

# RECONNECT

CONNECTING KIDS AND ADULTS WITH DISABILITIES  
TO SPORTS AND RECREATION OPPORTUNITIES

WHEELCHAIR AND ADAPTIVE SPORTS  
PROGRAM SCHEDULE

SUMMER 2026



Mary Free Bed  
Wheelchair and Adaptive Sports

# CONNECT. MOVE. INSPIRE.

Mary Free Bed Wheelchair and Adaptive Sports programs can be fast-paced, challenging and competitive. Our programs provide a fun opportunity to exercise, make new friends, develop social and teamwork skills, and increase confidence. Many of our athletes can walk, but their abilities are limited when they compete against athletes without disabilities.

In addition to team sports, we offer adaptive sports clinics for those who prefer a less competitive environment. With the exception of the women's basketball team, our sports programs and clinics are all co-ed.



## ELIGIBILITY CRITERIA:

### Mary Free Bed Wheelchair Sports Teams

Our teams are open to anyone with a permanent physical disability that limits participation in able-bodied sports.

#### Participants must be:

- Age 7 and older
- Have a physical disability due to orthopedic or neurological medical conditions
- In need of modification to participate in leisure and sports activities due to physical disability
- Able to benefit from participation in group activities
- Able to follow directions, be alert and oriented
- Free of disruptive behavioral issues that would create a danger to themselves or others
- Living in a non-institutional setting
- Cognitively able to participate in the program at an appropriate developmental level
- Evaluated by a team coordinator and coach prior to placement
- Able to use upper extremities to independently push a sports chair or handcycle or to independently propel on the ice using sled hockey sticks. (Power chairs may be used in wheelchair tennis, based on coordinator and coach evaluation.)

### Mary Free Bed Adaptive Sports Clinics and Classes

Sports clinics offer participants a more relaxed and leisurely experience. Depending on the season:

- Clinics include downhill skiing, water skiing, sailing, kayaking, canoeing, scuba diving, tennis, archery, zip lining, pickleball and golf.
- Classes include yoga, rock climbing, functional fitness, swim lessons (group and private) and youth sports samplers.

#### Participants must be cognitively or physically impaired.

Common diagnoses of children and adult participants include amputation, spinal cord injury, spina bifida, stroke, muscular dystrophy, multiple sclerosis, spinal muscular atrophy, hip dysplasia, cerebral palsy, arthrogryposis, traumatic brain injury and post-polio syndrome. There may be some restrictions based on individual barriers, such as difficulty swallowing water, personal fears or age restrictions. The clinic coordinator will answer any questions.

For more information,  
call 616.840.8356.

Scan to register  
or visit [bit.ly/mfb-was-signup](https://bit.ly/mfb-was-signup).





## Junior Wheelchair Tennis Team

Children and teens with physical disabilities are coached in basic tennis skills and competitive play. Juniors practice alongside the adult team to learn drills and mobility skills, join in cardio exercise and participate in match play. Practices and games are on a standard tennis court; no special equipment or modifications to the court are necessary. This inclusive program provides practice and playing opportunities for children and teens of any skill level who are full- or part-time wheelchair users. Practices will be two times per week.

**Dates:** Mondays and Thursdays, June 8 – August 27

**Time:** 5 - 6:30 PM

**Location:** MVP Crahen, 115 Crahen Ave. SW, Grand Rapids

**Age:** 7–18 years

**Cost:** \$125 due at first practice

**Equipment:** Limited supplies are available for loan.

## Adult Wheelchair Tennis

Adults with physical disabilities are coached in basic tennis skills and competitive play. No prior knowledge or experience playing tennis is needed to participate. Practices and games are on a standard tennis court; no special equipment or modifications to the court are necessary. This inclusive program provides practice and playing opportunities for adults of any skill level who are full- or part-time wheelchair users. Practices are throughout the season and team participation includes travel to tournaments throughout the United States.

