

MFB Kitchen & Cafe

July 2026

7/27
Monday

7/28
Tuesday

7/29
Wednesday

7/30
Thursday

7/31
Friday

Breakfast & Carve

B.Y.O. Omlette

Chimichurri
Steak

Biscuits and
Gravy

Nashville Hot
Honey Chicken
Sandwich

Waffles

Beef Brisket

Biscuits and Gravy

Sweet Chili Shrimp
w/Rice

BYO Omlette

Filet of Fish
Sandwich

Soup

Chicken and
Wild Rice

Three Bean Chili

Loaded Baked
Potato

Butternut Squash
Bisque

Broccoli Cheese

Market Deli & The Oven

Honey Mustard
Ham and Swiss

Beef Bolognese

Buffalo Chicken
Wrap

Chef's Choice
Tortellini

BYO Sandwich

Italian Sausage
Penne with
Tomato Cream
Sauce

BYO Sandwich

Beef and
Mushroom
Gnocchi

Pepperoni Pizza

Chef's Choice
Lasagna

Chef's Table

Street Tacos

Hot Dog Bar

BBQ Plates



*A better-for-you choice lower in calories
and sodium, high in fiber and good fats.*

Open 7 days a week

Breakfast 7 am – 9:30 am

Lunch 11 am – 2 pm

Dinner 2 pm- 7:30 pm

Weekends 7 am- 6pm