

# MFB Kitchen & Cafe

February 2026

	2/2 Monday	2/3 Tuesday	2/4 Wednesday	2/5 Thursday	2/6 Friday
<b>Breakfast &amp; Carve</b>	B.Y.O. Omlette  Meatloaf and Mashed Potatoes	Biscuits and Gravy  Sweet Chili Shrimp with Fried Rice	Waffles  BBQ Chicken with Mac and Cheese	Biscuits and Gravy  Chicken and Sausage Gumbo	BYO Omlette  Crab Cakes with Corn Salsa
<b>Soup</b>	Chicken and Wild Rice	Three Bean Chili	Loaded Baked Potato	Butternut Squash Bisque	Broccoli Cheese
<b>Market Deli &amp; The Oven</b>	Honey Mustard Ham and Swiss  Pasta Primavera	Buffalo Chicken Wrap  4 Cheese Baked Penne	BYO Sandwich  Florentine Stuffed Shells	BYO Sandwich  Penne with Vodka Sauce	Pepperoni Pizza  Chef's Choice Lasagna
<b>Chef's Table</b>		Waling Tacos	BYO Ramen	Gyros	



*A better-for-you choice lower in calories  
and sodium, high in fiber and good fats.*

**Open 7 days a week**  
 Breakfast 7 am – 9:30 am  
 Lunch 11 am – 2 pm  
 Dinner 2 pm- 7:30 pm  
 Weekends 7 am- 2pm