

# MFB Kitchen & Cafe

February 2026

2/23  
Monday

2/24  
Tuesday

2/25  
Wednesday

2/26  
Thursday

2/27  
Friday

**Breakfast  
&  
Carve**

BYO Breakfast  
Bowl  
  
Chipotle  
Chicken Thighs

Biscuits and Gravy  
  
Beef Short Ribs with  
Mashed and  
Gravy

Waffle  
Wednesday  
  
Herbed Pork  
Loin with Oven  
Fried Potatoes

Biscuits and  
Gravy  
  
Cheddar,  
Bacon Ranch  
Smothered  
Chicken  
  
BYO Omlette  
Sheppard's Pie

**Soup**

Chicken and  
Wild Rice  
  
Three Bean Chili  
(Vegan)

Loaded Baked  
Potato

Butternut  
Squash Bisque

Broccoli Cheese

**Market Deli  
&  
The Oven**

Corned Beef  
Reuben  
  
Chicken  
Tortellini Alfredo

Chicken, Bacon  
and Ranch  
  
Penne with Italian  
Sausage in Tomato  
Cream Sauce

BYO Sandwich  
  
Chicken, Bacon  
and Ranch  
Pasta

BYO Sandwich  
  
Chorizo Mac  
and Cheese

Pepperoni Pizza  
  
Chef's Choice  
Lasagna

**Chef's Table**

BYO Nachos

Loaded Baked  
Potato Bar

Chicken Wings



A better-for-you choice lower in calories  
and sodium, high in fiber and good fats.

**Open 7 days a week**  
Breakfast 7 am – 9:30 am  
Lunch 11 am – 2 pm  
Dinner 2 pm-7:30 pm  
Weekends 7 am- 2pm