**Dates:** Mondays and Thursdays, June 8 – August 27

**Time:** 6:30 - 8 PM

**Location:** MVP Crahen, 115 Crahen Ave. SW, Grand Rapids

**Age:** 18 and older

**Cost:** \$125 due at first practice, additional registration fee to USTA

**Equipment:** Limited supplies are available for loan.

## Para-Standing Tennis

This team is for adults with physical disabilities who wish to play standing up rather than playing from a sports wheelchair. Individuals who play para-standing tennis have decreased mobility due to amputations, cerebral palsy, hemiplegia, limb difference, dwarfism or other congenital conditions.

No prior knowledge or experience playing tennis is needed to participate. Practices and matches are on a standard tennis court; no special equipment or modifications to the court are necessary. This inclusive program provides practice and playing opportunities for adults of any skill level. Practices are throughout the season and team participation includes travel to tournaments throughout the United States.

**Dates:** Thursdays, June 11 – August 27

**Time:** 6:30 - 8 PM

**Location:** MVP Crahen, 115 Crahen Ave. SW, Grand Rapids

**Age:** 16 and older

**Cost:** \$125 due at first practice

## TEAMS



### Grand Rapids Thunder Low Point Wheelchair Rugby Team

The Grand Rapids Thunder Low Point Team is for wheelchair rugby players who are classified as a 1.5 and below. We will travel to tournaments once each month, and with Nationals in September.

**Season:** June – September

**Practice:** 7 - 9 PM Wednesdays (once per month)

**Location:** Mary Free Bed YMCA, 5500 Burton St. SE, Grand Rapids

**Cost:** \$125 due at first practice; volunteering responsibilities throughout the season.

### Handcycling

The Mary Free Bed handcycling team is an enthusiastic group of individuals dedicated to riding. The team meets for weekly rides at Millennium Park. Enjoy camaraderie and peer support while training for races or just enjoying the ride. Local and out-of-state race options are available.

**Season:** March – October

**Group Ride:** 6 - 8 PM Wednesdays

**Age:** 16 and older

**Practice Location:** 1415 Maynard Ave. SW, Walker

**Cost:** \$125 due at first practice

**Equipment:** Each participant needs a handcycle fitted to his or her needs. A limited number of handcycles will be available to borrow.

### Wheelchair Lacrosse | Frenzy

Wheelchair lacrosse is one of our fastest growing sports. This sport offers the complete package for the competitive athlete. A game that's physical, lightning-fast and aggressive, wheelchair lacrosse will fulfill your need for speed.

**Season:** May – August

**Time:** 6 - 7:30 PM Mondays

**Age:** 15 and older

**Location:** Eagles Ice Center, 2600 Village Drive SE, Grand Rapids

**Cost:** \$125 due at first practice; volunteering responsibilities throughout the season.

**Equipment:** Limited supplies are available for loan.

## TEAMS



### Adult Wheelchair Softball | West Michigan Rollin' Whitecaps

Looking to stay active this summer? Consider joining the West Michigan Rollin' Whitecaps wheelchair softball team! The team is registered under the National Wheelchair Softball Association and will participate in the Wheelchair Softball World Series in August. Join us for a practice to see if it's right for you.

**Season:** April – August

**Practice:** 6 - 8 PM Tuesdays

**Tournaments:** The team travels to one tournament monthly June – August, including our home tournament.

**Age:** 18 and older

**Location:** Mary Free Bed YMCA, 5500 Burton St. SE, Grand Rapids

**Cost:** \$125 due at first practice (checks payable to Mary Free Bed).

**Equipment:** Bats, balls and sports wheelchairs will be provided on loan.

## HOME TOURNAMENTS

### Annual Mary Free Bed Wheelchair Softball Tournament

The West Michigan Rollin' Whitecaps will host their home tournament at the wheelchair softball field at the Mary Free Bed YMCA.

