

# SPINAL CORD INJURY PROGRAM OUTCOMES

Mary Free Bed  
Rehabilitation Hospital

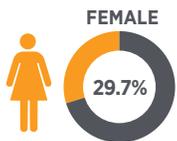
Service Dates: April 1, 2023 - March 31, 2024

## STRIVING FOR EXCELLENCE

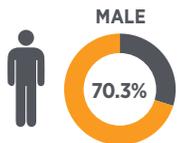
Mary Free Bed Rehabilitation Hospital gathers information on results achieved by patients served in its programs. These results are offered so you can see what others have accomplished during their inpatient stay.

We always learn from our patients about how to improve on excellent care, each and every time, no exceptions!

## PERSONS SERVED



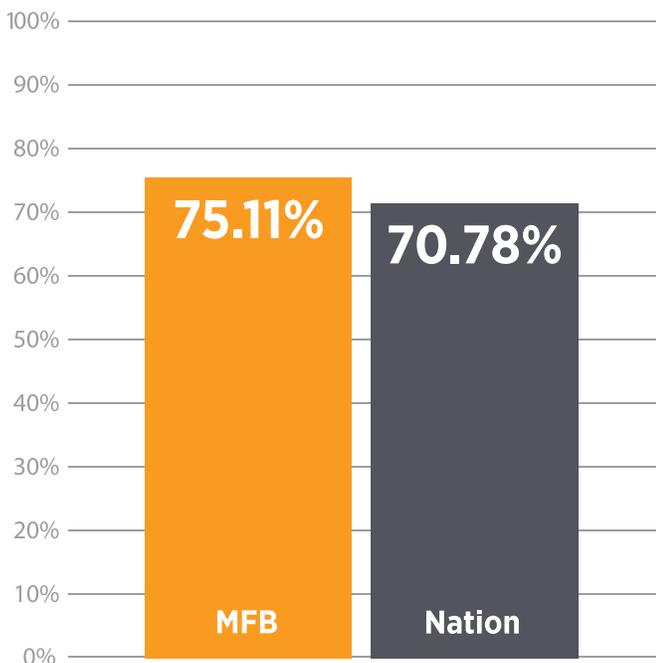
NUMBER OF PERSONS SERVED: **229**



| Age <sup>1</sup> | MFB   | Nation |
|------------------|-------|--------|
| Avg. Age         | 60.55 | 62.81  |

## DISCHARGE TO HOME/COMMUNITY

At Mary Free Bed, more people were discharged to live in the community compared to the nation.



## FUNCTIONAL IMPROVEMENT

Using the QRP Scale

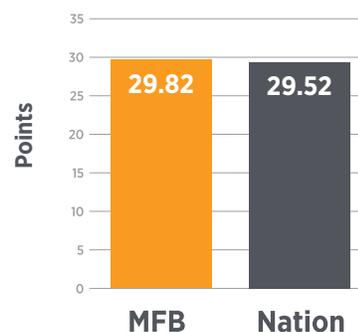
The level of functional improvement of patients in rehabilitation is measured in points gained from admission to discharge for a variety of skills and abilities used in daily life. This is reported to the Centers for Medicare and Medicaid (CMS) through the Quality Reporting Program (QRP), which enables us to compare the functional improvement of Mary Free Bed patients to other rehabilitation patients across the nation.

Mary Free Bed patients achieved more functional improvement than the national average as measured through QRP.

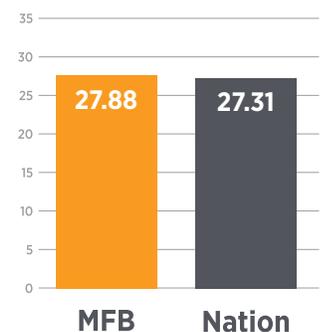
## QRP FUNCTIONAL CATEGORIES

|                  |   |
|------------------|---|
| <b>Self Care</b> | Eating<br>Oral Hygiene<br>Toilet Hygiene<br>Shower/Bathe Self<br>Upper Body Dress<br>Lower Body Dress<br>Footwear   |
| <b>Mobility</b>  | Rolling, laying down and sitting up in bed<br>Sit to stand<br>Transferring to and from bed and chair<br>Transferring to and from toilet<br>Transferring in and out of car<br>Ambulation (walking)<br>Stairs<br>Retrieval of item from ground<br>Wheelchair mobility |

### FUNCTIONAL IMPROVEMENT



### FUNCTIONAL IMPROVEMENT FOR WHEELCHAIR USERS



# SPINAL CORD INJURY PROGRAM OUTCOMES

Mary Free Bed  
Rehabilitation Hospital

Service Dates: April 1, 2023 - March 31, 2024

## AVERAGE NUMBER OF THERAPY HOURS

The average number of therapy hours per day for adult inpatients with spinal cord injuries includes time spent in physical therapy, occupational therapy, speech therapy, and orthotics and prosthetics. During FY2023, patients participated in an average of 3.2 hours of daily therapy over a five-day therapy week.

Additionally, and as needed, our patients receive psychology services, respiratory therapy, recreational therapy, registered dietitian services and driver rehabilitation, and attend peer support meetings.

## UNPLANNED TRANSFERS FOR ACUTE CARE<sup>1</sup>

Under certain circumstances, a patient may demonstrate changes in his or her medical condition that warrant a transfer to acute care for close medical monitoring. If this occurs, patients are transferred to acute-care services and typically return to the inpatient rehabilitation program within a few days. During FY2023, the frequency of these transfers for patients with spinal cord injuries at Mary Free Bed Rehabilitation Hospital was 13.1%.

## PATIENT SATISFACTION

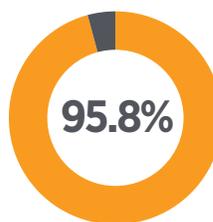
In our most recent FY2023 patient satisfaction survey data for all adult inpatients with spinal cord injuries, 91% of Mary Free Bed Rehabilitation Hospital patients responded 'Definitely yes' when asked if they were likely to recommend to a family member or friend.



Source: Press Ganey®

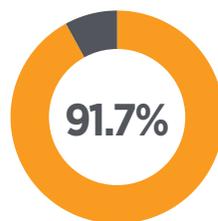
## FOLLOW UP<sup>1</sup>

After discharge, patients with spinal cord injuries receive a 30-day follow-up call to find out how those served are functioning following the inpatient rehabilitation stay.



### Physical Ability

In this survey, 95.8% of the patients with spinal cord injuries who were contacted stated their physical abilities had improved or remained the same compared to the time of discharge.



### Health Status

The survey also showed that 91.7% of the spinal cord injury patients who responded had improved or maintained their health status since discharge.



CARF accredited as a Spinal Cord Specialty Program



Accredited by the Joint Commission.

## LEARN MORE

For more information about our program and to watch patient stories, scan the QR code.



Mary Free Bed  
Rehabilitation Hospital

235 Wealthy St. SE, Grand Rapids, MI 49503  
maryfreebed.com | 616.840.8790

Data Source: eRehabData®  
eRehabData® is owned by AMRPA and is built, maintained, and operated by Fleming AOD © 2001 - 2017 eRehabData®  
¹Data from Tableau