

# MFB Kitchen & Cafe

April 2025

	4/28 Monday	4/29 Tuesday	4/30 Wednesday	5/1 Thursday	5/2 Friday
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## Breakfast & Carve

BYO Breakfast  
Bowl

Meatloaf and  
Mashed  
Potatoes

Biscuits and Gravy

"MFB" Famous  
Bowls

Waffle  
Wednesday

Beef Tips in  
Mushroom  
Gravy

Biscuits and  
Gravy

Sweet Chili  
Shrimp

BYO Omlette

Chef's Choice  
Salmon

## Soup

White Chicken  
Chili

Cheeseburger  
Soup

**T.B.D.**

Tomato Basil

Broccoli Cheese

## Market Deli & The Oven

Ham and Swiss  
on Pretzel Roll

Tortellini  
w/Pesto Sauce

Buffalo Chicken  
Salad

Pasta w/Garlic  
Mushroom Cream  
Sauce

Pesto Roasted  
Veggie Wrap

Stuffed Shells  
Florentine

3 Pigs Pizza

Spaghetti  
w/Vodka Sauce

Supreme Pizza

Chef's Choice  
Lasagna

## Chef's Table

Nacho Bar

BYO Ramen

BYO Risotto



*A better-for-you choice lower in calories  
and sodium, high in fiber and good fats.*

## Open 7 days a week

Breakfast 7 am – 9:30 am

Lunch 11 am – 2 pm

Dinner 2 pm-7 pm

Weekends 7 am- 2pm