

MFB Kitchen & Cafe

November 2025

	11/3 Monday	11/4 Tuesday	11/5 Wednesday	11/6 Thursday	11/7 Friday
Breakfast & Carve	B.Y.O. Omlette Caprese Chicken w/Wild Rice	Biscuits and Gravy Blackened Salmon with White Bean Ragout and Lemon Beurre Blanc	Waffles MFB "Famous" Bowls	Biscuits and Gravy BBQ Pork Ribs	BYO Omlette Pot Roast with Mashed Potatoes and Braised Carrots
Soup	White Chicken Chili	Cheeseburger Chowder	Chicken Tortilla	Tomato Basil	Broccoli Cheese
Market Deli & The Oven	Corned Beef Reuben Penne w/Meat Sauce	Chicken, Bacon and Ranch Wrap Penne with Italian Sausage in Tomato Cream Sauce	BYO Sandwich Chicken, Bacon and Ranch Farfalle	Corned Beef Reubens Butternut, Spinach and Walnut Spaghetti	Pepperoni Pizza Chef's Choice Lasagna
Chef's Table	Hispanic Heritage Month!		BYO Chili Bowls	Gyros	
	Mexican Street Food				



*A better-for-you choice lower in calories
and sodium, high in fiber and good fats.*

Open 7 days a week
 Breakfast 7 am – 9:30 am
 Lunch 11 am – 2 pm
 Feast 2 pm- 7 pm
 Weekends 7 am- 2pm