

MFB Kitchen & Cafe

March 2026

	3/23 Monday	3/24 Tuesday	3/25 Wednesday	3/26 Thursday	3/27 Friday
Breakfast & Carve	BYO Breakfast Bowl Chipotle Chicken Thighs	Biscuits and Gravy Beef Short Ribs with Mashed and Gravy	Waffle Wednesday Herbed Pork Loin with Oven Fried Potatoes	Biscuits and Gravy Cheddar, Bacon Ranch Smothered Chicken	BYO Omlette Chef's Choice Salmon
Soup	Chicken and Wild Rice	Three Bean Chili (Vegan)	Loaded Baked Potato	Butternut Squash Bisque	Broccoli Cheese
Market Deli & The Oven	Corned Beef Reuben Chicken Tortellini Alfredo	Chicken, Bacon and Ranch Penne with Italian Sausage in Tomato Cream Sauce	BYO Sandwich Chicken, Bacon and Ranch Pasta	BYO Sandwich Bacon Mac and Cheese	Pepperoni Pizza Chef's Choice Lasagna
Chef's Table		BYO Burrito/Bowls	Baked Potato Bar	BYO Lo Mein Noodles	



A better-for-you choice lower in calories and sodium, high in fiber and good fats.

Open 7 days a week
 Breakfast 7 am – 9:30 am
 Lunch 11 am – 2 pm
 Dinner 2 pm-7:30 pm
 Weekends 7 am- 2pm