**Dates:** June 6–7

**Location:** Mary Free Bed YMCA, 5500 Burton St. SE, Grand Rapids

**Cost:** Free for spectators

### Low Point Thunderfest Wheelchair Rugby Tournament Presented by Rebound Home and Community

Hosted by the Mary Free Bed Low Point wheelchair rugby team, Low Point Thunderfest brings together wheelchair rugby athletes from across the country for a high-intensity, hard-hitting tournament. Beyond the fierce competition, Thunderfest celebrates teamwork, resilience, and the strong community built through the sport.

**Dates:** June 27–28

**Location:** MSA Fieldhouse, 5435 28th St. SE, Grand Rapids

**Cost:** Free for spectators

### Midwest Wheelchair Tennis Championships

#### SAVE THE DATE!

This hometown tournament, a USTA Level 3 sanctioned event, welcomes more than 50 wheelchair tennis and Para Standing athletes from all over the world. From novice athletes to Paralympians, this is a must-see, competitive tournament. We invite you to watch our local Mary Free Bed wheelchair tennis team compete on their home courts.

**Dates:** July 10–12

**Time:** 9 AM - 6 PM daily

**Location:** MVP Crahen, 115 Crahen Ave. NE, Grand Rapids

**Cost:** Free for spectators

### Frenzy Fest Wheelchair Lacrosse Tournament

Hosted by the Frenzy, the Frenzy Fest brings together wheelchair athletes from around the country for a thrilling and competitive lacrosse tournament. It's not just about the competition, but also about fostering a sense of community and camaraderie among the wheelchair lacrosse teams.

**Date:** July 18–19

**Time:** 8 AM - 5 PM daily

**Location:** Eagles Ice Center, 2600 Village Dr SE, Grand Rapids

**Cost:** Free for spectators

## CLASSES

### **Adaptive Group Swim Lessons** *(Offered Quarterly)*

Come learn swimming and safety in a positive, fun environment! Open to children with physical and cognitive disabilities, these group lessons include instructions from a certified water safety instructor. A volunteer will be available to assist the instructor and participant.

**Age:** 3–18 (or still receiving school services)

**Session length:** 6 weeks, 45-minute sessions

**Cost:** \$50 due at time of registration. Registration is on a first-come basis.

**Location:** Mary Free Bed Therapy Pool, 235 Wealthy St. SE, Grand Rapids

#### **TUESDAYS**

**July 21 – August 25**

5 - 5:45 PM

5:45 - 6:30 PM

6:30 - 7:15 PM

7:15 - 8 PM

### **Adaptive Private Swim Lessons** *(Offered Quarterly)*

Offered to children and adults with physical and cognitive disabilities, private lessons include one-on-one instruction from a certified water safety instructor. Participants learn swimming and safety in a positive, fun and quiet environment.

**Age:** 3 and older

**Session length:** Six weeks, 45-minute sessions

**Location:** Mary Free Bed Therapy Pool, 235 Wealthy St. SE, Grand Rapids

**Cost:** \$150 due at time of registration. Registration is on a first-come basis.

#### **MONDAYS**

**July 20 – August 24**

5 - 5:45 PM

5:45 - 6:30 PM

6:30 - 7:15 PM

7:15 - 8 PM

#### **WEDNESDAYS**

**July 22 – August 26**

5 - 5:45 PM

5:45 - 6:30 PM

6:30 - 7:15 PM

7:15 - 8 PM



Register now at [maryfreebed.com/sports](http://maryfreebed.com/sports).

# CLINICS

## Adaptive Tennis Class

Children who have cognitive impairments or challenges and have a difficult time having success in a typical tennis lesson will enjoy a supportive and adaptive learning environment.

