

|                                   | 5/20<br>Monday   | 5/21<br>Tuesday  | 5/22<br>Wednesday  | 5/23<br>Thursday                      | 5/24<br>Friday                           |
|-----------------------------------|--|--|--|---------------------------------------|--|
| <b>Breakfast &amp; Carve</b>      | BYO Breakfast Bowl<br>Baked Chicken Thighs                 | Biscuits and Gravy<br>Pot Roast with Mashed Potatoes and Carrots | Waffle Wednesday<br>Roasted Pork Loin with Spinach Cream Sauce<br><b>Superfood: Leafy Greens</b> | Biscuits and Gravy<br>Chicken Piccata | BYO Omlette<br>Cilantro Lime Tilapia     |
| <b>Soup</b>                       | Minestrone<br><b>Superfood: Leafy Greens</b>               | Lemon Chicken and Orzo   | Mushroom Barley  | Butternut Squash                      | Turkey Chili                             |
| <b>Market Deli &amp; The Oven</b> | Margarita Pizza<br>Chicken and Broccoli Tortellini Alfredo | Reuben<br>Meat Lovers Pizza                                      | Chicken, Bacon and Ranch Wrap<br>Cajun Chicken Alfredo   | Caprese Wrap<br>4 Cheese Pizza        | Pepperoni Pizza<br>Chef's Choice Lasagna |
| <b>Chef's Table</b>               |  | Taco Bar   | BYO Baked Potato   | Chili Bar                             |  |
| <b>Dinner</b>                     | Ham and Broccoli Cheesy Rice Casserole                     | Beef Stew  | Grilled Chicken with Spinach Cream Sauce<br><b>Superfood: Leafy Greens</b>                       | "MFB" Bowls                           | Corned Beef Hash                         |

**Open 7 days a week**

Breakfast 7 am – 9:30 am

Lunch 11 am – 2 pm

Dinner 2 pm-7 pm

Weekends 7 am- 2pm



*A better-for-you choice lower in calories and sodium, high in fiber and good fats.*