

MFB Kitchen & Cafe

July 2026

	7/20 Monday	7/21 Tuesday	7/22 Wednesday	7/23 Thursday	7/24 Friday
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Breakfast & Carve	BYO Breakfast Bowl MFB "Almost Famous" Bowls	Biscuits and Gravy Sheppard's Pie	Waffle Wednesday Sweet Chili Meatballs w/Rice	Biscuits and Gravy Butter Chicken with Rice and Naan	BYO Omlette Pesto Salmon
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Soup	Chicken and Wild Rice	Three Bean Chili (Vegan)	Loaded Baked Potato	Butternut Squash Bisque	Broccoli Cheese
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Market Deli & The Oven	Corned Beef Reuben Pasta Primavera	Chicken, Bacon and Ranch Mushroom Ravioli	BYO Sandwich Pasta with Vodka Sauce	BYO Sandwich Chicken and Broccoli Alfredo	Pepperoni Pizza Chef's Choice Lasagna
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Chef's Table

BYO Burrito Bowls Chicken Wings BYO Pho



A better-for-you choice lower in calories and sodium, high in fiber and good fats.

Open 7 days a week
 Breakfast 7 am – 9:30 am
 Lunch 11 am – 2 pm
 Dinner 2 pm-7:30 pm
 Weekends 7 am- 6pm