**Date:** June 11, 18, 25 and July 2

**Time:** 6–7:30 PM

**Location:** MVP Crahen, 115 Crahen Ave. NE, Grand Rapids

**Age:** 7 and older

**Cost:** \$40

## Adaptive Pickleball Series

In partnership with the Grand Rapids Pickleball Club, Mary Free Bed Wheelchair and Adaptive Sports is excited to host a wheelchair pickleball series! Whether you've never picked up a paddle or are a seasoned enthusiast, come join us to learn more about this popular sport. Participants will learn the basics of pickleball and play as much as possible. Wheelchair pickleball is played by anyone with a physical disability who uses a wheelchair. All levels are welcome to attend!

**Date:** June 15, July 20, August 17, and September 21

**Time:** 5 - 6:30 PM

**Location:** Belknap Park, 30 Coldbrook St. NE, Grand Rapids

**Age:** 7 and older

**Cost:** \$10 per session

\*Participants can sign up for one or multiple sessions and are welcome to stay after the clinic if space allows.

## Future Frenzy Wheelchair Lacrosse Series

This series is for ages 12 - 16 years old who are interested in learning the sport of wheelchair lacrosse. Anyone older than 16 is eligible to play on the wheelchair lacrosse team.

**Time:** Mondays

Please contact Molly.McKinney@maryfreebed.com to set up a session.

**Location:** Eagles Ice Center, 2600 Village Dr SE, Grand Rapids

**Cost:** \$52

## Adaptive Yoga

Experience being grounded at the center of inner peace through the guidance of a certified instructor with extensive adaptive yoga practice. This 6-week class is offered for those with cognitive and physical deficits.

### SESSION 1

**Dates:** Mondays, July 20 – August 24

**Time:** 6 - 7 PM

**Location:** Mary Free Bed Professional Office Building, Meijer Conference Room, 350 Lafayette Ave. SE, Grand Rapids

**Age:** 12 and older by the date of the class

**Cost:** \$47

**Equipment:** We highly suggest you bring your own yoga mat, otherwise equipment will be provided upon request.

### SESSION 2

**Dates:** Mondays, September 14 – October 19

**Time:** 6 - 7 PM

**Location:** Mary Free Bed Professional Office Building, Meijer Conference Room, 350 Lafayette Ave. SE, Grand Rapids

**Age:** 12 and older by the date of the class

**Cost:** \$47

**Equipment:** We highly suggest you bring your own yoga mat, otherwise equipment will be provided upon request.



Find us at [maryfreebed.com/sports](https://maryfreebed.com/sports).



## Adaptive Canoe and Kayak Clinic

Discover the joy of water activities for all ages and abilities! Join our adaptive kayak and canoe clinic at Millennium Park, brought to you by Mary Free Bed Wheelchair and Adaptive Sports and the City of Kentwood Parks and Recreation Department.

**Date:** June 10 and August 12

**Time:** Session 1: 10:30 - 11:45 AM | Session 2: 12:30 - 1:45 PM

**Location:** Millennium Park (DeVos Family Boathouse), 1415 Maynard Ave. SW, Walker

**Cost:** \$30

## Adaptive Sailing Clinic

No matter your ability, come and join us for an opportunity to learn how to sail!

**Date:** June 5

**Time:** Session 1: 9 AM - 12 PM | Session 2: 1 - 4 PM

**Location:** Grand Rapids Yacht Club, 740 Lakeside Dr. SE, Grand Rapids

**Age:** 5 and older; participants under 17 must be accompanied by an adult.

**Cost:** \$30

## Adaptive Archery

In partnership with Kentwood Parks and Recreation, hosted by the West Michigan Archery Center, Mary Free Bed Wheelchair and Adaptive Sports is excited to host seasonal archery clinics! Whether you've never picked up a bow, or are a seasoned enthusiast, come join us to learn more about this amazing sport.

**Date:** June 9

**Time:** 6 - 7 PM

**Location:** West Michigan Archery Center, 3500 10 Mile Rd. NE, Rockford, MI 49341

**Age:** 12 and older

**Cost:** \$25

## Adaptive Track and Field Clinic

This adaptive track and field clinic is designed to introduce athletes of all ages and ability levels to the fundamental skills, techniques and joy of track and field in an inclusive and supportive environment. Led by adaptive sports professionals, the clinic provides hands-on instruction across a variety of events, ensuring each participant is equipped with individualized strategies to succeed on the track, in the field, and beyond.

