

# MFB Kitchen & Cafe

February 2026

2/2  
Monday

2/3  
Tuesday

2/4  
Wednesday

2/5  
Thursday

2/6  
Friday

**Breakfast  
&  
Carve**

B.Y.O. Omlette	Biscuits and Gravy	Waffles	Biscuits and Gravy	BYO Omlette
Meatloaf and Mashed Potatoes	Sweet Chili Shrimp with Fried Rice	BBQ Chicken with Mac and Cheese	Chicken and Sausage Gumbo	Crab Cakes with Corn Salsa

**Soup**

Chicken and Wild Rice	Three Bean Chili	Loaded Baked Potato	Butternut Squash Bisque	Broccoli Cheese
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**Market Deli  
&  
The Oven**

Honey Mustard Ham and Swiss	Buffalo Chicken Wrap	BYO Sandwich	BYO Sandwich	Pepperoni Pizza
Pasta Primavera	4 Cheese Baked Penne	Florentine Stuffed Shells	Penne with Vodka Sauce	Chef's Choice Lasagna

**Chef's Table**

Waling Tacos

BYO Ramen

Gyros

**Open 7 days a week**

Breakfast 7 am – 9:30 am

Lunch 11 am – 2 pm

Dinner 2 pm- 7:30 pm

Weekends 7 am- 2pm



A better-for-you choice lower in calories and sodium, high in fiber and good fats.