

MFB Kitchen & Cafe

August 2026

	8/3 Monday	8/4 Tuesday	8/5 Wednesday	8/6 Thursday	8/7 Friday
Breakfast & Carve	BYO Breakfast Bowl Sweet and Sour Shrimp	Biscuits and Gravy Beef Short Ribs with Mashed and Gravy	Waffle Wednesday Orange Chicken with Rice and Stir Fry Veggies	Biscuits and Gravy Herb-crusted Pork Loin	BYO Omlette Shrimp Scampi

Soup	Chicken and Wild Rice	Three Bean Chili	Loaded Baked Potato	Butternut Squash Bisque	Broccoli Cheese
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Market Deli & The Oven	Chicken Cordon Bleu Sandwich Pasta Primavera	Italian 3 Meat Mushroom Ravioli	BYO Sandwich Pasta with Vodka Sauce	BYO Sandwiches Chicken and Broccoli Alfredo	Pepperoni Pizza Chef's Choice Lasagna
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Chef's Table

Waffle Fry Nachos

Pre-set Smoothies

Breakfast for Lunch



A better-for-you choice lower in calories and sodium, high in fiber and good fats.

Open 7 days a week
 Breakfast 7 am – 9:30 am
 Lunch 11 am – 2 pm
 Dinner 2 pm-7:30 pm
 Weekends 7 am- 6pm