

MFB Kitchen & Cafe

March 2025

	3/10 Monday	3/11 Tuesday	3/12 Wednesday	3/13 Thursday	3/14 Friday
Breakfast & Carve	B.Y.O. Omlette Bruschetta Chicken w/Wild Rice	Biscuits and Gravy Pulled Pork Sandwiches	Waffles Pork Schnitzel with Mushroom Gravy	Biscuits and Gravy Chicken and Veggie Stir-Fry	BYO Omlette Fish Tacos with Rice and Beans
Soup	Minestrone	Creamy Chicken and Wild Rice	Mushroom Barley	Butternut Squash Bisque	Turkey Chili
Market Deli & The Oven	California Reuben Chicken and Broccoli Tortellini Alfredo	Chicken Salad Penne w/Italian Sausage in Tomato Cream Sauce	Mediterranean Veggie Wrap Shrimp Scampi	4 Cheese Pizza Vegetarian Pasta Primavera	Pepperoni Pizza Chef's Choice Lasagna
Chef's Table		BYO Burritos/Bowls	Pasta Bar	Asian Noodle Bowls	



*A better-for-you choice lower in calories
and sodium, high in fiber and good fats.*

Open 7 days a week

Breakfast 7 am – 9:30 am

Lunch 11 am – 2 pm

Feast 2 pm- 7 pm

Weekends 7 am- 2pm