**Date:** May 16

**Time:** 10 AM - 12:30 PM

**Location:** Hudsonville HS Fieldhouse 5155 32nd Ave., Hudsonville, MI

**Age:** 7 and older

**Cost:** \$20

## Adaptive Golf Clinic

Sponsored by The Pines Golf Course, and in partnership with Ambucs, Mary Free Bed Wheelchair and Adaptive Sports is excited to offer an adaptive golf clinic. This free clinic is open to anyone 11 years and older with varying abilities who wants to learn more about golf and the use of adaptive equipment in the sport. Lunch will be provided after the event.

**Date:** June 16

**Time:** 10 AM - 12 PM

**Location:** Pines Golf Course, 5050 Byron Center Ave., Wyoming

**Age:** 11 and older

**Cost:** Free

**Equipment:** Please bring your own golf clubs. If you don't have clubs, they'll be provided for you.

## Adaptive Zipline Clinic

In partnership with Indian Trails Camp and IKUS Life Enrichment Services, this adrenaline-pumping clinic invites participants to soar to new heights on a fully accessible zipline. With the support of highly trained staff, you'll experience the thrill of gliding down an inclined cable—no experience needed. Looking for even more adventure? Take on the adaptive rock wall challenge. Don't miss your chance to fly!

### KIDS

Session 1: 12 - 1 PM  
 Session 2: 1 - 2 PM  
 Session 3: 2 - 3 PM

### ADULTS

Session 1: 4 - 5 PM  
 Session 2: 5 - 6 PM  
 Session 3: 6 - 7 PM

**Date:** August 8

**Location:** Indian Trails Camp, 1859 Lake Michigan Dr. NW, Grand Rapids

**Age:** 7 and older

**Cost:** \$25

## Adaptive Waterski Clinic

Make a splash this summer and enjoy a fun day on the water! This clinic is offered in partnership with Kentwood Parks and Recreation.

**Date:** August 7

**Time:** Session 1: 9 AM – 12 PM | Session 2: 1 – 3 PM

**Location:** John Collins Park 650 Lakeside Dr. East Grand Rapids

**Age:** 5 and older; participants under 17 must be accompanied by an adult.

**Cost:** \$30

## Off-Road Handcycle Clinic

Get out and shred the trails at Luton Park or Johnson Park with the Fat Explorer III, a member of the Mary Free Bed handcycle fleet. This off-road handcycle allows users to tackle single-track terrain, with power-assist capabilities. This cycle can handle anything that comes its way. This series is offered to those with physical disabilities who can independently operate a handcycle. One of our program coordinators will conduct a pre-series of phone screenings to determine appropriateness.

### WEDNESDAY

**June 3**

Session 1: 5 - 6 PM  
 Session 2: 6 - 7 PM

### WEDNESDAY

**July 1**

Session 1: 5 - 6 PM  
 Session 2: 6 - 7 PM

### WEDNESDAY

**August 5**

Session 1: 5 - 6 PM  
 Session 2: 6 - 7 PM

### WEDNESDAY

**September 2**

Session 1: 5 - 6 PM  
 Session 2: 6 - 7 PM

**Location:** Luton Park - Prairie Overlook Parking Lot, 5871 Kies St. NE, Rockford or Johnson Park - 2600 Wilson Ave. SW, Walker, MI

**Age:** 16 and older

**Height Requirements:** 5'2" - 6'3"

**Weight Limit:** 200 lbs

**Cost:** \$20 per session

*\* Participants must sign up for each session separately.*



## SPECIAL EVENTS

### Junior Wheelchair Sports Camp

Our five-day sports camp is designed for youth with physical disabilities who require the use of a wheelchair. Kids ages 7 - 18 are empowered to explore different sports, make new friends and have fun being active. We'll introduce them to basketball, tennis, team handball, softball, sled hockey, handicycling and much more!

