Breakfast 7 am – 9:30 am

Lunch 11 am – 2 pm

Feast 2 pm- 7 pm

Weekends 7 am- 2pm