

MFB Kitchen & Cafe

February 2026

	2/9 Monday	2/10 Tuesday	2/11 Wednesday	2/12 Thursday	2/13 Friday
Breakfast & Carve	BYO Breakfast Bowl Caprese Chicken with Wild Rice	Biscuits and Gravy Beef Stroganoff	Waffles MFB "Almost Famous" Bowls	Biscuits and Gravy BBQ Ribs	BYO Omlette Fish and Chips

Soup	Chicken and Wild Rice	Three Bean Chili	Loaded Baked Potato	Butternut Squash Bisque	Broccoli Cheese
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Market Deli & The Oven	California Reuben National Pizza Day!! Chicken Tortellini Alfredo	Chicken Salad Penne with Italian Sausage in Tomato Cream Sauce	BYO Sandwich Chicken, Bacon and Ranch Pasta	BYO Sandwich Chorizo Mac and Cheese	4 Cheese Pizza Chef's Choice Lasagna
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Chef's Table

Wet Burritos

BYO Pasta

Chili Bowls



A better-for-you choice lower in calories and sodium, high in fiber and good fats.

Open 7 days a week
 Breakfast 7 am – 9:30 am
 Lunch 11 am – 2 pm
 Dinner 2 pm- 7:30 pm
 Weekends 7 am- 2pm