

MFB Kitchen & Cafe

August 2026

	8/17 Monday	8/18 Tuesday	8/19 Wednesday	8/20 Thursday	8/21 Friday
Breakfast & Carve	BYO Breakfast Bowl Rotisserie Chicken Legs	Biscuits and Gravy Sheppard's Pie	Waffle Wednesday Beef and Broccoli w/ Rice	Biscuits and Gravy Butter Chicken with Rice and Naan	BYO Omlette Pesto Salmon

Soup

Chicken and
Wild Rice

Three Bean Chili
(Vegan)

Loaded Baked
Potato

Butternut
Squash Bisque

Broccoli Cheese

Market Deli & The Oven	Corned Beef Reuben Pasta Primavera	Chicken, Bacon and Ranch Mushroom Ravioli	BYO Sandwich Pasta with Vodka Sauce	BYO Sandwich Chicken and Broccoli Alfredo	Pepperoni Pizza Chef's Choice Lasagna
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Chef's Table

BYO Burrito Bowls Chicken Wings

BYO Ramen
Bowls



*A better-for-you choice lower in calories
and sodium, high in fiber and good fats.*

Open 7 days a week

Breakfast 7 am – 9:30 am

Lunch 11 am – 2 pm

Dinner 2 pm-7:30 pm

Weekends 7 am- 6pm