

# MFB Kitchen & Cafe

April 2026

	4/13 Monday	4/14 Tuesday	4/15 Wednesday	4/16 Thursday	4/17 Friday
<b>Breakfast &amp; Carve</b>	BYO Breakfast Bowl  Caprese Chicken w/Rice Pilaf	Biscuits and Gravy  Nashville Hot Honey Fried Chicken Sandwich	Waffle Wednesday  Beef Brisket	Biscuits and Gravy  Orange Chicken with Fried Rice and Stir Fry Veggies	BYO Omlette  Herb Grilled Shrimp Skewers
<b>Soup</b>	Chicken and Wild Rice	Three Bean Chili	Loaded Baked Potato	Butternut Squash Bisque	Broccoli Cheese
<b>Market Deli &amp; The Oven</b>	Chicken Cordon Bleu Sandwich  Pasta Primavera	Italian 3 Meat  4 Cheese Baked Penne	BYO Sandwich  Florentine Smothered Manicotti	BYO Sandwiches  Penne with Vodka Sauce	Pepperoni Pizza  Chef's Choice Lasagna

**Chef's Table**

Nachos

Chicken Wings

Chili Bowls



*A better-for-you choice lower in calories and sodium, high in fiber and good fats.*

**Open 7 days a week**  
 Breakfast 7 am – 9:30 am  
 Lunch 11 am – 2 pm  
 Dinner 2 pm-7:30 pm  
 Weekends 7 am- 6pm