**Dates:** July 27– July 31

**Time:** 8:30 AM - 4 PM

**Location:** Grand Valley State University, 1 Campus Drive, Allendale

**Age:** 7 – 18 years

**Cost:** FREE to day campers, \$225 for overnight campers who live more than 45 miles one way from GVSU. The registration link will be open in May.



Join Mary Free Bed Wheelchair and Adaptive Sports for our signature event, the Mary Free Bed Open, on Monday, June 1, 2026, at the picturesque Thousand Oaks Golf Club in Grand Rapids. When you participate in our annual golf outing, it's more than enjoying a beautiful day on the fairways, you're helping advance our mission.

Proceeds from the event directly support adaptive sports equipment, access to classes and clinics, coaching and competitions. Together, we can help give children and adults with physical or cognitive disabilities more opportunities to enjoy sports and recreational activities.

Want to get more involved? To reserve your foursome or sponsorship for the 2026 Mary Free Bed Open, please email Laura Dulay at [Laura.Dulay@maryfreebed.com](mailto:Laura.Dulay@maryfreebed.com).





## LEE MONTGOMERY ATHLETE ASSISTANCE FUND

Applications open from August 1– September 1, 2026

The Lee Montgomery Athlete Assistance Fund (LMAAF), established in 2022 by the generosity of The Meijer Foundation, seeks to support and empower athletes with physical disabilities who are training competitively in adaptive sports and looking to take their game to the next level.

This fund enables new athletes to explore the world of wheelchair and adaptive sports or support seasoned athletes in reaching next-level sports opportunities. The goal of the LMAAF is to give all individuals an opportunity to become the best athletes they can be, both on and off the field.

**Requests for assistance can be up to \$1,000\*.**

**Eligible expenditures include:**

- Pay-to-play fee for athletes to join a WAS team
- Housing assistance, including meals, activities and supervision for campers to participate in Mary Free Bed Junior Wheelchair Sports Camp\*\*
- Specialty sports and/or training camp fees outside of Mary Free Bed WAS offerings
- Sport-specific fees for athletes playing wheelchair sports at the collegiate level
- Fees and costs related to trying out for a Paralympic or Junior National sports team
- Note: Travel expenses are not eligible expenditures.

## ELIGIBILITY REQUIREMENTS

**To be eligible to apply for assistance to participate on a WAS sports team, you must:**

- Have actively participated in at least one WAS team (even if you've never played before)
- Be in good standing with the WAS Program and/or teams
- Live in the United States

**For spring submissions, to be eligible to apply for assistance to participate in Junior Wheelchair Sports Camp, you must:**

- Be diagnosed with a physical disability due to orthopedic or neurological medical condition and use, or require, a wheelchair to be successful in sports and recreational activities
- Live in the United States and be more than 45 miles one way from the Junior Wheelchair Sports Camp location

**To be eligible to apply for assistance to participate in an elite/ specialty sports camp, you must:**

- Have actively participated in at least one WAS team for at least one year
- Be in good standing with the WAS Program and/or teams
- Live in the United States

**To be eligible to apply for assistance to try out for a Paralympic team, you must:**

- Have actively participated on a WAS team for at least two years
- Be in good standing with the WAS program and/or teams
- Live in the United States (open to all states)

**\*IMPORTANT NOTE:** Funds cannot be paid directly to the individual requesting assistance. They will be paid to the approved camp or program. In the case of membership fees, a participant may only be reimbursed once receipt of payment is received.

**\*\*This applies to costs for the camper only. Family costs are not eligible.**

# GEAR UP TO SUPPORT WAS!

Mary Free Bed Wheelchair and Adaptive Sports has partnered with a local company to offer fanwear merchandise and clothing for the whole family. High School Fan Stand gives 8% of all sales back to Mary Free Bed Wheelchair and Adaptive Sports in the form of a cash donation to help continue our mission!

