

MFB Kitchen & Cafe

August 2026

8/24
Monday

8/25
Tuesday

8/26
Wednesday

8/27
Thursday

8/28
Friday

Breakfast & Carve

B.Y.O. Omlette

Biscuits and
Gravy

Waffles

Biscuits and Gravy

BYO Omlette

Meatloaf,
Mashed and
Gravy

Nashville Hot
Honey Chicken
Sandwich

Beef Brisket

Sweet Chili Shrimp
w/Fried Rice

Crab Cakes

Soup

Chicken and
Wild Rice

Three Bean Chili

Loaded Baked
Potato

Butternut Squash
Bisque

Broccoli Cheese

Market Deli & The Oven

Honey Mustard
Ham and Swiss

Buffalo Chicken
Wrap

BYO Sandwich

BYO Sandwich

Pepperoni Pizza

Beef Bolognese

Chef's Choice
Tortellini

Italian Sausage
Penne with
Tomato Cream
Sauce

Beef and
Mushroom
Gnocchi

Chef's Choice
Lasagna

Chef's Table

Tortas

Chicken and
Waffles

Poke Bowls



*A better-for-you choice lower in calories
and sodium, high in fiber and good fats.*

Open 7 days a week

Breakfast 7 am – 9:30 am

Lunch 11 am – 2 pm

Dinner 2 pm- 7:30 pm

Weekends 7 am- 6pm