

# MFB Kitchen & Cafe

August 2025

	8/18 Monday	8/19 Tuesday	8/20 Wednesday	8/21 Thursday	8/22 Friday
<b>Breakfast &amp; Carve</b>	BYO Breakfast Bowl  Fried Chicken and Baked Beans	Biscuits and Gravy  Pork Chops with Grilled Peach Salsa	Waffles  Hand-Carved Beef Brisket	Biscuits and Gravy  Orange Chicken w/Stir-Fry Veggies	BYO Omlette  Crab Cakes with Roasted Corn Salad

## Soup

White Chicken Chili

Cheeseburger Chowder

Chicken Tortilla

Tomato Basil

Broccoli Cheese

<b>Market Deli &amp; The Oven</b>	Ham and Swiss on Pretzel Bun  Tortellini in Pesto Sauce	Buffalo Chicken Salad  Cheesesteak Pasta	BYO Sandwich  Stuffed Shells Florentine	BYO Sandwich  Penne w/Vodka Sauce	4 Cheese Pizza  Chef's Choice Lasagna
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## Chef's Table

Tostadas

Breakfast for Lunch

BYO Gyros



*A better-for-you choice lower in calories and sodium, high in fiber and good fats.*

## Open 7 days a week

Breakfast 7 am – 9:30 am

Lunch 11 am – 2 pm

Feast 2 pm- 7 pm

Weekends 7 am- 2pm