

MFB Kitchen & Cafe

May 2025

	5/26 Monday	5/27 Tuesday	5/28 Wednesday	5/29 Thursday	5/30 Friday
Breakfast & Carve	BYO Breakfast Bowl Meatloaf and Mashed Potatoes	Biscuits and Gravy BBQ Chicken w/Mac and Cheese	Waffle Wednesday Beef Tips in Mushroom Gravy	Biscuits and Gravy Sweet Chili Shrimp	BYO Omlette Chef's Choice Salmon

Soup	White Chicken Chili	Cheeseburger Chowder	Chicken Tortilla	Tomato Basil	Broccoli Cheese
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Market Deli & The Oven	Ham and Swiss on Pretzel Roll Tortellini w/Pesto Sauce	Buffalo Chicken Salad Cheesesteak Pasta	BYO Sandwich/ Wrap Stuffed Shells Florentine	3 Pigs Pizza Pasta w/Vodka Sauce	Supreme Pizza Chef's Choice Lasagna
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Chef's Table

BYO Burritos

BYO Pasta

BYO Yogurt Parfaits



A better-for-you choice lower in calories and sodium, high in fiber and good fats.

Open 7 days a week

Breakfast 7 am – 9:30 am

Lunch 11 am – 2 pm

Dinner 2 pm-7 pm

Weekends 7 am- 2pm