

MFB Kitchen & Cafe

April 2026

	4/27 Monday	4/28 Tuesday	4/29 Wednesday	4/30 Thursday	5/1 Friday
Breakfast & Carve	B.Y.O. Omlette Pot Roast w/ Mashed Potatoes and Gravy	Biscuits and Gravy Sweet Chili Shrimp with Fried Rice	Waffles BBQ Chicken with Mac and Cheese	Biscuits and Gravy Chicken and Sausage Gumbo	BYO Omlette Crab Cakes with Corn Salsa
Soup	Chicken and Wild Rice	Three Bean Chili	Loaded Baked Potato	Butternut Squash Bisque	Broccoli Cheese
Market Deli & The Oven	Honey Mustard Ham and Swiss Pasta Primavera	Buffalo Chicken Wrap 4 Cheese Baked Penne	BYO Sandwich Florentine Smothered Manicotti	BYO Sandwich Penne with Vodka Sauce	Pepperoni Pizza Chef's Choice Lasagna
Chef's Table		Burritos/Bowls	Poutine/Loaded French Fries	BYO Pasta Bar	



A better-for-you choice lower in calories and sodium, high in fiber and good fats.

Open 7 days a week
 Breakfast 7 am – 9:30 am
 Lunch 11 am – 2 pm
 Dinner 2 pm- 7:30 pm
 Weekends 7 am- 6pm