Scan the QR code or visit [bit.ly/mfb-was-signup](http://bit.ly/mfb-was-signup) to purchase your items today. These make great gifts!



**Mary Free Bed**  
Wheelchair and Adaptive Sports

## CONNECTIONS TO CONSIDER

### Sled Hockey – Juniors (Grand Rapids Sled Wings)



The Grand Rapids Junior Sled Wings are sponsored by the Grand Rapids Griffins Youth Foundation. Sled Hockey is a sport ideal for individuals with lower limb-affected disabilities. This program is for both recreational and competitive athletes. For more information, contact [director@griffinskids.org](mailto:director@griffinskids.org) or call 616-970-5437.

### Grand Rapids Eagles Disabled Sports



This non-profit organization provides athletic training for athletes ages 7 and older with cerebral palsy, muscular dystrophy, spina bifida, visual impairments, spinal cord injuries and other physical disabilities. It's a great opportunity to participate in team sports and make friends with others who range from power wheelchair users to full ambulation athletes.

Current training opportunities include bowling, boccia ball, swimming, power lifting, track & field and more. Meetings are **Tuesdays, 6 - 7:30 PM, October through May.**

Contact head coach **Lori Moerdyk** at 616.550.6806, [LMoerdyk@gmail.com](mailto:LMoerdyk@gmail.com), or visit the Eagles' Facebook page ([GREaglesdisabledsports](https://www.facebook.com/GREaglesdisabledsports)).

### Kentwood Parks and Recreation



Kentwood Parks and Recreation provides adaptive recreation programs that promote social, creative and educational opportunities for youth and adults with physical and developmental disabilities. For a listing of their most current classes, clinic and events, visit [kentwood.us/parks](http://kentwood.us/parks) or call 616.656.5279.

### West Michigan Spina Bifida Organization



A Recreational Scholarship is available to individuals with spina bifida. Visit [wmsbo.org](http://wmsbo.org) to apply.

### West Michigan Special Hockey Association (WMSHA)



The West Michigan Special Hockey Association (WMSHA) is a non-profit organization that provides ice hockey to kids and adults with physical and/or cognitive disabilities. WMSHA is coed and open to any player over the age of five who is physically able to play at any level but is unable to participate in any other organized hockey program.

The program is free, except for a small registration fee. All hockey equipment, ice time, coaching staff and on-ice helpers are provided. No skating or hockey experience is necessary. The group plays at Patterson Ice Center in Grand Rapids on Sunday afternoons from October to March. For more information, visit [westmipatriots.com](http://westmipatriots.com) or [facebook.com/WMSHAPatriots](https://www.facebook.com/WMSHAPatriots). Contact us via email at [admin@westmipatriots.com](mailto:admin@westmipatriots.com).

# CONNECT. MOVE. INSPIRE.

## Mary Free Bed Wheelchair and Adaptive Sports

Thank you to our program sponsors:



Michael and Christina  
Roslonic Family



Richard and Lori  
Hinkley Family



Restoring hope and freedom so our patients can achieve their highest degree of independence is what we do best at Mary Free Bed. Be a part of helping someone get in the game! For Wheelchair and Adaptive Sports sponsorship information, please contact Laura Dulay at [laura.dulay@maryfreebed.com](mailto:laura.dulay@maryfreebed.com) or 616.840.8729.

### Registration, Cancellation and Refunds:

To register for teams, classes or clinics online, please visit the registration section at [maryfreebed.com/sports](http://maryfreebed.com/sports).

For any questions, please contact the Wheelchair and Adaptive Sports Program at Mary Free Bed at 616.840.8356 or [sports@maryfreebed.com](mailto:sports@maryfreebed.com).

Payment is due at the time of registration. Refunds will only be issued if you notify us five business days prior to the day of the clinic or of the first class. Any cancellation made within the five days or after the beginning of the clinic or class will forfeit a refund.

