

MFB Kitchen & Cafe

March 2026

	3/9 Monday	3/10 Tuesday	3/11 Wednesday	3/12 Thursday	3/13 Friday
Breakfast & Carve	BYO Breakfast Bowl Sweet Chili Meatballs over White Rice	Biscuits and Gravy Beef Tips w/Mashed and Gravy	Waffles MFB "Almost Famous" Bowls	Biscuits and Gravy Smothered Park Chop	BYO Omlette Fish and Chips
Soup	Chicken and Wild Rice	Three Bean Chili	Loaded Baked Potato	Butternut Squash Bisque	Broccoli Cheese
Market Deli & The Oven	California Reuben Chicken Tortellini Alfredo	Chicken Salad Penne with Italian Sausage in Tomato Cream Sauce	BYO Sandwich Chicken, Bacon and Ranch Pasta	BYO Sandwich Bacon Mac and Cheese	4 Cheese Pizza Chef's Choice Lasagna
Chef's Table		Wet Burritos	Curried Rice Bowls	Chili Bowls	



A better-for-you choice lower in calories and sodium, high in fiber and good fats.

Open 7 days a week
 Breakfast 7 am – 9:30 am
 Lunch 11 am – 2 pm
 Dinner 2 pm- 7:30 pm
 Weekends 7 am- 2pm