MFB Kitchen & Cafe

November 2026

	11/16 Monday	11/17 Tuesday	11/18 Wednesday	11/19 Thursday	11/20 Friday
Breakfast & Carve	BYO Breakfast Bowl MFB "Almost Famous" Bowls	Biscuits and Gravy Sheppard's Pie	Waffle Wednesday Nashville Hot Honey Chicken Sandwich	Biscuits and Gravy Roasted Pork Loin	BYO Omlette Chicken Pot Pie
Soup	Chicken and Wild Rice	Three Bean Chili (Vegan)	Loaded Baked Potato	Butternut Squash Bisque	Broccoli Cheese
Market Deli & The Oven	Corned Beef Reubens Cajun Pasta	Corned Beef Reubens Chef's Choice Tortellini	BYO Sandwich Pasta with Vodka Sauce	BYO Sandwich Chef's Choice Gnocchi	Corned Beef Reubens Chef's Choice Lasagna
Chef's Table		BYO Nachos	Chicken Wings	BYO Grilled Cheese and Tomato Soup	

OHSO GOOD *A better-for-you choice lower in calories and sodium, high in fiber and good fats.*

Open 7 days a week
Breakfast 7 am – 9:30 am
Lunch 11 am – 2 pm
Dinner 2 pm-7:30 pm
Weekends 7 am- 6pm