

MFB Kitchen & Cafe

August 2025

	8/4 Monday	8/5 Tuesday	8/6 Wednesday	8/7 Thursday	8/8 Friday
Breakfast & Carve	BYO Breakfast Bowl Meatloaf and Mashed Potatoes	Biscuits and Gravy BBQ Chicken w/ Mac and Cheese	Waffle Wednesday Beef Tips in Mushroom Gravy	Biscuits and Gravy Sweet Chili Chicken Lo Mein	BYO Omlette Pot Roast, Mashed and Gravy, Carrots

Soup

White Chicken Chili

Cheeseburger Chowder

Chicken Tortilla

Tomato Basil

Broccoli Cheese

Market Deli & The Oven	Chicken Cordon Bleu Sandwich Tortellini w/Pesto Sauce	Italian Sandwich Cheesesteak Pasta	BYO Sandwich Stuffed Shells Florentine	3 Pigs Pizza Penne w/Vodka Sauce	Supreme Pizza Chef's Choice Lasagna
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Chef's Table

Enchiladas

Hot Dogs

Ice Cream Bar



A better-for-you choice lower in calories and sodium, high in fiber and good fats.

Open 7 days a week

Breakfast 7 am – 9:30 am

Lunch 11 am – 2 pm

Dinner 2 pm-7 pm

Weekends 7 am- 2pm