

MFB Kitchen & Cafe

June 2025

	6/2 Monday	6/3 Tuesday	6/4 Wednesday	6/5 Thursday	6/6 Friday
Breakfast & Carve	BYO Breakfast Bowl Chipotle Chicken Thighs	Biscuits and Gravy Pot Roast with Mashed Potatoes and Carrots	Waffle Wednesday Herb Roasted Pork Loin with Roasted Potatoes	Biscuits and Gravy Chicken Teriyaki w/ Stir-fry Veggies	BYO Omlette Fish and Chips w/slaw

Soup	White Chicken Chili	Cheeseburger Chowder	Chicken Tortilla	Tomato Basil	Broccoli Cheese
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Market Deli & The Oven	California Reuben Chicken and Broccoli Tortellini Alfredo	Chicken Salad Wrap Spaghetti w/Meat Sauce	Veggie Wrap Bacon Mac and Cheese	BYO Sandwiches Vegetarian Pasta Primavera	Pepperoni Pizza Chef's Choice Lasagna
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Chef's Table

Nacho Bar

Chicken Wings

Loaded Baked Potatoes



A better-for-you choice lower in calories and sodium, high in fiber and good fats.

Open 7 days a week

Breakfast 7 am – 9:30 am

Lunch 11 am – 2 pm

Dinner 2 pm-7 pm

Weekends 7 am- 2pm