

MFB Kitchen & Cafe

June 2025

	6/16 Monday	6/17 Tuesday	6/18 Wednesday	6/19 Thursday	6/20 Friday
Breakfast & Carve	B.Y.O. Omlette Bruschetta Chicken w/Wild Rice	Biscuits and Gravy Sweet Chili Meatballs w/Fried Rice	Waffles MFB Chicken Bowls	Biscuits and Gravy Beef and Broccoli	BYO Omlette Fish Tacos with Rice and Beans
Soup	White Chicken Chili	Cheeseburger Chowder	Chicken Tortilla	Tomato Basil	Broccoli Cheese
Market Deli & The Oven	Corned Beef Reuben Chicken and Broccoli Tortellini Alfredo	Chicken, Bacon and Ranch Wrap Spaghetti w/Meat Sauce	BYO Sandwich Bacon Mac and Cheese	Caprese Wrap Pasta Primavera	Pepperoni Pizza Chef's Choice Lasagna
Chef's Table		Fajitas	Fried Rice Bowls	Power Grain Bowls	



*A better-for-you choice lower in calories
and sodium, high in fiber and good fats.*

Open 7 days a week

Breakfast 7 am – 9:30 am

Lunch 11 am – 2 pm

Feast 2 pm- 7 pm

Weekends 7 am- 2pm