

MFB Kitchen & Cafe

July 2026

	7/6 Monday	7/7 Tuesday	7/8 Wednesday	7/9 Thursday	7/10 Friday
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Breakfast & Carve	BYO Breakfast Bowl Grilled Chicken with Mango Salsa	Biscuits and Gravy Beef Short Ribs with Mashed and Gravy	Waffle Wednesday Orange Chicken with Rice and Stir Fry Veggies	Biscuits and Gravy Herb-crusted Pork Loin	BYO Omlette Shrimp Scampi
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Soup	Chicken and Wild Rice	Three Bean Chili	Loaded Baked Potato	Butternut Squash Bisque	Broccoli Cheese
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Market Deli & The Oven	Chicken Cordon Bleu Sandwich Pasta Primavera	Italian 3 Meat Mushroom Ravioli	BYO Sandwich Pasta with Vodka Sauce	BYO Sandwiches Chicken and Broccoli Alfredo	Pepperoni Pizza Chef's Choice Lasagna
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Chef's Table		Waffle Fry Nachos	BYO BLT (Featuring Schnitz Bakery Bread)	BYO Salad Bar	
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A better-for-you choice lower in calories and sodium, high in fiber and good fats.

Open 7 days a week
 Breakfast 7 am – 9:30 am
 Lunch 11 am – 2 pm
 Dinner 2 pm-7:30 pm
 Weekends 7 am- 6pm